

# Infection Prevention and Control (IPAC) Diseases and Conditions Table

Transmission Based Precautions and Recommendations for Management of Patients, Residents, and Clients in Vancouver Coastal Health Settings

May 5, 2025



# **Territorial Acknowledgement**

We wish to acknowledge that the land on which we gather is the traditional and unceded territory of the Coast Salish Peoples, including the Musqueam, Squamish, and Tsleil-Waututh Nations.

Vancouver Coastal Health is committed to delivering exceptional care to 1.25 million people, including the First Nations, Métis and Inuit, within the traditional territories of the Heiltsuk, Kitasoo-Xai'xais, Lil'wat, Musqueam, N'Quatqua, Nuxalk, Samahquam, shíshálh, Skatin, Squamish, Tla'amin, Tsleil-Waututh, Wuikinuxv and Xa'xtsa.



# Introduction

The Diseases and Conditions Table is a comprehensive reference manual to support staff with managing known or presumed infectious patients, clients or residents. The primary objective is to mitigate the risk of disease transmission to susceptible populations within healthcare settings including staff, patients, residents, clients and visitors.

This manual was developed using current evidenced-based sources, such as the British Columbia Centre for Disease Control (BCCDC), Public Health Agency of Canada (PHAC), academic literature, as well as subject matter experts, including physicians and infection control practitioners. The recommendations extend beyond the Acute Care hospital setting to include Ambulatory, Community, Long-Term Care, Mental Health and Pediatric settings, reflecting the diverse communities of care within the Vancouver Coastal Health (VCH) region.

This document provides guidance on the transmission characteristics of diseases, conditions, and microorganisms based on etiology or symptomology. Recommendations are provided on routine practices and appropriate additional precautions that can be implemented by frontline staff as required.

# **Instructions For Use**

This manual is organized in a table format, listing diseases, conditions, and microorganisms in alphabetical order by either their common or scientific name. The most current version of the electronic document will be available on the Infection Prevention and Control (IPAC) website.

#### 1. Viewing a disease, condition, or microorganism in the Table:

• Use the alphabet at the bottom of the page to navigate to the first letter of the disease, condition, or microorganism you are looking for. This will take you to the index. Click the page you would like to see.

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- 2. If the disease, condition, or microorganism is not listed:
- Follow Routine Practices and if there are any questions or concerns, contact IPAC.
- 3. For any disease, condition, or microorganism page:
- Any page that recommends Additional Precautions also includes the use of Routine Practices.
- Reportable diseases are taken from the Public Health Act Schedule of listed communicable diseases, last amended in March 2024. The most up to date version of the schedule is available online through the Ministry of Health or BCCDC.
- This manual uses public health case definitions for invasive disease, available through the BCCDC website.
- Additional Precautions signage and Routine Practices information sheets referenced in the table are colour coded and hyperlinked below:
  - **♦** Routine Practices
  - ♦ Contact Precautions
  - Contact Plus Precautions
  - **♦ Droplet Precautions**
  - **Droplet and Contact Precautions**
  - **♦ Airborne Precautions**
  - ♦ Airborne and Contact Precautions
  - **♦ Enhanced Barrier Precautions for Long-Term Care**
- Routine practices refer to the minimum practices that should be used with all clients,
  patients or residents. All blood, body fluids, secretions, mucous membranes, non-intact
  skin, or soiled items must be considered potentially infectious. To prevent the spread of
  microorganisms, routine practices should be used routinely with all patients, residents, or
  clients at all times, in all healthcare settings, regardless of medical status.

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- Consistently and appropriately using Routine Practices lessens the transmission risks in healthcare settings.
- Additional Precautions are used in addition to Routine Practices for individuals who
  have a known or presumed illness or microorganism that require an increased level
  of intervention to prevent transmission. The type of Additional Precautions used may
  differ depending on the healthcare setting and the population being served (e.g.,
  acute, long-term care, community, pediatric, mental health, or high-risk units).
- Enhanced Barrier Precautions are measures designed to minimize the spread of
  organisms transmitted through direct or indirect contact, particularly during higherrisk, direct patient care activities in long-term care (e.g., toileting, dressing, bathing,
  etc.). Enhanced Barrier Precautions employs targeted Personal Protective Equipment
  (PPE) used during high contact resident care activities, in addition to routine
  practices.

For more information on Routine Practices, Additional Precautions, and Enhanced Barrier Precautions, please visit the <u>IPAC website</u>.

Please <u>contact IPAC</u> or your local Medical Health Officer or designate with any questions.

# **Index of Diseases and Conditions**

#### Α

Acinetobacter

Acquired Immunodeficiency Syndrome (AIDS)

Actinomycosis (Actinomyces spp.)

Adenovirus - Conjunctivitis

Adenovirus - Cystitis

Adenovirus - Gastroenteritis

Adenovirus - Respiratory Tract Infection

Aeromonas spp., Enterotoxigenic E. coli (STEC)

Alphavirus (multiple organisms)

Amebiasis (Entamoeba histolytica)

Anaplasmosis (Anasplasma phagocytophilum) & Ehrlihiosis (Ehrlichia spp.)

Anthrax (Bacillus anthracis) - confirmed, probable or presumed case

Antibiotic Resistant Organisms (ARO)

Arboviruses - Arthropod-Borne Viruses

**Ascariasis** 

Aspergillosis (Aspergillus spp.)

**Astrovirus** 

Avian Influenza

#### В

**Babesiosis** 

**Bacillus** anthracis

Bacillus cereus

Bartonellosis (Bartonella spp.)

Bedbugs

**BK Virus** 

Blastomycosis (Blastomyces dermatitidis)

**Bocavirus** 

Borrelia burgdorferi

Borrelia spp.

Botulism (Clostridium botulinum)

Brucellosis (Undulant Fever, Malta Fever, Mediterranean Fever)

Burkholderia cepacia complex (Burkholderia spp.)

#### C

Caliciviridae

California encephalitis Virus

California serogroup (CSG) Viruses (Orthobunyavirus)

Campylobacter jejuni

Candidiasis (Candida spp.)

Candida auris Multi-drug Resistant (MDR)

Carbapenemase Producing Organism (CPO)

Cat-Scratch Fever (Bartonella henselae)

Cellulitis, not yet diagnosed (NYD)

Chancroid (Haemophilus ducreyi)

Chickenpox - Exposed Susceptible Contact

Chickenpox - Known Case

Chikungunya Virus (Alphavirus)

Chlamydia (Chlamydia trachomatis)

Chlamydia pneumoniae

Chlamydia psittaci

Cholera (Vibrio cholerae)

Clostridioides difficile Infection (CDI, C. difficile)

Clostridium botulinum

Clostridium perfringens (Food Poisoning)

Clostridium perfringens (Gas Gangrene)

Coccidioidomycosis (Coccidioides spp.)

Coltivirus

Colorado Tick Fever (Coltivirus)

Congenital Rubella

Conjunctivitis, Bacterial

Conjunctivitis, Viral

Coronavirus, Human (HCoV) - Common Cold (not SARS/MERS/COVID-19)

Coronavirus, COVID-19 (SARS-CoV-2)

Coronavirus, SARS & MERS

Corynebacterium diphtheriae (Diphtheria)

Coxiella burnetii

Coxsackievirus Infections

Creutzfeldt-Jakob Disease, Classic (CJD) and Variant (vCJD)

Crimean-Congo Hemorrhagic Fever, Viral Hemorrhagic Fever (VHF)

Croup, not yet diagnosed (NYD)

Cryptococcosis (Cryptococcus neoformans, C. gattii)

Cryptosporidiosis (Cryptosporidium parvum)

Cyclosporiasis (Cyclospora spp.)

Cystic Fibrosis (CF)

Cytomegalovirus (CMV)

#### D

Dengue Fever (Orthoflavivirus)

Diarrhea, not yet diagnosed (NYD)

Diptheria (Corynebacterium diphtheriae)

#### F

Eastern Equine (EEE) and Western Equine (WEE) Encephalitis (Alphavirus)

Ebola Viral Disease (EVD) - Viral Hemorrhagic Fever (VHF)

**Echinococcosis** 

Ehrlichiosis (Ehrlichia sp.)

Encephalitis, not yet diagnosed (NYD)

Endometritis, not yet diagnosed (NYD)

Enterobiasis (Enterobius vermicularis)

Enteroinvasive E. coli (EIEC)

Enterotoxigenic E. coli (ETEC)

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Enteroviral Infections Non-Polio (Echovirus, Coxsackievirus)

**Epiglottitis** 

Epstein-Barr Virus

**Erysipelas** 

Erythema infectiosum

ESBL (Extended Spectrum Beta Lactamase producers)

Escherichia coli O157: H7, Shiga-like toxin-producing E.coli (STEC)

#### F

Fever of unknown origin, Fever without focus

Fifth Disease

**Food Poisoning** 

#### G

Gas Gangrene

Group A Streptococcus (GAS) - Skin Infection

Group A Streptococcus - Invasive (iGAS)

Group A Streptococcus (GAS) - Scarlet Fever, Pharyngitis

**Group B Streptococcus** 

Gastroenteritis, not yet diagnosed (NYD)

German Measles - Acquired

German Measles - Exposed Susceptible Contact

Giardiasis (Giardia lamblia)

**Gingivostomatitis** 

Gonococcus (Neisseria gonorrheae)

Granuloma inquinale (Donovanosis)

Guillain-Barré Syndrome (GBS)

#### Н

Haemophilus ducreyi

Haemophilus influenzae (Hi) - invasive & non-invasive

Hand, Foot and Mouth Disease

Hantavirus

Helicobacter pylori

Hemolytic Uremic Syndrome (HUS)

Hepatitis A Virus (HAV) & Hepatitis E Virus (HEV)

Hepatitis B Virus (HBV), Hepatitis C Virus (HCV) & Hepatitis D Virus (HDV)

Hepatitis of unknown etiology

Herpangina (Enteroviruses)

Herpes Simplex Virus, type 1 & 2 (HSV1 & 2) - Disseminated or extensive lesions

Herpes Simplex Virus, type 1 & 2 (HSV1 & 2) - Localized lesions

Herpes Simplex Virus, type 1 & 2 (HSV1 & 2) - No visible lesions

Herpes Simplex Virus, type 1 - Gingivostomatitis

Herpes Zoster: Shingles - Disseminated

Herpes Zoster: Shingles - Exposed Susceptible Contact

Herpes Zoster: Shingles - Localized

Histoplasmosis (Histoplasma capsulatum)

Hook Worm (Necator americanus, Ancyclostoma Duodenale)

Human Herpes Virus 6 and 7 (Sixth Disease)

Human Immunodeficiency Virus (HIV)

Human Metapneumovirus

Human Papillomaviruses (HPV)

Human T-cell Leukemia Virus (HTLV-I) & Human T-Lymphotrophic Virus (HTLV-II)

#### ı

**Impetigo** 

Infectious Mononucleosis

Influenza - Avian

Influenza - New Pandemic Strain

Influenza - Seasonal

### J

Jamestown Canyon Virus

#### K

Kawasaki Disease

Klebsiella granulomatis

#### L

La Crosse Virus

Lassa Fever (Lassa Virus)

Legionellosis (Legionella spp.)

Leprosy (Hansen's Disease) (Mycobacterium leprae, Mycobacterium lepromatosis)

Leptospirosis (Leptospira sp.)

Lice, Head Lice & Pubic Lice/Crab Lice

Listeriosis (Listeria monocytogenes)

Lyme disease (Borrelia burgdorferi)

Lymphocytic Choriomeningitis (LCM) Virus

Lymphogranuloma Venereum

#### M

Malaria (Plasmodium spp.)

Marburg Virus

Measles (Rubeola)

Measles (Rubeola) - Exposed Susceptible Contact

Melioidosis (Burkholderia pseudomallei)

Meningitis, not yet diagnosed (NYD)

Meningococcal Disease (Neisseria meningitidis)

MERS CoV (Middle East Respiratory Syndrome Coronavirus)

Methicillin Resistant Staphylococcus aureus (MRSA)

Methicillin-sensitive Staphylococcus aureus - Pneumonia (MSSA)

Methicillin-sensitive Staphylococcus aureus - Skin Infection (MSSA)

Molluscum Contagiosum

Mononucleosis

Mpox

Mucormycosis (Zygomycosis, Phycomycosis)

Multi-Drug Resistant Gram Negative Bacilli

Mumps - Known Case

Mumps - Exposed Susceptible Contact

Mycobacterium - Nontuberculous Mycobacerium (NTM)

Mycobacterium tuberculosis (TB) - Extrapulmonary Disease

Mycobacterium tuberculosis (TB) - Pulmonary Disease

Mycoplasma pneumoniae

#### Ν

**Necrotizing Enterocolitis (NEC)** 

**Necrotizing Fasciitis** 

Neisseria gonorrhoeae

Neisseria meningitidis

Nocardiosis (Nocardia spp.)

Nontuberculous mycobacterium (NTM)

Norovirus (Norwalk virus)

# O

Orf - Parapoxvirus

Orthobunyavirus

Orthonairovirus

Orthoflavivirus (multiple organisms)

#### P

Parainfluenza Virus

Parvovirus B19

Pertussis (Bordetella pertussis)

Pharyngitis, not yet diagnosed (NYD)

**Phlebovirus** 

Pinworm (Enterobius vermicularis)

Plague - Bubonic (Yersinia pestis)

Plague - Pneumonic (Yersinia pestis)

Pleurodynia (Group B Coxsackieviruses)

Pneumocystis jirovecii pneumonia (PJP - formerly Pneumocystis carinii pneumonia PCP)

Pneumonia, not yet diagnosed (NYD)

Poliomyelitis (Poliovirus)

Powassan Virus (Orthoflavivirus)

Prion Disease

Pseudomembranous colitis

Pseudomonas aeruginosa

Psittacosis (Ornithosis)

Puerperal sepsis

# Q

Q Fever (Coxiella burnetii)

#### R

**Rabies** 

Ramsay Hunt Syndrome (Herpes Zoster Oticus)

Rash, not yet diagnosed (NYD)

Rat-bite fever

Relapsing Fever (Borrelia spp.)

Respiratory Tract Infection, not yet diagnosed (NYD)

Rhinovirus

Rickettsial Diseases

Rickettsialpox (Rickettsia akari)

Rift Valley Fever (Phlebovirus)

Ringworm

Ritter's Disease

Rocky Mountain Spotted Fever (Rickettsia rickettsii)

Roseola Infantum

Rotavirus

Roundworm (Ascaris spp.)

Roundworm (Trichinella spp.)

RSV - Respiratory Syncytial Virus

Rubella (German Measles) - Acquired

Rubella - Congenital

Rubella (German measles) - Exposed Susceptible Contact

Rubeola

Rubeola - Exposed susceptible Contact

#### S

Saint Louis Encephalitis (Orthoflavivirus)

Salmonellosis (Salmonella spp.) - Non-typhoidal Salmonella

Sapovirus

SARS CoV (Severe Acute Respiratory Syndrome Coronavirus)

Scabies (Sarcoptes scabiei)

Scarlet Fever

Schistosomiasis (Schistosoma spp.)

Shigella (Shigella spp.), Enteroinvasive E. coli (EIEC)

Shingles - Disseminated

Shingles - Exposed Susceptible Contact

Shingles - Locaslized Rash

Smallpox (Variola Virus)

Snowshoe Hare Virus

Sporotrichosis (Sporothrix schenckii)

Staphylococcal Scalded Skin Syndrome (SSSS)

Staphylococcus aureus, Methicillin-resistant (MRSA)

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Staphylococcus aureus - Food Poisoning (Toxin Mediated)

Staphylococcus aureus, Methicillin-sensitive - Pneumonia (MSSA)

Staphylococcus aureus, Methicillin-sensitive - Skin infection (MSSA)

Staphylococcus aureus - Toxic Shock Syndrome

Stenotrophomonas maltophilia

Streptobacillus moniliformis, Spirillum minus

Streptococcus agalactiae (Group B Streptoccoccus)

Streptococcus pyogenes (Group A Streptoccoccus) - Skin Infection

Streptococcus pyogenes (Group A Streptoccoccus) - Invasive

Streptococcus pyogenes (Group A Streptoccoccus) - Scarlet Fever, Pharyngitis

Streptococcus pneumoniae (Pneumococcus)

Strongyloidiasis (Strongyloides stercoralis)

Syphilis (Treponema pallidum)

#### Т

Tapeworm Diseases

Tetanus (Clostridium tetani)

Tinea - (Trichophyton sp., Microsporum sp., Epidermophyton sp.)

Toxic Shock Syndrome (TSS) (Clostridium sordellii)

Toxocariasis (Toxocara canis, Toxocara cati)

Toxoplasmosis (Toxoplasma gondii)

Trachoma (Chlamydia trachomatis)

Trench Fever (Bartonella quintana)

Trench Mouth

Trichinosis (Roundworm - Trichinella spp.)

Trichomoniasis (Trichomonas vaginalis)

Trichuriasis (Trichuris trichiura)

Tuberculosis - Extrapulmonary Disease (EPTB)

Tuberculosis (TB) - Pulmonary Disease

Tularemia (Francisella tularensis)

Typhoid or Paratyphoid Fever - (Salmonella Typhi, Salmonella Paratyphi)

Typhus fevers

#### U

No organisms at this time

#### V

Vancomycin-Resistant Enterococcus (VRE)

Vancomycin-Resistant Staphylococcus aureus (VRSA) &

Vancomycin-Intermediate Staphylococcus aureus (VISA)

Varicella Zoster Virus: Chickenpox - Known Case

Varicella Zoster Virus: Chickenpox or Herpes Zoster (Shingles) - Exposed Susceptible

Contact

Varicella Zoster Virus: Herpes Zoster (Shingles) - Disseminated Varicella Zoster Virus: Herpes Zoster (Shingles) Localized Rash

Varicella Zoster Virus: no visible lesions

Variola Virus (Smallpox)
Vibrio cholerae
Vibrio paraheaemolyticus Enteritis
Vincents Angina (Acute Necrotizing Ulcerative Gingivitis)
Viral Hemorrhagic Fever (VHF), not yet diagnosed (NYD)
Vomiting, not yet diagnosed (NYD)

#### W

West Nile Virus (Orthoflavivirus) Western Equine Encephalitis (WEE) Whipworm (Trichuris Trichiura) Whooping Cough

# X

No organisms at this time

#### Y

Yaws (Treponema pallidum subspecies pertenue) Yellow Fever (Orthoflavivirus) Yersinia Pestis Yersiniosis (Yersinia spp.)

# Z

Zika Virus (Orthoflavivirus) Zygomycosis (Phycomycosis, Mucormycosis)



# Acinetobacter

CLINICAL PRESENTATION				
Colonization or infection at any body site				
INFECTIOUS SUBSTANCES HOW IT IS TRANSMITTED				
Colonized or infected secretions and excretions		Direct contact, indirect contact		
	PRECAUTIO	NS NEEDED		
ACUTE CARE	Routine Practices			
LONG-TERM CARE	Routine Practices			
COMMUNITY	Routine Practices			
PEDIATRICS	Routine Practices			
	DURATION OF	PRECAUTIONS		
Additional Precautions may be used at the discretion of IPAC.				
INCUBAT	TION PERIOD	PERIOD OF COMMUNICABILITY		
Va	While organism is present			
COMMENTS				
If reported as Carbapenemase Producing Organism, see <u>CPO</u> .				

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# Actinomycosis (Actinomyces spp.)

CLINICAL PRESENTATION			
Cervicofacial, thoracic or abdominal infection (painful abscesses)			
INFECTIOUS	SUBSTANCES	HOW IT IS TRANSMITTED	
Endogenous oral flora		No human-to-human transmission	
	PRECAUTIO	NS NEEDED	
ACUTE CARE	Routine Practices		
LONG-TERM CARE	Routine Practices		
COMMUNITY	Routine Practices		
PEDIATRICS	Routine Practices		
	DURATION OF	PRECAUTIONS	
Not applicable			
INCUBATION PERIOD PERIOD OF COMMUNICABILITY		PERIOD OF COMMUNICABILITY	
Variable		Not applicable	
COMMENTS			
<ul> <li>Normal flora.</li> <li>Infection is usually secondary to trauma.</li> </ul>			

Infection is usually secondary to trauma.



# **Adenovirus - Conjunctivitis**

Also known as "epidemic keratoconjunctivitis (EKC)" or "Pink Eye"

# **CLINICAL PRESENTATION**

Conjunctivitis (swelling, redness and soreness of the whites of the eyes, watery discharge, itching)

INFECTIOUS SUBSTANCES		HOW IT IS TRANSMITTED	
Discharge from eyes		Direct contact, indirect contact	
PRECAUTIONS NEEDED			
ACUTE CARE	Contact Precautions		
LONG-TERM CARE	Contact Precautions		
COMMUNITY	Contact Precautions		
PEDIATRICS	Contact Precautions		

# **DURATION OF PRECAUTIONS**

#### Until symptoms resolve

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Late in incubation period until 14 days after onset	Until acute symptoms resolve

# COMMENTS

 Careful attention to aseptic technique and reprocessing of ophthalmology equipment is required.



# **Adenovirus - Cystitis**

CLINICAL PRESENTATION			
Urinary tract infection	i (pain/burning during urina	tion, frequency, urgency, suprapubic/back pain)	
INFECTIOUS	SUBSTANCES	HOW IT IS TRANSMITTED	
Urine		Direct contact, indirect contact	
	PRECAUTIO	NS NEEDED	
ACUTE CARE	Routine Practices		
LONG-TERM CARE	Routine Practices		
COMMUNITY	Routine Practices		
PEDIATRICS	Routine Practices		
	DURATION OF	PRECAUTIONS	
Not applicable			
INCUBAT	TION PERIOD	PERIOD OF COMMUNICABILITY	
Late in incubation period until 14 days after onset		Until acute symptoms resolve	
COMMENTS			

 $\underline{A} \quad \underline{B} \quad \underline{C} \quad \underline{D} \quad \underline{E} \quad \underline{F} \quad \underline{G} \quad \underline{H} \quad \underline{I} \quad \underline{J} \quad \underline{K} \quad \underline{L} \quad \underline{M} \quad \underline{N} \quad \underline{O} \quad \underline{P} \quad \underline{Q} \quad \underline{R} \quad \underline{S} \quad \underline{T} \quad \underline{U} \quad \underline{V} \quad \underline{W} \quad \underline{X} \quad \underline{Y} \quad \underline{Z}$ 

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# **Adenovirus - Gastroenteritis**

CLINICAL PRESENTATION					
	Diarrhea				
INFECTIOUS	SUBSTANCES	HOW IT IS TRANSMITTED			
F	eces	Direct contact, indirect contact, fecal-oral			
	PRECAUTIO	NS NEEDED			
ACUTE CARE	Routine Practices	Contact Precautions For Adults if: Incontinent Stool not contained Poor hygiene Contaminating their environment			
LONG-TERM CARE	Routine Practices	Contact Precautions For Adults if: Incontinent Stool not contained Poor hygiene Contaminating their environment			
COMMUNITY	Routine Practices	Contact Precautions For Adults if: Incontinent Stool not contained Poor hygiene Contaminating their environment			
PEDIATRICS		Contact Precautions			

# **DURATION OF PRECAUTIONS**

- · Until symptoms have stopped for 48 hours AND return to baseline bowel movements, OR (for adults) until they are continent and have good hygiene.
- For immunocompromised hosts, isolation precautions need to be maintained for a longer duration due to prolonged viral shedding. Contact IPAC for discontinuation of precautions.

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Late in incubation period until 14 days after onset	Until acute symptoms resolve
COMMENTS	
REPORTABLE DISEASE	

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# Adenovirus - Respiratory Tract Infection

	CLINICAL PRESENTATION				
Respiratory tract infection (fever, viral respiratory symptoms: cough, runny nose, sore throat, pneumonia)					
INFECTIOUS SUBSTANCES HOW IT IS TRANSMITTED					
Respiratory secretions		Direct contact, indirect contact			
PRECAUTIONS NEEDED					
ACUTE CARE	Routine Practices		<ul><li>Droplet and Contact Precautions</li><li>Adults in high risk units* only</li></ul>		
LONG-TERM CARE	Routine Practices				
COMMUNITY	Routine Practices				
PEDIATRICS			Droplet and Contact Precautions		

# **DURATION OF PRECAUTIONS**

- Until symptoms resolve.
- For immunocompromised hosts, isolation precautions need to be maintained for a longer duration due to prolonged viral shedding - Contact IPAC for discontinuation of precautions.

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Late in incubation period until 14 days after onset	Until acute symptoms resolve

#### COMMENTS

- If an individual has Cystic Fibrosis, see <u>Cystic Fibrosis</u>
- Minimize exposure to high-risk patients. See <u>Definition of Moderately to Severely</u> Immunocompromised Patient.
- Individuals on Droplet & Contact Precautions may need additional Airborne Precautions if Aerosol Generating Medical Procedures (AGMPs) are used.
- \*High-risk units Solid Organ Transplant (SOT), Bone Marrow Transplant (BMT), Intensive Care Unit (ICU), Neonatal ICU (NICU), Cardiac Surgery ICU (CSICU), Cardiac Care Unit (CCU), Thoracic, Burns Trauma High Acuity (BTHA).

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# Aeromonas spp., Enterotoxigenic E. coli (STEC)

Commonly known as "Traveler's Diarrhea"

Commonly known as Traveler's Diarmea					
	CLINICAL PRESENTATION				
	Diar	rhea			
INFECTIOUS	SUBSTANCES	HOW IT IS TRANSMITTED			
F	eces	Fecal-oral, direct contact, indirect contact			
	PRECAUTIO	NS NEEDED			
ACUTE CARE	Routine Practices	<ul> <li>Contact Precautions</li> <li>For Adults if: <ul> <li>Incontinent</li> <li>Stool not contained</li> <li>Poor hygiene</li> <li>Contaminating their environment</li> </ul> </li> </ul>			
LONG-TERM CARE	Routine Practices	Contact Precautions For Adults if: Incontinent Stool not contained Poor hygiene Contaminating their environment			
COMMUNITY	Routine Practices	Contact Precautions For Adults if: Incontinent Stool not contained Poor hygiene Contaminating their environment			
PEDIATRICS		Contact Precautions			

# **DURATION OF PRECAUTIONS**

Until symptoms have stopped for 48 hours AND return to baseline bowel movements, OR (for adults) until they are continent and have good hygiene.

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY	
3 - 10 days	Until symptoms resolve	
COMMENTS		

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# Amebiasis (Entamoeba histolytica)

CLINICAL PRESENTATION					
	Dysentery, diarrhea, and liver abscesses				
INFECTIOUS	SUBSTANCES	НО	HOW IT IS TRANSMITTED		
Feces		Fecal-oral, direct contact, indirect contact Human-to-human transmission is rare			
	PRECAUTIO	NS NEEDED			
ACUTE CARE  LONG-TERM CARE	Routine Practices  Routine Practices	For • • • • • •	Adults if: Incontinent Stool not contained Poor hygiene Contaminating their environment  Ontact Precautions		
		•	Adults if: Incontinent Stool not contained Poor hygiene Contaminating their environment		
COMMUNITY	Routine Practices	For •	Pontact Precautions Adults if: Incontinent Stool not contained Poor hygiene Contaminating their environment		
PEDIATRICS		Co	ontact Precautions		

#### **DURATION OF PRECAUTIONS**

Until symptoms have stopped for 48 hours AND return to baseline bowel movements, OR (for adults) until they are continent and have good hygiene.

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
2 - 4 weeks	Until symptoms resolve

# COMMENTS

- REPORTABLE DISEASE
- Transmission in mental health and family group settings has been reported. Use care when handling disposable hygiene products in these populations.

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# Anthrax (Bacillus anthracis) - confirmed, probable or presumed case

# **CLINICAL PRESENTATION**

Skin lesions or pulmonary (shortness of breath, discomfort during breathing), loss of appetite, vomiting and diarrhea

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Soil, infected animals or carcasses most commonly in livestock and contaminated animal products (hides, fur, wool)	No human-to-human transmission.  Modes of transmission include:  Cutaneous - spores enter via breaks in the skin  Ingestion - eating infected meat or meat products  Injection - soft tissue infection from injection drug use, contaminated heroine  Pulmonary - inhalation of airborne spores

#### PRECAUTIONS NEEDED

ACUTE CARE	Routine Practices • Skin lesions covered & drainage is contained	<ul> <li>Contact Precautions</li> <li>Major wound drainage not contained by dressing</li> </ul>	Airborne & Contact Precautions • Pulmonary
LONG-TERM CARE	Routine Practices <ul><li>Skin lesions covered &amp; drainage is contained</li></ul>	<ul> <li>Contact Precautions</li> <li>Major wound drainage not contained by dressing</li> </ul>	Airborne & Contact Precautions Pulmonary
COMMUNITY	Routine Practices  • Skin lesions covered & drainage is contained	<ul> <li>Contact Precautions</li> <li>Major wound drainage not contained by dressing</li> </ul>	Airborne & Contact Precautions • Pulmonary
PEDIATRICS	Routine Practices  • Skin lesions covered & drainage is contained	<ul><li>Contact Precautions</li><li>Major wound drainage not contained by dressing</li></ul>	Airborne & Contact Precautions • Pulmonary

# **DURATION OF PRECAUTIONS**

Until wound drainage is contained and as directed by IPAC

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
1 - 7 days, may be up to 60 days	Not applicable

#### **COMMENTS**

- REPORTABLE DISEASE
- Acute care provider to call or page the Medical Microbiologist On-Call at presumed
- Notify lab of presumed diagnosis when specimen is submitted. Specimen is hazardous to lab staff.

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# **Antibiotic Resistant Organisms (ARO)**

#### **CLINICAL PRESENTATION**

Infection or colonization of any body site

INFECTIOUS SUBSTANCES HOW IT IS TRANSMITTED

Infected or colonized secretions and excretions

Direct contact, indirect contact

#### **PRECAUTIONS NEEDED**

See specific organism for precautions indicated

See Candida auris

See Carbapenemase Producing Organism (CPO)

See Methicillin Resistant Staphylococcus aureus (MRSA)

See <u>Vancomycin-resistant Enterococcus</u> (VRE)

See Vancomycin-resistant Staphylococcus aureus (VRSA) &

Intermediate Staphylococcus aureus (VISA)

#### **DURATION OF PRECAUTIONS**

As directed by Infection Prevention and Control

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Variable	Variable

#### **COMMENTS**

Refer to <u>ARO Acute Care Patient Placement Algorithm</u>

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# **Arboviruses - Arthropod-Borne Viruses**

CLINICAL PRESENTATION			
CLINICAL PRESENTATION			
Encephalitis, fever, rash, arthralgia, meningitis			
INFECTIOUS SUBST	ANCES	HOW IT IS TRANSMITTED	
See specific organism for details		<ul> <li>Arthropod/Insect borne vectors (mosquitos, ticks, sandflies)</li> <li>No human-to-human transmission (except Crimean Congo &amp; Zika)</li> </ul>	
PRECAUTIONS NEEDED			
See specific organism for precautions indicated  See California serogroup (CSG) viruses (Orthobunyavirus) See Chikungunya virus (Alphavirus) See Colorado Tick Fever (Coltivirus) See Crimean Congo Hemorrhagic Fever (Orthonairovirus) See Dengue Fever - (Orthoflavivirus) See Eastern Equine (EEE) and Western Equine (WEE) Encephalitis (Alphavirus) See Powassan Encephalitis (Orthoflavivirus) See Rift Valley Fever (Phlebovirus) See Saint Louis Encephalitis (Orthoflavivirus) See West Nile Virus (Orthoflavivirus) See Yellow Fever (Orthoflavivirus) See Zika Virus (Orthoflavivirus)			
	DURATION OF	PRECAUTIONS	
Variable			

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Variable	Variable

# COMMENTS

- · Hundreds of different viruses exist. Most are limited to specific geographic areas.
- Most arboviruses require Routine Practice, except Crimean Congo Hemorrhagic fever which is a high-threat pathogen. Follow organism specific precautions if Crimean Congo is presumed.
- Most common North American arboviruses that cause human disease: California encephalitis serogroup (orthobunyavirus), Colorado Tick Fever (Coltivirus), Powassan Encephalitis (Orthoflavivirus), and St. Louis Encephalitis (Orthoflavivirus).

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# **Ascariasis**

Roundworm (Ascaris spp.) or Hookworm (Ancylostoma duodenale and Necator americanus)

Roundworm (Ascaris spp.) or Hookworm (Ancylostoma duodenale and Necator americanus)		
CLINICAL PRESENTATION		
Usually asymptomatic		
INFECTIOUS SUBSTANCES		HOW IT IS TRANSMITTED
Contaminated soil or water		Roundworm: Ingestion of infectious eggs Hookworm: Acquired from larvae in soil, feces, and other contaminated surfaces through exposed skin, oral ingestion, and from pregnant individual to fetus in utero or infanct during breastfeeding No human-to-human transmission
PRECAUTIONS NEEDED		
ACUTE CARE Routine Practices		
LONG-TERM CARE	Routine Practices	
COMMUNITY Routine Practices		
PEDIATRICS Routine Practices		
DURATION OF PRECAUTIONS		
Not applicable		
INCUBATION PERIOD		PERIOD OF COMMUNICABILITY

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Roundworm: 6 - 8 weeks Hookworm: 4 - 12 weeks	Not applicable

# **COMMENTS**

- Roundworm: eggs must incubate in certain soil conditions for 2 4 weeks before becoming infectious.
- Hookworm: larvae must hatch in the soil to become infectious.
- · Adult egg-laying female worms can live in the host for months to years.



# Aspergillosis (Aspergillus spp.)

CLINICAL PRESENTATION		
Infection of skin, lung, wound or central nervous system		
INFECTIOUS SUBSTANCES HOW IT IS TRANSMITTED		HOW IT IS TRANSMITTED
Ubiquitous in nature, particularly in decaying material and in soil, air, water and food		Inhalation of airborne spores No human-to-human transmission
	PRECAUTIC	NS NEEDED
ACUTE CARE Routine Practices		
LONG-TERM CARE Routine	CARE Routine Practices	
COMMUNITY Routine	MMUNITY Routine Practices	
PEDIATRICS Routine Practices		

#### **DURATION OF PRECAUTIONS**

#### Not applicable

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Variable	Not applicable

# COMMENTS

- Spores may be present in dust; infection in immunocompromised patients has been associated with exposure to dust generated by construction, renovation and maintenance activities.
- If patient has cutaneous aspergillosis (skin and soft tissue infection) with copious drainage, use Airborne & Contact Precautions during wound care (including irrigations and bedside/ surgical debridement). See VCH Bioaerosol Management Guideline.
- Notify IPAC of all cases of cutaneous aspergillosis (rare).

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# **Astrovirus**

CLINICAL PRESENTATION		
Diarrhea accompanied by low-grade fever, malaise, nausea, vomiting, mild dehydration		
INFECTIOUS	SUBSTANCES	HOW IT IS TRANSMITTED
F	eces	Fecal-oral, direct contact, indirect contact
	PRECAUTIO	NS NEEDED
ACUTE CARE	Routine Practices	Contact Precautions For Adults if: Incontinent Stool not contained Poor hygiene Contaminating their environment
LONG-TERM CARE	Routine Practices	Contact Precautions For Adults if: Incontinent Stool not contained Poor hygiene Contaminating their environment
COMMUNITY	Routine Practices	Contact Precautions For Adults if: Incontinent Stool not contained Poor hygiene Contaminating their environment
PEDIATRICS		Contact Precautions

# **DURATION OF PRECAUTIONS**

Until symptoms have stopped for 48 hours AND return to baseline bowel movements, OR (for adults) until they are continent and have good hygiene.

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
3 - 4 days	Until symptoms resolve
COMMENTS	
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REPORTABLE DISEASE

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# Avian Influenza

Commonly known as "Bird Flu"

#### **CLINICAL PRESENTATION**

Asymptomatic, conjunctivitis, influenza-like illness (sore throat, cough, fever, fatigue, myalgia, headache), pneumonia, dyspnea, respiratory failure, altered mental status, multi-organ failure, meningoencephalitis

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Handling of infected sick or dead birds/animals, their feathers, fluids or feces Respiratory secretions, infectious specimens	Direct contact, indirect contact, airborne, droplet

PRECAUTIONS NEEDED	
ACUTE CARE	Airborne & Contact + Droplet Precautions
LONG-TERM CARE	Airborne & Contact + Droplet Precautions
COMMUNITY	Airborne & Contact + Droplet Precautions
PEDIATRICS	Airborne & Contact + Droplet Precautions

#### **DURATION OF PRECAUTIONS**

**Acute Care and LTC:** Contact IPAC for discontinuation of precautions **Community:** Contact Public Health for discontinuation of precautions

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Generally 2 - 5 days, up to 7 - 10 days	Up to 21 days

#### COMMENTS

- REPORTABLE DISEASE.
- Acute care provider to call or page the Medical Microbiologist On-Call at presumed stage.
- Call or page IPAC immediately at presumptive stage.
- High index of suspicion for those who present with viral influenza-like illness and/or conjunctivitis
  and close contact with infected sick or dead bird/animal within 10 days of symptom onset.
- Post exposure anti-viral prophylaxis can be considered based on an exposure risk assessment.
- · Cohorting of patients with known exposures is not recommended.
- See <u>BCCDC Management of Specific Diseases Interim H5NI Avian Influenza Outbreak</u>
- See Guidance on human health issues related to avian influenza in Canada
- See Interim recommendations for infection prevention and control of avian influenza in healthcare settings

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# **Babesiosis**

# **CLINICAL PRESENTATION**

Often asymptomatic, non-specific respiratory illness-like symptoms such as fever, chills, sweats, headache, body aches, loss of appetite, nausea, or fatigue

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Not applicable	Insect-borne (tickborne) No human-to-human transmission except rarely by blood transfusion from asymptomatic parasitaemic donors or by congenital/perinatal transmission: pregnant individual to fetus in utero or newborn at birth

PRECAUTIONS NEEDED	
ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Routine Practices

DURATION OF PRECAUTIONS		
Not applicable		
INCUBATION PERIOD	PERIOD OF COMMUNICABILITY	
Weeks to months	Not applicable	
COMMENTS		



# Bacillus cereus

	CLINICAL PR	ESENTATION
Naus	Nausea, vomiting, diarrhea, abdominal cramps (food poisoning)	
INFECTIOUS SUBSTANCES HOW IT IS TRANSMITTED		
Ubiquitous in the environment and commonly found in the soil		Foodborne, no human-to-human transmission
PRECAUTIONS NEEDED		
ACUTE CARE Routine Practices		
LONG-TERM CARE	ONG-TERM CARE Routine Practices	
COMMUNITY	IUNITY Routine Practices	
PEDIATRICS	Routine Practices	
DURATION OF PRECAUTIONS		
Not applicable		
INCUBATION PERIOD		PERIOD OF COMMUNICABILITY
30 minutes - 15 hours		Not applicable
COMMENTS		
REPORTABLE DISEASE		

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# Bartonellosis (Bartonella spp.)

Includes: Cat-scratch fever (*Bartonella henselae*), Trench fever (*Bartonella quintana*), *Bartonella bacilliformis* 

# **CLINICAL PRESENTATION**

Fever, lymphadenopathy (swelling and pain of the lymph nodes with night sweats and weight loss), rash

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Infected domestic cats Bite from infected louse or flea	Louse-borne, flea-borne Scratch, bite, or lick from infected cat No human-to-human transmission

ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Routine Practices

# **DURATION OF PRECAUTIONS**

#### Not applicable

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
7 - 30 days	Not applicable
001115150	

#### COMMENTS



# **Bedbugs**

# **CLINICAL PRESENTATION**

Small, hard, swollen, white welts that become inflamed and itchy. Bites are usually in rows.

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Bed linens, mattresses, bed frames, dresser tables, wooden furniture, clothing, purses/bags/suitcases	No human-to-human transmission but requires direct personal contact with infested material

#### **PRECAUTIONS NEEDED**

ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Routine Practices

#### **DURATION OF PRECAUTIONS**

# Not applicable

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Not applicable	Not applicable

# **COMMENTS**

- Notify Environmental Services and/or Pest Control Company if bedbugs are found.
   They will determine what type of cleaning is required and can assist with monitoring for bedbugs.
- Use <u>Point-of-Care Risk Assessment</u> to determine if PPE is required when providing care.
- In Acute Care, if it becomes apparent that a patient has bedbugs or they are visible on admission, have all belongings that are potentially infested placed in sealed plastic bags or taken straight home.
- See <u>IPAC Quick Reference for Management of Bed Bugs</u>



# **BK Virus**

Also known as "Human Polyomavirus 1"

#### **CLINICAL PRESENTATION**

For **immunocompetent individuals:** Generally asymptomatic. May occasionally cause hematuria or cystitis.

For **immunocompromised individuals:** Fever, non-specific respiratory infection, hemorrhagic and non-hemorrhagic cystitis, nephritis, ureteral stenosis, pneumonitis, encephalitis, and hepatitis.

•		
INFECTIOUS SUBSTANCES		HOW IT IS TRANSMITTED
Respiratory secretions, transplacental, infected transplanted kidney organs		<ul><li>Direct contact and indirect contact</li><li>Pregnant individual to fetus in utero</li><li>Organ transplantation</li></ul>
PRECAUTIONS NEEDED		
ACUTE CARE	Routine Practices	
LONG-TERM CARE	Routine Practices	
COMMUNITY	Routine Practices	
PEDIATRICS	Routine Practices	
DURATION OF PRECAUTIONS		
Not applicable		

#### **COMMENTS**

**INCUBATION PERIOD** 

Exhibits primary infection in early childhood

and latent infection later in life

• Infection in humans usually occur in early childhood and often leads to lifelong persistence.

Rarely cause symptoms, except in people with weakened immune system.

PERIOD OF COMMUNICABILITY

Not applicable



# Blastomycosis (Blastomyces dermatitidis)

# **CLINICAL PRESENTATION**

Respiratory infection (fever, cough, runny nose, sore throat); pneumonia (shortness of breath, chest pain)

Disseminated blastomycosis: skin lesions, abscesses, osteoarticular infection, rare nervous system or congenital infections

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Spores from moist soil	Inhalation of spore-laden dust No human-to-human transmission

ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Routine Practices

# **DURATION OF PRECAUTIONS**

#### Not applicable

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
14 - 90 days	Not applicable

# **COMMENTS**

- Blastomyces dermatitidis is a fungus that lives in moist soil. Fungal spores can become airborne when the soil is disturbed.
- Skin lesions may develop when the infection disseminates from the lungs.



# **Bocavirus**

CLINICAL PRESENTATION		
Respiratory tract infection (fever, cold-like symptoms: cough, runny nose, sore throat) Otitis media		
INFECTIOUS SUBSTANCES		HOW IT IS TRANSMITTED
Respiratory secretions		Droplet, direct contact, indirect contact
PRECAUTIONS NEEDED		
ACUTE CARE	Routine Practices	<ul> <li>Droplet &amp; Contact Precautions</li> <li>Adults on high risk units*</li> </ul>
LONG-TERM CARE	Routine Practices	
COMMUNITY	Routine Practices	
PEDIATRICS		Droplet & Contact Precautions

# **DURATION OF PRECAUTIONS**

Until symptoms resolve

For immunocompromised hosts, isolation precautions may need to be maintained for a longer duration – Contact IPAC for discontinuation of precautions

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Unknown	Until acute symptoms resolve

#### COMMENTS

- Minimize exposure to high-risk patients. See <u>Definition of Moderately to Severely Immunocompromised Patient</u>.
- Individuals on Droplet & Contact Precautions may need additional Airborne Precautions if <u>Aerosol Generating Medical Procedures (AGMPs)</u> are used.
- \*High-risk units Solid Organ Transplant (SOT), Bone Marrow Transplant (BMT), Intensive Care Unit (ICU), Neonatal ICU (NICU), Cardiac Surgery ICU (CSICU), Cardiac Care Unit (CCU), Thoracic, Burns Trauma High Acuity (BTHA).



# Botulism (Clostridium botulinum)

CLINICAL PRESENTATION		
Nausea, vomiting, diarrhea, flaccid paralysis, cranial nerve palsies		
INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED	
Toxin producing spores in soil, agricultural products, honey, and animal intestine	Foodborne Wounds contaminated by soil No human-to-human transmission	
PRESAUTIONS NEEDED		

PRECAUTIONS NEEDED		
ACUTE CARE	Routine Practices	
LONG-TERM CARE	Routine Practices	
COMMUNITY	Routine Practices	
PEDIATRICS	Routine Practices	

# **DURATION OF PRECAUTIONS**

# Not applicable

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Variable	Not applicable

# COMMENTS

- REPORTABLE DISEASE.
- Acute care provider to call or page the Medical Microbiologist On-Call at presumed stage.
- May be bioterrorism related.
- Infants may colonize C. botulinum in the gut.

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# Brucellosis (Undulant fever, Malta fever, Mediterranean fever)

Brucella spp. including B. melitensis, B. abortus, and B. suis

#### **CLINICAL PRESENTATION**

Systemic bacterial disease with either acute or insidious onset. Continued, intermittent or irregular fever, headache, weakness, profuse sweating, arthralgia

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Infected animals and tissues such as cattle, sheep, goats, bison, wild hogs, elk, moose and camels and their byproducts/tissues including milk, feces, etc.	Direct contact with infected animals or contaminated animal products (ingestion or through breaks in skin barrier).  Very rare human-to-human transmission by banked spermatozoa, sexual contact, or via breastmilk.

	PRECAUTIONS NEEDED
ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Routine Practices

# DURATION OF PRECAUTIONS

#### Not applicable

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Weeks to months	Not applicable

#### COMMENTS

- REPORTABLE DISEASE
- **Notify lab** of presumed diagnosis when specimen submitted. Specimen is hazardous to laboratory staff.
- If organism is found in draining lesions, use personal protective equipment as per <u>point of</u> care risk assessment.



# Burkholderia cepacia complex (Burkholderia spp.)

### **CLINICAL PRESENTATION**

**Respiratory infections:** Pneumonia, exacerbation of chronic lung disease in immunocompromised patients

**Non-respiratory infections:** Skin and soft-tissue infections, surgical wound infections, and urinary tract infections

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Respiratory secretions, skin and body fluids	Direct contact and indirect contact. Large droplets in respiratory infections. Inhaled dust or soil particles
DDECAUTIONS NEEDED	

PRECAUTIONS NEEDED			
ACUTE CARE	Routine Practices • Non-respiratory infections	<ul> <li>Contact Precautions</li> <li>Cystic fibrosis patients*</li> <li>CGD patients*</li> <li>Non-respiratory infections on high risk units*</li> </ul>	Droplet & Contact     Precautions     Respiratory infections on highrisk units*     Cystic fibrosis/CGD patients with respiratory infections*
LONG-TERM CARE	Routine Practices		
COMMUNITY	Routine Practices	<ul> <li>Contact Precautions</li> <li>Cystic fibrosis patients*</li> <li>CGD patients*</li> </ul>	Droplet & Contact Precautions  • Cystic fibrosis/CGD patients with respiratory infections*
PEDIATRICS	Routine Practices • Non-respiratory infections	<ul> <li>Contact Precautions</li> <li>Cystic fibrosis patients*</li> <li>CGD patients*</li> <li>Non-respiratory infections on high risk units*</li> </ul>	Droplet & Contact     Precautions     Respiratory infections on highrisk units     Cystic fibrosis/CGD patients with respiratory infections*

#### **DURATION OF PRECAUTIONS**

#### As directed by IPAC

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Variable	Variable

#### **COMMENTS**

- \*Can cause severe respiratory infections in individuals with cystic fibrosis (CF) and chronic granulomatous disease (CGD).
- Outbreaks have been linked to contaminated oral medications, medical products, inhaled medications, and disinfectant solutions.
- Cystic fibrosis patients should wear a medical mask when outside of the room.
- \*High-risk units Solid Organ Transplant (SOT), Bone Marrow Transplant (BMT), Intensive Care Unit (ICU), Neonatal ICU (NICU), Cardiac Surgery ICU (CSICU), Cardiac Care Unit (CCU), Thoracic, Burns Trauma High Acuity (BTHA).



# California Serogroup (CSG) Viruses (Orthobunyavirus)

Includes: California Encephalitis Virus, Jamestown Canyon Virus, La Crosse Virus, Snowshoe Hare Virus

CLINICAL PRESENTATION			
Encephalitis. Fever, stiff neck, lethargy, focal signs, nausea and vomiting			
INFECTIOUS	S SUBSTANCES	HOW IT IS TRANSMITTED	
Bite from infected mosquito		Insect borne (vector) No human-to-human transmission	
PRECAUTIONS NEEDED			
ACUTE CARE	ACUTE CARE Routine Practices		
LONG-TERM CARE	Routine Practices		
COMMUNITY	Routine Practices		
PEDIATRICS	Routine Practices		
DURATION OF PRECAUTIONS			
Not applicable			
INCUBATION PERIOD PERIOD OF (		PERIOD OF COMMUNICABILITY	
3 - 7 days		Not applicable	
COMMENTS			
<ul> <li>All cases of encephalitis are <u>REPORTABLE DISEASE</u>.</li> <li>Provider to report to Medical Health Officer if encephalitis is presumed</li> </ul>			

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# Campylobacter jejuni

CLINICAL PRESENTATION			
	Diarrhea (possibly bloody), abdominal pain and fever		
INFECTIOUS	SUBSTANCES	ı	HOW IT IS TRANSMITTED
F	eces	Direct contact and indirect contact (fecal-oral and contaminated food and water)	
	PRECAUTIO	NS NEEDE	D
ACUTE CARE	Routine Practices		Contact Precautions  If adult is: Incontinent Stool not contained Poor hygiene Contaminating their environment
LONG-TERM CARE	Routine Practices		Contact Precautions  If adult is: Incontinent Stool not contained Poor hygiene Contaminating their environment
COMMUNITY	Routine Practices		Contact Precautions  If adult is: Incontinent Stool not contained Poor hygiene Contaminating their environment
PEDIATRICS			Contact Precautions

# **DURATION OF PRECAUTIONS**

Until symptoms have stopped for 48 hours AND return to baseline bowel movements, OR (for adults) until they are continent and have good hygiene

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
2 - 5 days	Until symptoms resolve
COMMENTS	

REPORTABLE DISEASE

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# Candidiasis (Candida spp.)

CLINICAL PRESENTATION			
Various, mucocutaneous lesions, systemic disease			
INFECTIOUS	SUBSTANCES	HOW IT IS TRANSMITTED	
Mucocutaneous secr	etions and excretions	Not applicable	
PRECAUTIONS NEEDED			
ACUTE CARE	Routine Practices		
LONG-TERM CARE	Routine Practices		
COMMUNITY	Routine Practices		
PEDIATRICS	PEDIATRICS Routine Practices		
	DURATION OF PRECAUTIONS		
Not applicable			
INCUBATION PERIOD PERIOD OF COMMUNICABILITY		PERIOD OF COMMUNICABILITY	
Variable Not applicable		Not applicable	
COMMENTS			
Candida auris can be multi-drug resistant – See <u>Candida auris</u> if indicated.			

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# Candida auris Multi-Drug Resistant (MDR)

	CLINICAL PRESENTATION		
Various, mu	cocutaneous lesions, syste	emic diseas	e. Colonization or infection
INFECTIOUS	SUBSTANCES	H	HOW IT IS TRANSMITTED
Mucocutaneous secre	etions and excretions	Direct contact, indirect contact	
	PRECAUTIO	NS NEEDE	:D
ACUTE CARE	<ul><li>Contact Preautions</li><li>C. auris colonization and infection</li></ul>		<ul> <li>Droplet &amp; Contact Precautions</li> <li>If C. auris found in sputum or tracheostomy and have a productive cough or ventilated</li> </ul>
LONG-TERM CARE & MENTAL HEALTH	<ul><li>Enhanced Barrier Preca</li><li>C. auris colonization</li></ul>	utions	Contact Precautions  • C auris infection Use Droplet & Contact Precautions if C. auris found in sputum or tracheostomy and have a productive cough or ventilated
COMMUNITY	Routine Practices • Lower risk of transmission*		Contact Precautions  • Higher risk of transmission* Use Droplet & Contact Precautions if C. auris found in sputum or tracheostomy and have a productive cough or ventilated
PEDIATRICS	Contact Precautions • C. auris colonization and infe	ction	<ul> <li>Droplet &amp; Contact Precautions</li> <li>If C. auris found in sputum or tracheostomy and have a productive cough or ventilated</li> </ul>

#### **DURATION OF PRECAUTIONS**

Acute Care: As directed by Infection Prevention and Control (IPAC).

Long-Term Care: Maintain additional precautions until infection is resolved and then return to

**Enhanced Barrier Precautions.** 

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Variable	Not applicable

#### COMMENTS

- REPORTABLE DISEASE
- \*Refer to <u>Additional Precautions in Community Healthcare Settings</u> for definition of lower risk and higher risk transmission.
- Infection affects vulnerable populations (e.g., immunocompromised, prolonged hospitalization, antimicrobial or antifungal use, indwelling devices).
- See <u>C. auris resources Acute Care</u> or <u>C. auris resources Long-Term Care</u>

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# Carbapenemase Producing Organism (CPO)

Gram negative bacilli including the following but not limited to: E. coli, Klebsiella spp., Serratia spp., Providencia spp., Proteus spp., Citrobacter spp., Enterobacter spp., Morganella spp., Salmonella spp., Hafnia spp., Acinetobacter spp., Pseudomonas spp.

Acinetopacter spp., Pseudomonas spp.					
CLINICAL PRESENTATION					
C	Colonization or infection. Symptoms based on sites involved				
INFECTIOUS	INFECTIOUS SUBSTANCES HOW IT IS TRANSMITTED				
Colonized or infected body fluids or sites. Sink drain colonization.		ī	Direct contact, indirect contact		
	PRECAUTIO	NS NEEDE	:D		
ACUTE CARE	Contact Precautions • CPO colonization and infection		Droplet & Contact Precautions  If CPO found in sputum or tracheostomy and have a productive cough or ventilated  Output  Droplet & Contact Precautions  Recautions  Output  Droplet & Contact Precautions		
LONG-TERM CARE & MENTAL HEALTH	Enhanced Barrier Precautions • CPO colonization		Contact Precautions CPO infection Use Droplet & Contact Precautions if CPO found in sputum or tracheostomy and have a productive cough or ventilated		
COMMUNITY	Routine Practices • Lower risk of transmission*		Contact Precautions Higher risk of transmission* Use Droplet & Contact Precautions if CPO found in sputum or tracheostomy and have a productive cough or ventilated		
PEDIATRICS	Contact Precautions • CPO colonization and infection		Droplet & Contact Precautions  If CPO found in sputum or tracheostomy and have a productive cough or ventilated		

### **DURATION OF PRECAUTIONS**

Acute Care: As directed by IPAC

Long-Term Care: Maintain additional precautions until infection is resolved and then return to Enhanced Barrier

Precautions

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY	
Variable	Not applicable	

#### **COMMENTS**

- REPORTABLE DISEASE
- \*Refer to Additional Precautions in Community Healthcare Settings for definition of lower risk and higher risk transmission
- See <u>VCH CPO resources</u> on the IPAC website.

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- Refer to ARO Acute Care Patient Placement Algorithm.
- The most common CPO genes are NDM, OXA, KPC.

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# Cellulitis, not yet diagnosed (NYD)

Many types of bacteria, most commonly Group A streptococcus (Streptococcus pyogenes), and Staphylococcus aureus

#### **CLINICAL PRESENTATION**

Inflammation of dermal or subcutaneous tissue May also present with generalized malaise, fatigue, and fevers

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED	
Wound drainage	Direct contact, indirect contact	

#### PRECAUTIONS NEEDED

If a pathogen is identified, follow organism specific instructions in this manual.

ACUTE CARE	<ul><li>Routine Practices</li><li>Minor drainage contained by dressing</li></ul>	<ul> <li>Contact Precautions</li> <li>Major drainage not contained by dressing</li> </ul>	
LONG-TERM CARE	<ul><li>Routine Practices</li><li>Minor drainage contained by dressing</li></ul>	<ul> <li>Contact Precautions</li> <li>Major drainage not contained by dressing</li> </ul>	
COMMUNITY	Routine Practices  • Minor drainage  contained by dressing	<ul> <li>Contact Precautions</li> <li>Major drainage not contained by dressing</li> </ul>	
PEDIATRICS	<ul><li>Routine Practices</li><li>Minor drainage contained by dressing</li></ul>	<ul> <li>Contact Precautions</li> <li>Major drainage not contained by dressing</li> </ul>	<ul> <li>Orbital cellulitis in children</li> <li>5 years old</li> <li>Until Haemophilus influenzae is ruled out</li> </ul>

#### **DURATION OF PRECAUTIONS**

Until drainage is contained

For iGAS and H. influenzae: until 24 hours effective antimicrobial therapy is completed

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY	
Variable	Variable	

### COMMENTS

- Most Group A Streptococcus (GAS) cellulitis is non-invasive.
- If invasive Group A Streptococcal infection is presumed or there is clinical evidence of soft-tissue necrosis, myositis, or gangrene, add Droplet & Contact Precautions for the first 24 hours of antimicrobial therapy. See GAS – Group A Streptococcus (Streptococcus pyogenes) - Invasive.

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# Chancroid (Haemophilus ducreyi)

CLINICAL PRESENTATION			
Genital ulcers, papules or pustules			
INFECTIOUS SUBSTANCES		HOW IT IS TRANSMITTED	
Drainage	e from ulcers	Sexual contact	
	PRECAUTIO	NS NEEDED	
ACUTE CARE	Routine Practices		
LONG-TERM CARE	Routine Practices		
COMMUNITY	Routine Practices		
PEDIATRICS Routine Practices			

### **DURATION OF PRECAUTIONS**

# Not applicable

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY	
1 - 10 days	As long as ulcerations remain unhealed	

# COMMENTS

- REPORTABLE DISEASE
- Chancroid rarely spreads from the genital tract and does not cause systemic disease.



# Chikungunya virus (Alphavirus)

CLINICAL PRESENTATION		
Fever, joint pain, headache, muscle pain, joint swelling and rash		
INFECTIOUS SUBSTANCES HOW IT IS TRANSMITTED		
Bite from an infected mosquito		Mosquito borne (vector) No human-to-human transmission
	PRECAUTIO	NS NEEDED
ACUTE CARE	Routine Practices	
LONG-TERM CARE	Routine Practices	
COMMUNITY	Routine Practices	
PEDIATRICS	Routine Practices	
	DURATION OF	PRECAUTIONS
Not applicable		
INCUBATION PERIOD PERIOD OF COMMUNICABILITY		
2 - 12 days Not applicable		Not applicable
COMMENTS		



# Chlamydia (Chlamydia trachomatis)

# **CLINICAL PRESENTATION**

Genital tract infection, ulcerative lesions on genitals, pneumonia (infants), conjunctivitis, trachoma, Lymphogranuloma venereum (LGV),

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Conjunctival and genital secretions	Trachoma: direct contact, indirect contact Sexually transmitted Pregnant individuals to newborn at birth

# PRECAUTIONS NEEDED

ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Routine Practices

# **DURATION OF PRECAUTIONS**

### Not applicable

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY	
Variable	As long as organism is present in secretions	

# COMMENTS

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# Chlamydia pneumoniae

CLINICAL PRESENTATION			
Pneumonia			
INFECTIOUS SUBSTANCES HOW IT IS TRANSMITTED			
Respiratory secretions		Unknown	
PRECAUTIONS NEEDED			
ACUTE CARE	Routine Practices		
LONG-TERM CARE	Routine Practices		
COMMUNITY	Routine Practices		
PEDIATRICS	Routine Practices		
	DURATION OF	PRECAUTIONS	
Not applicable			
INCUBATION PERIOD PERIOD OF COMMUNICABILITY			
21 days Unknown		Unknown	
COMMENTS			
REPORTABLE DISEASE			

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# **Clostridioides difficile Infection (CDI, C. difficile)**

#### **CLINICAL PRESENTATION**

Diarrhea, abdominal cramping and discomfort, toxic megacolon, pseudomembranous colitis In rare cases, a symptomatic patient will present with ileus or colonic distention

in rare cases, a symptomatic patient will present with lieus of colonic distention		
INFECTIOUS SUBSTANCES		HOW IT IS TRANSMITTED
Feces		Fecal-oral, direct contact, indirect contact
PRECAUTIONS NEEDED		
ACUTE CARE	Contact Plus Precautions	
LONG-TERM CARE	Contact Plus Precautions	
COMMUNITY	Contact Precautions	
PEDIATRICS	Contact Plus Precautions	

#### **DURATION OF PRECAUTIONS**

- Until symptoms have stopped for 48 hours AND return to baseline bowel movements.
- A negative or repeat C. difficile test is not recommended as a test of cure.
- Shedding of C. difficile in stool can persist for several months after infection has resolved and may result in positive test results.

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Variable	Until symptoms resolve

#### COMMENTS

- Soap and water is the preferred method of hand hygiene.
- Environmental cleaning: Use a product that is effective against C. difficile as spores are known to be durable and resistant to routine disinfectant processes.
- Only send specimens on symptomatic individuals. Do not test children < 12 months.</li>



# **Clostridium perfringens** (Food Poisoning)

CLINICAL PRESENTATION			
Gastroenteritis (abdominal pain, severe diarrhea)			
INFECTIOUS	SUBSTANCES	HOW IT IS TRANSMITTED	
Feces, soil, contaminated food		Foodborne No human-to-human transmission	
PRECAUTIONS NEEDED			
ACUTE CARE	Routine Practices		
LONG-TERM CARE	Routine Practices		
COMMUNITY	Routine Practices		
PEDIATRICS			
PEDIATRICS	Routine Practices		
DURATION OF PRECAUTIONS			
Not applicable			
INCUBATION PERIOD		PERIOD OF COMMUNICABILITY	
6 - 24 (usually 8 - 12) hours		Not applicable	
COMMENTS			
REPORTABLE DISEASE			

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# Clostridium perfringens (Gas Gangrene)

Gas gangrene is also known as "clostridial myonecrosis"

#### **CLINICAL PRESENTATION**

Severe pain, edema, tenderness, pallor, discoloration, hemorrhagic bullae, production of gas at wound site, muscle necrosis

Systemic presentation includes shock, renal failure, hypotension, bacteremia with intravascular hemolysis leading to coma and death

INFECTIOUS SUBSTANCES		H	HOW IT IS TRANSMITTED
Soil, contaminated foreign bodies, feces		No human-to-human transmission Contamination of deep open wounds (fractures, bullet wounds) with dirt or foreign material	
	PRECAUTIO	NS NEEDE	:D
ACUTE CARE	<ul><li>Routine Practices</li><li>Minor drainage contained by dressing</li></ul>		<ul> <li>Contact Precautions</li> <li>Major drainage that is not covered or contained by dressing</li> </ul>
LONG-TERM CARE	<ul><li>Routine Practices</li><li>Minor drainage contained by dressing</li></ul>		<ul> <li>Contact Precautions</li> <li>Major drainage that is not covered or contained by dressing</li> </ul>
COMMUNITY	Routine Practices  • Minor drainage contained by dressing		<ul> <li>Contact Precautions</li> <li>Major drainage that is not covered or contained by dressing</li> </ul>
PEDIATRICS	Routine Practices  • Minor drainage contained by dressing		<ul> <li>Contact Precautions</li> <li>Major drainage that is not covered or contained by dressing</li> </ul>

#### **DURATION OF PRECAUTIONS**

Until drainage can be contained and covered

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY	
After injury 6 hours - 4 days	Not applicable	

#### COMMENTS

• Gas gangrene can also be caused by other bacteria such as Streptococcus, Staphylococcus, Clostridium spp.

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# Coccidioidomycosis (Coccidioides spp.)

Commonly known as "Valley Fever"

#### **CLINICAL PRESENTATION**

Usually self-limiting. Pneumonia, pleural effusion, malaise, fever, myalgia, headache. Pleural effusion, empyema. Cutaneous lesions and soft tissue infections, rash. Rare central nervous system involvement.

INFECTIOUS SUBSTANCES		HOW IT IS TRANSMITTED	
Fungal spores from soil and dust Wound drainage (rare)		Inhalation of spores No human-to-human transmission Rare cutaneous infection via direct contact with draining lesions, and organ transplantation	
PRECAUTIO		NS NEEDED	
ACUTE CARE	Routine Practices		
LONG-TERM CARE	Routine Practices		
COMMUNITY	Routine Practices		
PEDIATRICS	Routine Practices		

#### **DURATION OF PRECAUTIONS**

#### Not applicable

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
1 - 3 weeks	Not applicable

### **COMMENTS**

- Transmission can occur when soil or dust is disturbed.
- Use <u>point of care risk assessment</u> when changing or discarding dressings, casts or other materials that may be contaminated with exudate.



# **Colorado Tick Fever (Coltivirus)**

# **CLINICAL PRESENTATION**

Fever, chills, headache, body aches, fatigue Rare cases of encephalitis, meningitis, unexplained bleeding

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Bite from infected tick	Tick borne (vector) No human-to-human transmission

PRECAUTIONS NEEDED			
ACUTE CARE	Routine Practices		
LONG-TERM CARE	Routine Practices		
COMMUNITY	Routine Practices		
PEDIATRICS	Routine Practices		

# **DURATION OF PRECAUTIONS**

#### Not applicable

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
3 - 6 days	Not applicable

# COMMENTS

- All cases of encephalitis are <u>REPORTABLE DISEASE</u>.
- · Provider to report to Medical Health Officer if encephalitis is presumed.

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# Conjunctivitis - Bacterial

Commonly known as "Pink Eye"

#### **CLINICAL PRESENTATION**

Inflammation of the conjunctiva, redness of the sclera, purulent discharge, itching or irritation

INFECTIOUS SUBSTANCES HOW IT IS TRANSMITTED

Eye discharge (mucoid/purulent) Direct contact, indirect contact

#### PRECAUTIONS NEEDED

If a pathogen is identified, follow organism specific instructions in this manual.

ACUTE CARE	Routine Practices	<ul><li>Contact Precautions</li><li>If viral etiology not ruled out</li></ul>
LONG-TERM CARE	Routine Practices	<ul><li>Contact Precautions</li><li>If viral etiology not ruled out</li></ul>
COMMUNITY	Routine Practices	<ul><li>Contact Precautions</li><li>If viral etiology not ruled out</li></ul>
PEDIATRICS		Contact Precautions

#### **DURATION OF PRECAUTIONS**

Until viral etiology ruled out or until symptoms are resolved

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
24 - 72 hours	During active infection

#### COMMENTS

- The most common cause of bacterial conjunctivitis are Staphylococcus aureus, Haemophilus influenzae, Streptococcus pneumoniae, Moraxella catarrhalis.
- If bacterial conjunctivitis is caused by Antibiotic Resistant Organism, then refer to specific organism.
- Bacterial conjunctivitis is less common in children older than 5 years.



# **Conjunctivitis - Viral**

Commonly known as "Pink Eye"

CLINICAL PRESENTATION				
Inflamma	Inflammation of the conjunctiva, redness of the sclera, watery discharge			
INFECTIOUS SUBSTANCES		HOW IT IS TRANSMITTED		
Eye discharge (watery)		Direct contact, indirect contact		
	PRECAUTIO	NS NEEDED		
ACUTE CARE	Contact Precautions			
LONG-TERM CARE	Contact Precautions			
COMMUNITY	Contact Precautions			
PEDIATRICS	<b>Contact Precautions</b>			
DUDATION OF DECAUTIONS				

#### **DURATION OF PRECAUTIONS**

Until symptoms are resolved or a non-viral cause is found

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY	
Variable	Up to 14 days	

# COMMENTS

- The most common causes of viral conjunctivitis are Adenovirus, Enteroviruses, HSV, Rubella, and Rubeola.
- Careful attention to aseptic technique and reprocessing of ophthalmology equipment is required.



# Coronavirus, Human - Common Cold (not SARS/MERS/COVID-19)

Includes: Human coronavirus 22E, HKU1, NL63, and OC43

#### **CLINICAL PRESENTATION**

Usually self-limiting. Respiratory tract infection (fever, viral respiratory symptoms: cough, runny nose, sore throat, pneumonia)

nose, sore throat, pneumonia)			
INFECTIOUS SUBSTANCES		HOW IT IS TRANSMITTED	
Respiratory secretions		Direct contact, indirect contact, droplet	
	PRECAUTIO	NS NEEDE	D
ACUTE CARE	Routine Practices		<ul><li>Droplet &amp; Contact Precautions</li><li>Adults in igh risk units* only</li></ul>
LONG-TERM CARE	Routine Practices		
COMMUNITY	Routine Practices		
PEDIATRICS			Droplet & Contact Precautions

### **DURATION OF PRECAUTIONS**

Until symptoms resolve.

For immunocompromised hosts, isolation precautions need to be maintained for a longer duration due to prolonged viral shedding – **Contact IPAC** for discontinuation of precautions.

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY	
2 - 5 days	Until acute symptoms resolve	

#### COMMENTS

- Minimize exposure to high-risk patients. Refer to <u>Definition of Moderately to Severely Immunocompromised Patients</u>.
- Individuals on Droplet & Contact Precautions may need additional Airborne Precautions if <u>Aerosol Generating Medical Procedures (AGMPs)</u> are used.
- \*High-risk units Solid Organ Transplant (SOT), Bone Marrow Transplant (BMT), Intensive Care Unit (ICU), Neonatal ICU (NICU), Cardiac Surgery ICU (CSICU), Cardiac Care Unit (CCU), Thoracic, Burns Trauma High Acuity (BTHA).

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# Coronavirus, COVID-19 (SARS-CoV-2)

# CLINICAL PRESENTATION

Respiratory tract infection (fever, respiratory-like symptoms: cough, runny nose, sore throat); Pneumonia (shortness of breath, discomfort during breathing)

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Respiratory secretions and exhaled droplets and particles	Direct contact, indirect contact, droplet

PRECAUTIONS NEEDED			
ACUTE CARE	Droplet & Contact Precautions		
LONG-TERM CARE & MENTAL HEALTH	Droplet & Contact Precautions		
COMMUNITY	Droplet & Contact Precautions		
PEDIATRICS	Droplet & Contact Precautions		

#### **DURATION OF PRECAUTIONS**

**Acute Care:** 7 days post symptom onset **AND** symptom improvement for 24 hours **AND** return to baseline oxygenation **AND** resolution of fever without the use of fever-reducing medication For moderately/severely immunocompromised individuals, isolation precautions need to be maintained for 20 days. Contact IPAC for discontinuation of precautions.

**Long-Term Care and Mental Health:** Maintain precautions for 5 days from symptom onset date. Precautions remain in place until improvement of symptoms AND resolution of fever for 24 hours without the use of fever-reducing medication.

Home & Community: Follow Interim Guidance: Public Health Management of COVID-19 in the Community (page 8).

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY	
1 - 14 days (average 5 days)	Variable	

#### COMMENTS

- Individuals on Droplet & Contact Precautions may need additional Airborne Precautions if <u>Aerosol Generating Medical Procedures (AGMPs)</u> are used.
- In **Acute Care**, if a patient in a multibed room tests positive, move to a private room whenever possible and place roommates on Droplet & Contact Precautions for 5 days.
- Refer to BCCDC COVID-19 Resources.

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### Coronavirus, SARS & MERS

Includes: Severe Acute Respiratory Syndrome Coronavirus (SARS CoV) & Middle East Respiratory Syndrome Coronavirus (MERS CoV)

#### **CLINICAL PRESENTATION**

Respiratory tract infection (fever, cold-like symptoms: cough, runny nose, sore throat); pneumonia (shortness of breath, discomfort during breathing), nausea, vomiting & diarrhea

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Respiratory secretions and exhaled droplets and particles	Direct contact, indirect contact, droplet

PRECAUTIONS NEEDED			
ACUTE CARE	Airborne & Contact + Droplet Precautions		
LONG-TERM CARE	Airborne & Contact + Droplet Precautions		
COMMUNITY	Airborne & Contact + Droplet Precautions		
PEDIATRICS	Airborne & Contact + Droplet Precautions		

### **DURATION OF PRECAUTIONS**

As directed by IPAC and the Medical Health Officer on a case-by-case basis. Immunocompromised patients may have prolonged viral shedding.

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY	
2 – 14 days	Not yet determined	

#### COMMENTS

- REPORTABLE DISEASE.
- Acute care provider to call or page the Medical Microbiologist On-Call at presumed stage.
- Call or page IPAC immediately if SARS or MERS is presumed.
- History of travel and/or contact with persons from endemic countries must be considered at triage.
- For more information, see <a href="Emerging Respiratory Viruses"><u>Emerging Respiratory Viruses</u></a>.



# Corynebacterium diphtheriae (Diphtheria)

### **CLINICAL PRESENTATION**

Skin or nasopharyngeal ulcerative lesion (lesions are asymmetrical with grayish white membranes surrounded with swelling and redness)

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED	
Lesion drainage and/or nasopharyngeal secretions	Direct contact, indirect contact, droplet	

PRECAUTIONS NEEDED			
ACUTE CARE	Routine Practices <ul><li>Non-toxigenic strain</li></ul>	<ul><li>Contact Precautions</li><li>Toxigenic cutaneous diphtheria</li></ul>	Droplet & Contact Precautions  Toxigenic pharyngeal diphtheria
LONG-TERM CARE	Routine Practices <ul><li>Non-toxigenic strain</li></ul>	<ul><li>Contact Precautions</li><li>Toxigenic cutaneous diphtheria</li></ul>	Droplet & Contact Precautions  Toxigenic pharyngeal diphtheria
COMMUNITY	Routine Practices <ul><li>Non-toxigenic strain</li></ul>	<ul><li>Contact Precautions</li><li>Toxigenic cutaneous diphtheria</li></ul>	Droplet & Contact Precautions  Toxigenic pharyngeal diphtheria
PEDIATRICS	Routine Practices <ul><li>Non-toxigenic strain</li></ul>	<ul><li>Contact Precautions</li><li>Toxigenic cutaneous diphtheria</li></ul>	Droplet & Contact Precautions  Toxigenic pharyngeal diphtheria

#### **DURATION OF PRECAUTIONS**

Until after antimicrobial therapy is complete AND until two cultures from skin lesions and/or both nose and throat cultures, collected at least 24 hours apart, are negative

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
2 - 5 days	If untreated, 2 weeks to several months. If treated with appropriate antibiotics, 48 hours.

#### COMMENTS

- REPORTABLE DISEASE.
- Provider to report all cases of respiratory diphtheria to Medical Health Officer.
- If cultures are not available, maintain precautions until 2 weeks after completion of treatment.
- Cutaneous Corynebacterium diphtheriae isolates are not routinely sent for toxin testing. Toxin testing by clinical request based on the clinical context (e.g., travel to endemic area and/or wound presentation).
- Toxigenic strains produce diphtheria toxin. Not all Corynebacterium diphtheriae strains produce
- Close contacts require antimicrobial prophylaxis. Refer to diphtheria antitoxin.

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# Creutzfeldt-Jakob Disease, Classic (CJD) and Variant (vCJD)

### **CLINICAL PRESENTATION**

CJD: Subclinical onset of myoclonus, chronic encephalopathy, rapidly progressive dementia **vCJD:** Prominent psychiatric/behavioral symptoms; painful dysesthesias; delayed neurologic signs

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Tissues of infected animals and humans, contaminated neurosurgical instruments <b>High-risk tissue:</b> brain including dura mater, spinal cord, CSF, posterior eyes, pituitary gland.  Tonsils (vCJD)	CJD: exposure to contaminated neurosurgical instruments, infected brain or nervous system tissue during medical procedures vCJD: consuming infected livestock No human-to-human transmission

	PRECAUTIONS NEEDED
ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Routine Practices

#### **DURATION OF PRECAUTIONS**

#### Not applicable

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY	
Months to years	Variable	

### COMMENTS

- REPORTABLE DISEASE.
- Providers to call or page Medical Microbiologist on call at presumptive stage.
- Guidelines for CJD precautions on a patient and/or tissue at risk for CJD include: neurosurgical procedures, decontamination, sterile processing, specimen collection/ handling and autopsy procedures – see VCH IPAC Guidelines for Management of CJD and other Prion Diseases
- For lumbar puncture at the bedside of a patient with presumed CJD see **IPAC** Recommendations for Creutzfeldt Jakob Disease (CJD) Lumbar Puncture (LP)

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# Crimean-Congo Hemorrhagic Fever, Viral Hemorrhagic Fever (VHF)

(Arbovirus - Orthobunyavirus)

#### **CLINICAL PRESENTATION**

Headache, fever, back pain, joint pain, stomach pain, vomiting, red eyes, throat, petechiae, jaundice.

Hypotensive crisis can follow frank hemorrhage from gastrointestinal tract, nose, mouth, or uterus

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED	
Blood and body fluids shed from sick domestic animals and/or humans, tick bite	Direct contact, indirect contact, tickborne	

PRECAUTIONS NEEDED	
ACUTE CARE	Airborne & Contact + Droplet Precautions
LONG-TERM CARE	Airborne & Contact + Droplet Precautions
COMMUNITY	Airborne & Contact + Droplet Precautions
PEDIATRICS	Airborne & Contact + Droplet Precautions

### **DURATION OF PRECAUTIONS**

Consult IPAC prior to stopping precautions

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
<ul><li>1 - 9 days following exposure via tick bite</li><li>5 - 13 days following contact with infected blood or tissue</li></ul>	From symptom onset until all symptoms resolve

#### COMMENTS

- REPORTABLE DISEASE
- Acute care provider to call or page the Medical Microbiologist On-Call at presumed stage.
- History of travel and/or contact with persons and non-human primates from endemic countries must be considered at triage.
- **Call or page IPAC immediately** if Viral Hemorrhagic Fever is presumed.
- Maintain a log of all people entering the patient's room.
- High threat pathogens require special PPE considerations, see VCH Response Procedures for Viral Hemorrhagic Fever and Other Unusual Communicable Diseases for more information.
- For general information visit the <u>BC MOH Ebola webpage</u>.

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# Croup, not yet diagnosed (NYD)

Various organisms. Commonly associated with human parainfluenza viruses type 1 and 2

#### **CLINICAL PRESENTATION**

Respiratory symptoms, loud barking cough, raspy hoarse voice, wheezing or grunting while breathing

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Respiratory secretions	Direct contact, indirect contact, droplet

#### PRECAUTIONS NEEDED

If a pathogen is identified, follow organism specific instructions in this manual.

ACUTE CARE	Droplet & Contact Precautions
LONG-TERM CARE	Droplet & Contact Precautions
COMMUNITY	Droplet & Contact Precautions
PEDIATRICS	Droplet & Contact Precautions

#### **DURATION OF PRECAUTIONS**

Variable – see specific organism

For viral infections – until symptoms resolve or return to baseline

For immunocompromised patients, isolation precautions may need to be maintained for longer duration due to prolonged shedding - Consult IPAC prior to discontinuation

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Variable	Dependent on type of virus or bacteria

#### COMMENTS

- Individuals on Droplet & Contact Precautions may need additional Airborne Precautions if Aerosol Generating Medical Procedures (AGMPs) are used.
- Minimize exposure of immunocompromised patients, children with chronic cardiac or lung disease, and neonates.
- Consult IPAC for patient co-horting, see <u>VCH Bed Placement VRI Algorithm</u>.

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# Cryptococcosis (Cryptococcus neoformans, C. gattii)

# **CLINICAL PRESENTATION**

Often asymptomatic. Meningitis (usually in immunocompromised individuals), pulmonary cryptococcosis (acute respiratory distress syndrome), disseminated cryptococcosis

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Soil, decaying wood, bird droppings	Inhalation of the fungal spores or possibly through infected transplanted organs. No human-to-human transmission

#### **PRECAUTIONS NEEDED**

ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Routine Practices

#### **DURATION OF PRECAUTIONS**

### Not applicable

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
C. neoformans is unknown but likely variable C. gattii is 8 weeks to 13 months	Not applicable

### **COMMENTS**

• REPORTABLE DISEASE

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# **Cryptosporidiosis** (*Cryptosporidium parvum*)

CLINICAL PRESENTATION		
Diarrhea, abdominal cramps, vomiting, fatigue, fever, weight loss, nausea and headache		
INFECTIOUS	SUBSTANCES	HOW IT IS TRANSMITTED
Feces (fe	ecal oocysts)	Fecal-oral, direct contact, indirect contact
	PRECAUTIO	NS NEEDED
ACUTE CARE	Routine Practices	Contact Precautions For adults if: Incontinent Stool not contained Poor hygiene Contaminating their environment
LONG-TERM CARE	Routine Practices	Contact Precautions For adults if: Incontinent Stool not contained Poor hygiene Contaminating their environment
COMMUNITY	Routine Practices	Contact Precautions For adults if: Incontinent Stool not contained Poor hygiene Contaminating their environment
PEDIATRICS		Contact Precautions

# **DURATION OF PRECAUTIONS**

Until symptoms have stopped for 48 hours AND return to baseline bowel movements, OR (for adults) until they are continent and have good hygiene.

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
2 - 10 days	From onset of symptoms until several weeks after symptoms are resolved
COMMENTS	
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REPORTABLE DISEASE

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# Cyclosporiasis (Cyclospora spp.)

# **CLINICAL PRESENTATION**

Vomiting, diarrhea, weight loss, abdominal cramps, nausea, fever, prolonged fatigue or may be asymptomatic

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Contaminated water, fruits and vegetables. Imported fresh produce (e.g., fresh raspberries, basil, cilantro, lettuce) from Central America	Fecal-oral, ingestion of contaminated food or water No human-to-human transmission

PRECAUTIONS NEEDED		
ACUTE CARE	Routine Practices	Contact Precautions For adults if: Incontinent Stool not contained Poor hygiene Contaminating their environment
LONG-TERM CARE	Routine Practices	Contact Precautions For adults if: Incontinent Stool not contained Poor hygiene Contaminating their environment
COMMUNITY	Routine Practices	Contact Precautions For adults if: Incontinent Stool not contained Poor hygiene Contaminating their environment
PEDIATRICS		Contact Precautions

# **DURATION OF PRECAUTIONS**

Until symptoms have stopped for 48 hours AND return to baseline bowel movements, OR (for adults) until they are continent and have good hygiene

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
2 - 14 days	Not applicable
COMMENTS	

REPORTABLE DISEASE

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# **Cystic Fibrosis (CF)**

### **CLINICAL PRESENTATION**

Clinical presentation may vary

Typical symptoms include persistent pulmonary infection, pancreatic insufficiency, and elevated sweat chloride levels

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED	
CF is genetic not infectious. CF patients are at high risk for infection and colonization with antibiotic resistant organisms (AROs)	CF patients can transmit organisms to other CF patients Direct contact, indirect contact, droplet	

PRECAUTIONS NEEDED			
ACUTE CARE		Contact Precautions	Droplet & Contact Precautions  • All respiratory infections (e.g. adenovirus, rhinovirus, stenotrophomonas, pseudomonas, etc.)
LONG-TERM CARE	Routine Practices		Droplet & Contact Precautions  • All respiratory infections (e.g. adenovirus, rhinovirus, stenotrophomonas, pseudomonas, etc.)
COMMUNITY	Routine Practices  • Home care	<ul><li>Contact Precautions</li><li>Ambulatory/outpatient care clinics</li></ul>	Droplet & Contact Precautions  • All respiratory infections (e.g. adenovirus, rhinovirus, stenotrophomonas, pseudomonas, etc.)
PEDIATRICS	Routine Practices  • Home care	<ul><li>Contact Precautions</li><li>Acute care</li><li>Ambulatory/outpatient care clinics</li></ul>	Droplet & Contact Precautions  • All respiratory infections (e.g. adenovirus, rhinovirus, stenotrophomonas, pseudomonas, etc.)

### **DURATION OF PRECAUTIONS**

#### As directed by Infection Prevention and Control

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Not applicable	Not applicable

### COMMENTS

- Segregate newly diagnosed CF patients from other CF patients in all settings until IPAC education has been provided.
- CF patients should wear a mask when not inside their clinic or hospital room.
- CF patient require special infection control measures. Contact IPAC for more information.

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# Cytomegalovirus (CMV)

(Human Herpesvirus 5)

# CLINICAL PRESENTATION

Usually asymptomatic; congenital infection, retinitis, mononucleosis, pneumonia, disseminated infection in immunocompromised person

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Saliva, genital secretions, urine, breastmilk, transplanted organs	Sexual contact, direct contact, vertical (pregnant individual to fetus in utero, newborn at birth, or infant during breastfeeding), transfusion, transplantation

#### PRECAUTIONS NEEDED

ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Routine Practices

### **DURATION OF PRECAUTIONS**

#### Not applicable

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Variable, weeks to months	Variable, linked to immunosuppressed status

#### COMMENTS

- REPORTABLE DISEASE. All cases of congenital or neonatal infection.
- Can be an uncommon cause of infectious mononucleosis.
- Requires intimate personal contact for transmission.
- No additional precautions necessary for pregnant healthcare workers.

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# Dengue Fever (Orthoflavivirus)

# **CLINICAL PRESENTATION**

Fever, joint pain, macular or maculopapular rash

Disease may progress to hemorrhagic fever or dengue shock syndrome (DSS) in extreme cases

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Bite from an infected mosquito	Mosquito borne (vector) Rare vertical transmission or needlestick injury No human-to-human transmission

#### **PRECAUTIONS NEEDED**

ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Routine Practices

### **DURATION OF PRECAUTIONS**

#### Not applicable

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
3 - 14 days	Not applicable

#### COMMENTS

REPORTABLE DISEASE

<u>ABCDEFGHIJKLMNOPQRSTUVWXYZ</u>

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# Diarrhea, not yet diagnosed (NYD)

CLINICAL PRESENTATION			
	Diarrhea		
INFECTIOUS	INFECTIOUS SUBSTANCES HOW IT IS TRANSMITTED		
F	eces	Fecal-oral, direct contact, indirect contact	
PRECAUTIONS NEEDED			
If pathogen is identified, follow organism specific instructions in this manual.			
ACUTE CARE	<ul> <li>Contact Plus Precautions</li> <li>Diarrhea and/or vomiting NYD and gastroenteritis is presumed</li> </ul>		
LONG-TERM CARE	<ul> <li>Contact Plus Precautions</li> <li>Diarrhea and/or vomiting NYD and gastroenteritis is presumed</li> </ul>		
COMMUNITY	<ul> <li>Contact Precautions</li> <li>Diarrhea and/or vomiting NYD and gastroenteritis is presumed</li> </ul>		
PEDIATRICS	<ul> <li>Contact Plus Precaution</li> <li>Diarrhea and/or vomiting N°</li> </ul>	<b>ns</b> YD and gastroenteritis is presumed	

### **DURATION OF PRECAUTIONS**

Refer to specific organism if identified

If organism is unknown, until symptoms resolved for 48 hours AND return to baseline bowel movements or until infectious cause is ruled out

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Not applicable	Not applicable

### COMMENTS

- Soap and water is the preferred method of hand hygiene
- Refer to Gastrointestinal Infection (GI) Acute Care Patient Placement Algorithm
- Refer to Outbreak Resources

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# Eastern Equine (EEE) and Western Equine (WEE) Encephalitis (Alphavirus)

CLINICAL PRESENTATION		
Fever, ence	Fever, encephalomyelitis (headache, chills, vomiting, disorientation, seizures)	
INFECTIOUS	INFECTIOUS SUBSTANCES HOW IT IS TRANSMITTED	
Bite from an infected mosquito		Mosquito borne (vector) No human-to-human transmission
	PRECAUTIO	NS NEEDED
ACUTE CARE	Routine Practices	
LONG-TERM CARE	Routine Practices	
COMMUNITY	Routine Practices	
PEDIATRICS	Routine Practices	

# **DURATION OF PRECAUTIONS**

Not applicable

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
4 - 10 days	Not applicable

# COMMENTS

- All cases of encephalitis are REPORTABLE DISEASE.
- Provider to report to Medical Health Officer if encephalitis is presumed.



# Ebola Viral Disease (EVD) - Viral Hemorrhagic Fever (VHF)

(Ebolavirus)

#### **CLINICAL PRESENTATION**

Fever, severe headache, fatigue, myalgia, pharyngitis, nausea, vomiting, diarrhea, unexplained bruising or bleeding

Hemorrhagic fever in late clinical presentation

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Blood, body fluids and respiratory secretions	Direct contact, indirect contact, droplet

PRECAUTIONS NEEDED		
ACUTE CARE	Airborne & Contact + Droplet Precautions	
LONG-TERM CARE	Airborne & Contact + Droplet Precautions	
COMMUNITY	Airborne & Contact + Droplet Precautions	
PEDIATRICS	Airborne & Contact + Droplet Precautions	

#### **DURATION OF PRECAUTIONS**

Until symptoms resolved, two negative PCR tests at least 24 hours apart and as directed by **IPAC** 

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
2 - 21 days	Until all symptoms resolve and no virus circulating in the blood and body fluids

#### COMMENTS

- REPORTABLE DISEASE
- Acute care provider to call or page the Medical Microbiologist On-Call at presumed stage.
- History of travel and/or contact with persons and non-human primates from endemic countries must be considered at triage.
- Call or page IPAC immediately if Ebola Viral Disease is presumed.
- · Maintain a log of all people entering the patient's room.
- High threat pathogens require special PPE considerations, see <u>VCH Response Procedures</u> for Viral Hemorrhagic Fever and Other Unusual Communicable Diseases for more information.
- For general information visit the <u>BC MOH Ebola webpage</u>.

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# **Echinococcosis**

Cystic echinococcosis or Hydatidosis (*Echinococcus granulosus*) Alveolar echinococcosis (*Echinococcus multilocularis*)

#### **CLINICAL PRESENTATION**

**Cystic echinococcosis:** asymptomatic, abdominal pain, nausea, vomiting, chronic cough, chest pain shortness of breath. If cysts rupture: fever, uticaria, eosinophilia, anaphylactic shock **Alveolar echinococcosis:** asymptomatic, weight loss, abdominal pain, general malaise and signs of hepatic failure

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Contaminated food, water or soil and infected animals, such as dogs	Fecal-oral Animal to human (direct contact with infected aniimals) No human to human transmission

#### PRECAUTIONS NEEDED

ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Routine Practices

### **DURATION OF PRECAUTIONS**

### Not applicable

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Less than 5 and up to 15 years	Not applicable

#### COMMENTS

 Asymptomatic incubation period can last for years until cysts become large enough to cause clinical symptoms.



### **Encephalitis, not yet diagnosed (NYD)**

Most commonly caused by viruses. Uncommonly caused by bacteria or fungi.

CLINICAL PRESENTATION					
Acute c	Acute onset of headache, photophobia, stiff neck, vomiting, fever, and/or rash				
INFECT	IOUS SUBSTAN	ICES	HOW IT IS TRANSMITTED		
Respirato	ry secretions and	d feces	Variable		
		PRECAUTION	NS NEEDED		
If a pathogen is identified, follow organism specific instructions in this manual.					
ACUTE CARE	Routine Practices Precautions  • Encephalitis NYD* • Viral* • Bacterial* • Fungal  Proplet Precautions  • Neisseria meningitidis • Mumps • Mycoplasma pneumoniae  Airborne Precautions • Mycobacterium tuberculosis ** • Measles • Varicella zoster		Precautions • Mycobacterium tuberculosis ** • Measles		
LONG-TERM CARE					
COMMUNITY	Same as Acute Care				
Routine Practices  • Herpes simplex***  Bacterial*  • Fungal  Precautions  • Mycoplasma pneumoniae  Proplet & Contact Precautions  • H. influenzae  • Neisseria meningitidis  • Mumps  • Mycoplasma pneumoniae  Proplet & Contact Precautions  • Mycobacterium tuberculosis **  • Measles  • Varicella zoster					
DURATION OF PRECAUTIONS					

Variable. See specific organism. Consult IPAC prior to discontinuing precautions.

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY	
Variable	Variable	

### COMMENTS

- REPORTABLE DISEASE.
- Providers to report all cases of encephalitis to Medical Health Officer.
- Notify IPAC of all cases of encephalitis.
- \* Use these precautions if organism is not otherwise specified.
- \*\* Maintain airborne precautions until pulmonary TB disease is ruled out.
- \*\*\*If limited to central nervous system only, no other lesions.

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### Endometritis, not yet diagnosed (NYD), Puerperal Sepsis

Group A Streptococcus (GAS), Staphylococcus aureus, Clostridium sordellii, Clostridium perfringens

### **CLINICAL PRESENTATION**

Endometritis: abdominal distension or swelling, lower abdominal pain, fever, abnormal vaginal bleeding or discharge

Puerperal sepsis: high fever, chills, nausea/vomiting, myalgia, atypical signs include dyspnea, rash, pharyngitis, headache, confusion, combativeness

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Infected or colonized body fluids	Contact, indirect contact

#### PRECAUTIONS NEEDED

If a pathogen is identified, follow organism specific instructions in this manual.

, 3	, ,	
ACUTE CARE	Routine Practices	<ul><li>Droplet &amp; Contact Precautions</li><li>If presumed to be invasive GAS</li></ul>
LONG-TERM CARE	Routine Practices	<ul><li>Droplet &amp; Contact Precautions</li><li>If presumed to be invasive GAS</li></ul>
COMMUNITY	Routine Practices	<ul><li>Droplet &amp; Contact Precautions</li><li>If presumed to be invasive GAS</li></ul>
PEDIATRICS	Routine Practices	<ul><li>Droplet &amp; Contact Precautions</li><li>If presumed to be invasive GAS</li></ul>

### **DURATION OF PRECAUTIONS**

Variable – see specific organism

For Group A Streptococcus – until 24 hours of effective antimicrobial therapy completed

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Variable	Variable – see specific organism For GAS – until 24 hours of effective antimicrobial therapy completed

### COMMENTS

- Endometritis caused by GAS or Clostridioides spp. is often severe and can quickly develop into Toxic Shock Syndrome and necrotizing fasciitis, see invasive GAS page in this manual.
- Supporting resource: BCCDC Definition of puerperal infection

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### Enterobiasis - Pinworm (Enterobius vermicularis)

### **CLINICAL PRESENTATION**

Nocturnal itchiness to perianal skin (most common), urethritis, vaginitis, pelvic peritonitis, sleeplessness, irritability

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Larvae on perianal skin, contaminated surfaces such as bedding, clothing, toys	Fecal-oral, direct contact, indirect contact

#### PRECAUTIONS NEEDED

ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Routine Practices

### **DURATION OF PRECAUTIONS**

### Not applicable

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
1-2 months or longer from the time eggs are ingested	Until effective treatment and host colonization no longer occurs

### COMMENTS

- Secondary bacterial skin infection can occur related to perianal itchiness and irritation.
- Autoinfection is possible.
- Recommend treatment of household contacts/caregivers of the index case be given at the same time.
- Control measures: contaminated bed linens and underclothing should not be shaken (to avoid eggs being dispersed into the air) and should be laundered promptly.

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### **Enteroviral Infections Non-Polio (Echovirus, Coxsackievirus)**

### **CLINICAL PRESENTATION**

Respiratory: Fever, cough, runny nose, sore throat, croup, bronchiolitis, pneumonia, pharyngitis, herpangina; Skin: Rashes, Hand, Foot, Mouth Disease; Neurologic: Aseptic meningitis, encephalitis; Gastrointestinal: Vomiting, diarrhea, abdominal pain; Eye: Acute hemorrhagic conjunctivitis; **Heart:** Myopericarditis; **Muscle:** Pleurodynia

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Respiratory secretions, fecal and infective secretions or blister fluid	Direct contact, indirect contact, droplet

#### PRECAUTIONS NEEDED

If a pathogen is identified, follow organism specific instructions in this manual.

ACUTE CARE	Routine Practices	Contact Precautions Conjunctivitis	<ul> <li>Droplet and Contact</li> <li>Precautions</li> <li>Adults with respiratory infection in high risk units* only</li> </ul>
LONG-TERM CARE	Routine Practices	Contact Precautions Conjunctivitis	
COMMUNITY	Routine Practices	Contact Precautions Conjunctivitis	
PEDIATRICS	Routine Practices	Contact Precautions	Droplet and Contact Precautions Respiratory infection NICU settings

### **DURATION OF PRECAUTIONS**

Until symptoms are resolved.

Respiratory infection: For immunocompromised hosts and NICU settings, isolation precautions need to be maintained for a longer duration due to prolonged viral shedding – Contact IPAC for discontinuation of precautions.

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY	
Enterovirus infection: 3-6 days	Until symptoms resolve	
Acute hemorrhagic conjunctivitis: 24-72 hours		

#### **COMMENTS**

- Minimize exposure to high-risk patients. Refer to <u>Definition of Moderately to Severely Immunocompromised Patients</u>
- Individuals on Droplet & Contact Precautions may need additional Airborne Precautions if Aerosol Generating Medical Procedures (AGMPs) are used.
- \*High-risk units Solid Organ Transplant (SOT), Bone Marrow Transplant (BMT), Intensive Care Unit (ICU), Neonatal ICU (NICU), Cardiac Surgery ICU (CSICU), Cardiac Care Unit (CCU), Thoracic, Burns Trauma High Acuity (BTHA).

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### **Epiglottitis**

(Haemophilus influenzae, Group A Streptococcus, Staphylococcus aureus, Streptococcus pneumoniae)

### **CLINICAL PRESENTATION**

Abrupt onset of edema and inflammation of the epiglottitis, stridor, dyspnea, hoarseness, fever, sore throat, drooling

_		
INFECTIOUS SUBSTANCES		HOW IT IS TRANSMITTED
Respiratory secretions		Direct contact, indirect contact
PRECAUTIONS NEEDED		
If a pathogen is identified, follow organism specific instructions in this manual.		
ACUTE CARE	Routine Practices	
LONG-TERM CARE	Routine Practices	
COMMUNITY	Routine Practices	
PEDIATRICS	Routine Practices	<ul><li>Droplet Precautions</li><li>If presumed with H. influenzae</li></ul>

### **DURATION OF PRECAUTIONS**

Until H. influenza is ruled out

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY	
Variable	Variable	

### COMMENTS

· If patient is presumed with Haemophilus influenzae, see disease specific page in this manual.

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# **Epstein-Barr Virus - Infectious Mononucleosis**

(Human Herpes Virus 4)

CLINICAL PRESENTATION			
Fever, sore throat, lymphadenopathy, splenomegaly, rash			
INFECTIOUS	INFECTIOUS SUBSTANCES HOW IT IS TRANSMITTED		
Saliva, breastmilk, blo	Saliva, breastmilk, blood Direct contact, indirect contact, droplet		
	PRECAUTIO	NS NEEDED	
ACUTE CARE	Routine Practices		
LONG-TERM CARE	Routine Practices		
COMMUNITY	Routine Practices		
PEDIATRICS	Routine Practices		
	DURATION OF	PRECAUTIONS	
	Not app	plicable	
INCUBATION PERIOD		PERIOD OF COMMUNICABILITY	
30 - 50 days		Prolonged; pharyngeal excretion may be intermittent or persistent for years	
COMMENTS			

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# **Erysipelas**

Commonly caused by Group A Streptococcus

### **CLINICAL PRESENTATION**

Shiny, red, raised, indurated lesions with distinct margins. Lesions seen on legs (common) or face (uncommon). Pain, fever, malaise, chills				
INFECTIOUS SUBSTANCES		H	HOW IT IS TRANSMITTED	
Wound	d drainage	Di	Direct contact, indirect contact	
	PRECAUTIO	NS NEEDE	<b>ED</b>	
ACUTE CARE	<ul> <li>Routine Practices</li> <li>Minor drainage that can be covered and contained by dressing</li> </ul>		<ul> <li>Contact Precautions</li> <li>Major drainage that is not contained by a dressing</li> </ul>	
LONG-TERM CARE	<ul> <li>Routine Practices</li> <li>Minor drainage that can be covered and contained by dressing</li> </ul>		<ul><li>Contact Precautions</li><li>Major drainage that is not contained by a dressing</li></ul>	
COMMUNITY	<ul> <li>Routine Practices</li> <li>Minor drainage that can be covered and contained by dressing</li> </ul>		<ul> <li>Contact Precautions</li> <li>Major drainage that is not contained by a dressing</li> </ul>	
PEDIATRICS	<ul><li>Routine Practices</li><li>Minor drainage that can be covered and contained by dressing</li></ul>		<ul><li>Contact Precautions</li><li>Major drainage that is not contained by a dressing</li></ul>	

### **DURATION OF PRECAUTIONS**

Until drainage resolves or covered/contained

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Not applicable	Not applicable

### COMMENTS

• Pediatrics: A clear clinical distinction between erysipelas and cellulitis is often difficult to determine. For patients <5 years old presumed with Haemophilus influenza and presenting with orbital cellulitis, implement **Droplet Precautions** & see <u>cellulitis</u> page in this manual.

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# **ESBL** (Extended Spectrum Beta Lactamase producers)

E. coli, Klebsiella spp., Enterobacter spp., Others

L. con, racosiena spp.	, Enterobacter spp., Others		
CLINICAL PRESENTATION			
	Colonization or infec	tion of any	body site
INFECTIOUS SUBSTANCES HOW IT IS TRAIN			HOW IT IS TRANSMITTED
Secretions or excretions depending on the location of colonized/infected body site		Direct contact, indirect contact	
	PRECAUTIO	NS NEEDE	ED .
ACUTE CARE	Routine Practices		
LONG-TERM CARE	Routine Practices		
COMMUNITY	Routine Practices		
PEDIATRICS	Routine Practices <ul><li>Colonization</li></ul>		<ul><li>Contact Precautions</li><li>Infection</li></ul>
DURATION OF PRECAUTIONS			
As directed by Infection Prevention and Control			
INCUBATION PERIOD		PERIOD OF COMMUNICABILITY	
Variable			Variable
COMMENTS			

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# Escherichia coli O157: H7, Shiga-like toxin-producing E.coli (STEC)

### **CLINICAL PRESENTATION**

Diarrhea, hemorrhagic colitis, haemolytic-uremic syndrome (HUS), thrombotic thrombocytopenic purpura

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Feces, contaminated foods or water (undercooked ground beef, raw leafy vegetables, unpasteurized milk and juice, and recreational water)	Fecal-Oral, foodborne, direct contact, indirect contact

#### PRECAUTIONS NEEDED

ACUTE CARE	Routine Practices	For Adults if: Incontinent Stool not contained Poor hygiene Contaminating their environment
LONG-TERM CARE	Routine Practices	Contact Precautions
		For Adults if:
		Incontinent
		Stool not contained
		Poor hygiene
		Contaminating their environment
COMMUNITY	Routine Practices	Contact Precautions
		For Adults if:
		Incontinent
		Stool not contained
		Poor hygiene
		Contaminating their environment
PEDIATRICS		Contact Precautions

### **DURATION OF PRECAUTIONS**

Until symptoms have stopped for 48 hours AND return to baseline bowel movements, OR (for adults) until they are continent and have good hygiene.

If hemolytic-uremic syndrome (HUS): Until two successive negative stool samples (obtained at least 48 hours after any antimicrobial therapy has been discontinued) for E.coli O157: H7 or 10 days after onset of diarrhea and symptoms have resolved.

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Most <i>E.coli</i> strains is 10 hours to 6 days For E.coli O157: H7, it's 3 to 4 days (range 1 to 8 days)	Until symptoms resolve

### COMMENTS

REPORTABLE DISEASE

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# Fever of unknown origin, Fever without focus

(Bacterial, viral, fungal)

CLINICAL PRESENTATION			
Acute fever without clear focus of infection			
INFECTIOUS	INFECTIOUS SUBSTANCES HOW IT IS TRANSMITTED		
Unl	Unknown Direct contact, indirect contact, droplet		
	PRECAUTIO	NS NEEDED	
If a pathoger	n is identified, follow organi	sm specific instructions in this manual.	
ACUTE CARE	Routine Practices		
LONG-TERM CARE	Routine Practices		
COMMUNITY	Routine Practices		
PEDIATRICS	Droplet and Contact Pre	ecautions	
PEDIATRICS		PRECAUTIONS	
	DURATION OF		
Unti	DURATION OF	PRECAUTIONS	
Unti	DURATION OF	PRECAUTIONS til infectious cause is ruled out	
Unti	DURATION OF il symptoms resolve OR un	PRECAUTIONS  Itil infectious cause is ruled out  PERIOD OF COMMUNICABILITY	

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# **Food Poisoning**

Bacillus cereus, Clostridium perfringens, Staphylococcus aureus, Salmonella spp., Vibrio paraheaemolyticus, Escherichia coli 0157: H7, Listeria monocytogenes, Toxoplasma gondii

**CLINICAL PRESENTATION** 

Nausea, vomiting, diarrhea, abdominal cramps/pain			
INFECTIOUS SUBSTANCES		HOW IT IS TRANSMITTED	
F	eces	Foodborne, direct contact, indirect contact	
PRECAUTIONS NEEDED			
If a pathoger	n is identified, follow organi	sm specific instructions in this manual.	
ACUTE CARE	Routine Practices	Contact Precautions Add Droplet if vomiting For Adults if: Incontinent Stool not contained Poor hygiene Contaminating their environment	
LONG-TERM CARE	Routine Practices	Contact Precautions Add Droplet if vomiting For Adults if: Incontinent Stool not contained Poor hygiene Contaminating their environment	
COMMUNITY	Routine Practices	Contact Precautions Add Droplet if vomiting For Adults if: Incontinent Stool not contained Poor hygiene Contaminating their environment	
PEDIATRICS		Contact Precautions  • Add Droplet if vomiting	
DURATION OF PRECAUTIONS			

Until symptoms have stopped for 48 hours AND return to baseline bowel movements, OR (for adults) until they are continent and have good hygiene.

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY	
Not applicable	Not applicable	
COMMENTS		

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# **Group A Streptococcus (GAS) - Skin Infection**

Streptococcus pyogenes

Streptococcus pyogenes				
CLINICAL PRESENTATION				
Wound or burn infection, skin infection, impetigo, cellulitis, abscess				
INFECTIOUS	SUBSTANCES	ı	HOW IT IS TRANSMITTED	
Infected	l body fluids	D	irect contact, indirect contact	
	PRECAUTIO	NS NEEDE	:D	
ACUTE CARE	<ul> <li>Routine Practices</li> <li>Minor drainage that can be covered and contained by dressing</li> </ul>		<ul> <li>Contact Precautions</li> <li>Major drainage that cannot be covered and contained by a dressing</li> </ul>	
LONG-TERM CARE	<ul><li>Routine Practices</li><li>Minor drainage that can be covered and contained by dressing</li></ul>		<ul> <li>Contact Precautions</li> <li>Major drainage that cannot be covered and contained by a dressing</li> </ul>	
COMMUNITY	<ul><li>Routine Practices</li><li>Minor drainage that can be covered and contained by dressing</li></ul>		<ul> <li>Contact Precautions</li> <li>Major drainage that cannot be covered and contained by a dressing</li> </ul>	
PEDIATRICS			<ul> <li>Contact Precautions</li> <li>Major drainage that cannot be covered and contained by a dressing</li> </ul>	
	DURATION OF	PRECAUT	IONS	
Until 24 hours after effective antimicrobial therapy or until drainage is contained				
INCUBATION PERIOD		PERIOD OF COMMUNICABILITY		
1 - 3 days		Until 24 hours of effective antimicrobial therapy completed		
COMMENTS				

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### Group A Streptococcus - Invasive (iGAS)

Streptococcus pyogenes

#### **CLINICAL PRESENTATION**

Evidence of severe disease may include several conditions and clinical presentations such as: Streptococcal toxic shock syndrome (STSS) • Soft tissue necrosis (i.e., necrotizing fasciitis, myositis or gangrene) • Bacteria entering sterile cavity (blood, cerebrospinal fluid, pleural fluid, pericardial fluid, peritoneal fluid, deep tissue) • Meningitis • Pneumonia Epiglottitis
 Septic Arthritis
 Death

INFECTIOUS SUBSTANCES		HOW IT IS TRANSMITTED
Respiratory secretions and wound drainage, cerebrospinal fluid		Direct contact, indirect contact, droplet
PRECAUTIONS NEEDED		
ACUTE CARE	ACUTE CARE Droplet & Contact Precuations	
LONG-TERM CARE	Droplet & Contact Precu	uations

### **DURATION OF PRECAUTIONS**

Until 24 hours of effective antimicrobial therapy completed

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Typically 1 - 3 days	10 - 21 days in untreated, uncomplicated cases

### COMMENTS

COMMUNITY

**PEDIATRICS** 

- REPORTABLE DISEASE
- To determine if a case is invasive, see **BCCDC** Definition for iGAS Case.

**Droplet & Contact Precuations** 

**Droplet & Contact Precuations** 

**Acute inpatient:** Patients who share a room with a patient who has iGAS are not usually considered as exposed and do not require prophylaxis. Notify IPAC If a potential exposure has occurred (rare). See PHAC Definition of iGAS Exposures.

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### Group A Streptococcus (GAS) - Scarlet Fever, Pharyngitis

Streptococcus pyogenes

### **CLINICAL PRESENTATION**

**Scarlet Fever** - erythematous sandpaper-like rash to trunk extending to upper extremities, flushed cheeks, "strawberry tongue"

**Pharyngitis** - sore throat, fever, pain with swallowing, swollen lymph nodes in the neck, erythematous pharynx and tonsils, swollen tonsils, commonly associated with Scarlet Fever

INFECTIOUS SUBSTANCES		HOW IT IS TRANSMITTED
Respiratory secretions		Direct contact, indirect contact, large droplets
PRECAUTIONS NEEDED		NS NEEDED
ACUTE CARE	Routine Practices	
LONG-TERM CARE	Routine Practices	
COMMUNITY	Routine Practices	
PEDIATRICS	Droplet & Contact Preca	autions

#### **DURATION OF PRECAUTIONS**

Until 24 hours of effective antimicrobial therapy completed

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
2 - 5 days	Until 24 hours of effective antimicrobial therapy completed 10 - 21 days if not treated

### **COMMENTS**

• For pharyngitis not yet diagnosed, see pharyngitis

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# Gastroenteritis, not yet diagnosed (NYD)

CLINICAL PRESENTATION		
Diarrhea and/or vomiting		
INFECTIOUS SUBSTANCES		HOW IT IS TRANSMITTED
Feces, emesis		Direct contact, indirect contact
PRECAUTIONS NEEDED		
If a pathogen is identified, follow organism specific instructions in this manual.		
ACUTE CARE	Contact Plus Precautions <ul><li>Gastroenteritis NYD</li><li>Add Droplet if vomiting</li></ul>	
LONG-TERM CARE	<ul><li>Contact Plus Precaution</li><li>Gastroenteritis NYD</li><li>Add Droplet if vomiting</li></ul>	าร
COMMUNITY	<ul><li>Contact Precautions</li><li>Gastroenteritis NYD</li><li>Add Droplet if vomiting</li></ul>	
PEDIATRICS	<ul><li>Contact Plus Precaution</li><li>Gastroenteritis NYD</li><li>Add Droplet if vomiting</li></ul>	าร

# **DURATION OF PRECAUTIONS**

If organism is unknown, until symptoms resolved for 48 hours AND return to baseline bowel movements OR until infectious cause is ruled out.

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Variable	Until symptoms resolve and bowel movements return to baseline

### **COMMENTS**

- Soap and water is the preferred method for hand hygiene
- Refer to Gastroenteritis Infection Acute Care Patient Placement Algorithm
- Refer to <u>GI Outbreak Resources</u>

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### Giardiasis (Giardia lamblia)

CLINICAL PRESENTATION		
Diarrhea, abdominal cramps, bloating, flatulence, dehydration		
INFECTIOUS	SUBSTANCES	HOW IT IS TRANSMITTED
Feces		Direct contact, indirect contact, fecal-oral
	PRECAUTIO	NS NEEDED
ACUTE CARE  LONG-TERM CARE	Routine Practices  Routine Practices	Contact Precautions For Adults if: Incontinent Stool not contained Poor hygiene Contaminating their environment  Contact Precautions For Adults if: Incontinent Stool not contained Poor hygiene Contaminating their environment
COMMUNITY	Routine Practices	Contact Precautions For Adults if: Incontinent Stool not contained Poor hygiene Contaminating their environment
PEDIATRICS		Contact Precautions

### **DURATION OF PRECAUTIONS**

Until symptoms have stopped for 48 hours AND return to baseline bowel movements, OR (for adults) until they are continent and have good hygiene.

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY	
1 - 3 weeks	Weeks to months	
COMMENTS		

• REPORTABLE DISEASE

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# Granuloma inguinale (Donovanosis) - Klebsiella granulomatis

CLINICAL PRESENTATION		
Painless genital ulcers, inguinal ulcers, and nodules		
INFECTIOUS SUBSTANCES HOW IT IS TRANSMITTED		
Lesions		Sexual contact
	PRECAUTIO	NS NEEDED
ACUTE CARE	Routine Practices	
LONG-TERM CARE	Routine Practices	
COMMUNITY	Routine Practices	
PEDIATRICS	Routine Practices	
	DURATION OF	PRECAUTIONS
Not applicable		
INCUBATION PERIOD PERIOD OF COMMUNICABILITY		PERIOD OF COMMUNICABILITY
8 - 80 days		Extends throughout the duration of active lesions or rectal colonization
COMMENTS		
REPORTABLE DISEASE		

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# Guillain-Barré Syndrome (GBS)

CLINICAL PRESENTATION			
Acute infective polyneuritis with motor weakness and abolition of tendon reflexes			
INFECTIOUS	INFECTIOUS SUBSTANCES HOW IT IS TRANSMITTED		
Not applicable		Not applicable	
	PRECAUTIO	NS NEEDED	
If a pathoge	n is identified, follow organ	ism specific instructions in this manual.	
ACUTE CARE	Routine Practices		
LONG-TERM CARE	Routine Practices		
COMMUNITY	Routine Practices		
PEDIATRICS	Routine Practices		
DURATION OF PRECAUTIONS			
Not applicable			
INCUBATION PERIOD PERIOD OF COMMUNICABILITY			
Not applicable		Not applicable	
COMMENTS			
GBS may follow within weeks of a respiratory or gastrointestinal infection (e.g. Mycoplasma			

• GBS may follow within weeks of a respiratory or gastrointestinal infection (e.g. *Mycoplasma pneumoniae, Campylobacter jejuni*).

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### Haemophilus influenzae (Hi) invasive & non-invasive

Includes: Haemophilus influenza type B (Hib), Non-type b strains (a, c, d, e, and f)

#### **CLINICAL PRESENTATION**

Non-invasive: Otitis media, sinusitis, buccal or periorbital cellulitis

Invasive: Epiglottitis, meningitis, bacteraemia, pneumonia, pericarditis, septic arthritis,

empyema

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED	
Respiratory secretions	Direct contact, droplet	

PRECAUTIONS NEEDED		
ACUTE CARE	Routine Practices	
LONG-TERM CARE	Routine Practices	
COMMUNITY	Routine Practices	
PEDIATRICS	Droplet Precautions	

#### **DURATION OF PRECAUTIONS**

Until 24-48 hours of effective antimicrobial therapy completed

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Unknown	Unknown. No longer considered infectious after 24-48 hours of effective antimicrobial therapy

### COMMENTS

- <u>REPORTABLE DISEASE</u>. All invasive cases of H.influenzae are reportable.
- To determine if a case is invasive, see BCCDC Case Definition for H. influenzae
- Invasive Hib: Close contacts, especially those < 5 years old, those not immune, immunocompromised, or household contacts of infected children may also require prophylaxis or immunization.

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### Hand, Foot and Mouth Disease

Enterovirus, Group A & Group B Coxsackieviruses

### **CLINICAL PRESENTATION**

Fever, mouth sores, lesions or skin rash to hands, feet and/or buttocks. Vomiting and/or diarrhea may also be present.

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Feces, respiratory secretions, blister fluid	Fecal-oral, direct contact, indirect contact, droplet

PRECAUTIONS NEEDED			
ACUTE CARE	Routine Practices		
LONG-TERM CARE	Routine Practices		
COMMUNITY	Routine Practices		
PEDIATRICS			<ul> <li>Contact Precautions</li> <li>Add Droplet for NICU settings</li> </ul>

### **DURATION OF PRECAUTIONS**

Until symptoms are resolved. Consult IPAC prior to stopping precautions in NICU.

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
3-6 days	Most contagious during first week of illness. Virus can remain in the body (i.e., stools) for several weeks after symptoms have resolved.

### COMMENTS

 Individuals on Droplet & Contact Precautions may need additional Airborne Precautions if <u>Aerosol Generating Medical Procedures (AGMPs)</u> are used.

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### **Hantavirus**

### **CLINICAL PRESENTATION**

Fever, chills, fatigue, muscle aches, nausea/vomiting, pneumonia, hemorrhagic fever, pulmonary syndrome, cardiopulmonary syndrome, renal syndrome

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Acquired from inhalation of rodent droppings, urine, and saliva. Rarely, infection may be acquired from rodent bites or contamination of broken skin with excreta	Human-to-human transmission is very rare and has only been observed for the Andes virus

PRECAUTIONS NEEDED		
ACUTE CARE	Routine Practices	
LONG-TERM CARE	Routine Practices	
COMMUNITY	Routine Practices	
PEDIATRICS	Routine Practices	

DURATION OF PRECAUTIONS		
Not applicable		
INCUBATION PERIOD	PERIOD OF COMMUNICABILITY	
1 - 8 weeks	Not applicable	
COMMENTS		

• REPORTABLE DISEASE

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# Helicobacter pylori

# CLINICAL PRESENTATION

Gastritis, duodenal and gastric ulcers, epigastric pain, nausea/vomiting, hematemesis

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Stool and gastric biopsies Saliva, vomitus, contaminated water and food	Direct contact (oral-oral, gastro-oral, or fecal-oral).  Transmission may also occur through foodborne, airborne, or waterborne pathways, as the water sewage system has been found to be an agent of dissemination Inadequately disinfected endoscopies is also a possible mode of transmission

#### **PRECAUTIONS NEEDED**

ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Routine Practices

### **DURATION OF PRECAUTIONS**

### Not applicable

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Approximately 3 days	Not applicable

### COMMENTS

• Disinfection of gastroscopes prevents transmission of the organism between patients.

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### **Hemolytic Uremic Syndrome (HUS)**

May be associated with Escherichia coli O157: H7, Shiga-like toxin-producing E.coli (STEC)

### **CLINICAL PRESENTATION**

Symptoms of HUS vary. Seizures, stroke, thrombocytopenia, acute renal injury, blood transfusion requirements

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Feces, respiratory secretions	Fecal-oral, direct contact, indirect contact

PRECAUTIONS NEEDED		
ACUTE CARE	Routine Practices	Contact Precautions For Adults if: Incontinent Stool not contained Poor hygiene Contaminating their environment
LONG-TERM CARE	Routine Practices	Contact Precautions For Adults if: Incontinent Stool not contained Poor hygiene Contaminating their environment
COMMUNITY	Routine Practices	Contact Precautions For Adults if: Incontinent Stool not contained Poor hygiene Contaminating their environment
PEDIATRICS		Contact Precautions

### **DURATION OF PRECAUTIONS**

For both pediatrics and adults with HUS related to other *E.coli* strains: Until symptoms have stopped for 48 hours AND return to baseline bowel movements, OR (for adults) until they are continent and have good hygiene. For pediatrics with HUS related to *E.coli* O157: H7 STEC: Until two successive negative stool samples (obtained at least 48 hours after any antimicrobial therapy has been discontinued) for E.coli O157: H7 or 10 days after onset of diarrhea and symptoms have resolved.

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Most E.coli strains is 10 hours to 6 days For E.coli O157: H7, it's 3 to 4 days (range 1 to 8 days)	Until 2 stools are negative for E. coli O157:H7 or 10 days after onset of diarrhea

### **COMMENTS**

REPORTABLE DISEASE if related to E.coli 0157:H7 STEC

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### Hepatitis A Virus (HAV) & Hepatitis E Virus (HEV)

#### **CLINICAL PRESENTATION**

Fatigue, nausea, vomiting, abdominal discomfort, low grade fever, loss of appetite, dark urine, light colored stools, joint pain, jaundice (children <6 years do not usually present with jaundice)

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Feces, contaminated food or water	Direct contact, indirect contact (fecal-oral)

#### **PRECAUTIONS NEEDED**

THEOMOTIONS NEEDED		
ACUTE CARE	Routine Practices	Contact Precautions For Adults if: Incontinent Stool not contained Poor hygiene Contaminating their environment
LONG-TERM CARE	Routine Practices	Contact Precautions For Adults if: Incontinent Stool not contained Poor hygiene Contaminating their environment
COMMUNITY	Routine Practices	Contact Precautions For Adults if: Incontinent Stool not contained Poor hygiene Contaminating their environment
PEDIATRICS		Contact Precautions

### **DURATION OF PRECAUTIONS**

Pediatrics: At least 1 week after symptom onset or duration of symptoms whichever is longer Adults: Until continent with good hygiene

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
HAV: 15 – 50 days (range of 28 days) HEV: 14-60 days (range of 6 weeks)	HAV: 2 weeks before onset of symptoms (jaundice or elevated liver enzymes) to 1 week after; viral shedding can last 1-3 weeks and up to 6 months in neonates and young children  HEV: 1 week before onset of symptoms to 2 weeks after

### COMMENTS

- REPORTABLE DISEASE
- HAV: Post-exposure prophylaxis should be offered to susceptible contacts as soon as possible and preferably within 14 days of last exposure
- Risk of fulminant hepatic failure in immunocompromised patients

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# Hepatitis B Virus (HBV), Hepatitis C Virus (HCV) & Hepatitis D Virus (HDV)

### **CLINICAL PRESENTATION**

Fatigue, nausea, vomiting, abdominal discomfort, low grade fever, loss of appetite, dark urine, light colored stools, joint pain, jaundice

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Blood and bodily fluids, including saliva, semen, cerebrospinal fluid, vaginal, synovial, pleural, peritoneal, pericardial, amniotic fluids. Contaminated equipment	Percutaneous, mucosal and perinatal (pregnant individual to infant)

PRECAUTIONS NEEDED		
ACUTE CARE	Routine Practices	
LONG-TERM CARE	Routine Practices	
COMMUNITY	Routine Practices	
PEDIATRICS	Routine Practices	

### **DURATION OF PRECAUTIONS**

#### Not applicable

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
HBV: 2 – 3 months HCV: 2 weeks – 6 months HDV: 2 – 8 weeks	HBV: From onset of infection to 6 months. Until HBV is no longer detectable in blood and antibodies are formed HCV: After effective treatment, sustained virological response after 3 months, antibody test is negative, HCV RNA test, risk of reinfection has been ruled out HDV: Indefinite

### COMMENTS

- REPORTABLE DISEASE
- For healthcare worker related blood and body fluid exposure Contact Provincial Workplace Health Call Centre

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# Hepatitis of unknown etiology Acute Hepatitis (non hepatitis A-E)

### **CLINICAL PRESENTATION**

Acute severe hepatitis: fatigue, nausea, vomiting, abdominal discomfort, low grade fever, loss of appetite, dark urine, light colored stools, joint pain, jaundice

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Feces, vomitus, respiratory secretions	Direct contact, indirect contact

#### PRECAUTIONS NEEDED

ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Droplet & Contact Precautions

### **DURATION OF PRECAUTIONS**

Consult IPAC prior to discontinuing precautions

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Unknown	Unknown

### COMMENTS

- REPORTABLE DISEASE Providers to report all cases to Medical Health Officer.
- Pediatric (children <16 years) patients presenting with acute hepatitis and respiratory symptoms have been linked to potential adenovirus infection. See <u>Ministry of Health</u> <u>advisory</u>

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# **Herpangina - (Enteroviruses)**

Also known as "Vesicular Pharyngitis"

CLINICAL PRESENTATION		
Fever, hea	adache, loss of appetite, so	ore throat, ulcers in mouth and throat
INFECTIOUS SUBSTANCES HOW IT IS TRANSMITTED		
Feces and res	piratory secretions	Direct contact, indirect contact, droplet
PRECAUTIONS NEEDED		
ACUTE CARE	Routine Practices	
LONG-TERM CARE	Routine Practices	
COMMUNITY	Routine Practices	
PEDIATRICS		<ul> <li>Contact Precautions</li> <li>Add Droplet for NICU settings</li> </ul>

#### **DURATION OF PRECAUTIONS**

Until symptoms are resolved (for pediatric). Consult IPAC prior to stopping precautions in NICU.

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
3 - 6 days	Until symptoms are resolved

### **COMMENTS**

• Individuals on Droplet & Contact Precautions may need additional Airborne Precautions if Aerosol Generating Medical Procedures (AGMPs) are used.

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### Herpes Simplex Virus, Type 1 (HSV1) & Type 2 (HSV2): Disseminated or extensive lesions

#### **CLINICAL PRESENTATION**

Vesicular or ulcerative lesions that involve 2 or more different mucocutaneous sites, or multiple organs involved. Generalized rash.

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Skin or mucosal lesions, oral secretions, genital secretions	Direct contact with mucocutaneous lesions, Sexual Contact, Vertical (pregnant individual to fetus in utero or newborn at birth)

	to letus in utero or newborn at birth)
PRECAUTIONS NEEDED	
ACUTE CARE	Contact Precautions
LONG-TERM CARE	Contact Precautions
COMMUNITY	Contact Precautions
PEDIATRICS	Contact Precautions

### **DURATION OF PRECAUTIONS**

#### Consult IPAC prior to discontinuing precautions

- · Until lesions are dried and crusted
- Exposed neonates: birth to 6 weeks of age or until HSV infection has been ruled out. Exposure includes infants delivered vaginally (or by C-section if membranes have been ruptured more than 6 hours) to women with active genital HSV infections

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
2 days to 2 weeks Neonates: birth to 6 weeks	While lesions present

### COMMENTS

- All cases of congenital HSV are <u>REPORTABLE DISEASE</u>. Provider to report to Medical Health Officer if neonate (< 42 days old) is affected.
- Patient with herpetic lesions should not be roomed with patients with extensive dermatitis, burn patients or immunocompromised patients.
- Individuals with active herpetic lesions should wear a medical mask while caring for infants <6 weeks old, until all lesions are dried & crusted.

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### Herpes Simplex Virus, Type 1 (HSV1) & Type 2 (HSV2): **Localized Lesions**

### **CLINICAL PRESENTATION**

Recurrent vesicular or ulcerative lesions localized to either genitals, perianal region, or mouth ("cold sores")

Herpetic whitlow (lesions on fingers)

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Skin or mucosal lesions, oral secretions, genital secretions	Direct contact with mucocutaneous lesions, sexual contact, vertical (pregnant individual to fetus in utero or newborn at birth)

#### PRECAUTIONS NEEDED

ACUTE CARE	Routine Practices	<ul><li>Contact Precautions</li><li>Labouring &amp; post-partum women with active HSV lesions</li></ul>
LONG-TERM CARE	Routine Practices	
COMMUNITY	Routine Practices	
PEDIATRICS	Routine Practices  • Children (> 42 days old)	<ul><li>Contact Precautions</li><li>Infected or exposed neonates (&lt; 42 days old)</li></ul>

### **DURATION OF PRECAUTIONS**

#### **Consult IPAC prior to discontinuing precautions**

- · Until lesions are dried and crusted
- Exposed neonates: birth to 6 weeks of age or until HSV infection has been ruled out. Exposure includes infants delivered vaginally (or by C-section if membranes have been ruptured more than 6 hours) to women with active genital HSV infections

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
2 days to 2 weeks Neonates: birth to 6 weeks	While lesions present

### COMMENTS

- All cases of congenital HSV are <u>REPORTABLE DISEASE</u>. Provider to report to Medical Health Officer if neonate (< 42 days old) is affected.
- Patient with herpetic lesions should not be roomed patients with extensive dermatitis, burn patients or immunocompromised patients.
- Individuals with active herpetic lesions should wear a medical mask while caring for infants < 6 weeks old, until all lesions are dried & crusted.

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# Herpes Simplex Virus, Type 1 (HSV1) & Type 2 (HSV2): No Visible Lesions

### **CLINICAL PRESENTATION**

Central nervous system (CNS) infection, encephalitis, or meningitis with no mucocutaneous lesions. Prodrome includes fever, malaise, headache, nausea, seizures, focal neurological deficits.

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Skin or mucosal lesions, oral secretions, genital secretions	Direct contact with mucocutaneous lesions, sexual contact, vertical (pregnant individual to fetus in utero or newborn at birth)

#### **PRECAUTIONS NEEDED**

ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Routine Practices

### **DURATION OF PRECAUTIONS**

#### Not applicable

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Not applicable	Not applicable

### COMMENTS

- All cases of encephalitis, and meningitis are <u>REPORTABLE DISEASE</u>. Provider to report to Medical Health Officer if encephalitis or meningitis is presumed.
- If mucocutaneous lesions develop, refer to appropriate herpes simplex pages in this manual.
- If patient has positive HSV serology results with no visible lesions, follow this page.

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# Herpes Simplex Virus, Type 1 (HSV1): Gingivostomatitis

CLINICAL PRESENTATION		
Inflammation of the oral mucosa and gingiva. Primary Herpes Simplex type 1 infection		
INFECTIOUS SUBSTANCES		HOW IT IS TRANSMITTED
Skin or mucosal le	esions, oral secretions	Direct contact
PRECAUTIONS NEEDED		
ACUTE CARE	Routine Practices	<ul><li>Contact Precautions</li><li>Extensive or disseminated</li></ul>
LONG-TERM CARE	Routine Practices	<ul><li>Contact Precautions</li><li>Extensive or disseminated</li></ul>
COMMUNITY	Routine Practices	<ul><li>Contact Precautions</li><li>Extensive or disseminated</li></ul>
PEDIATRICS	Routine Practices Children (> 42 days old)	<ul> <li>Contact Precautions</li> <li>Extensive or disseminated</li> <li>Infected neonates (&lt; 42 days old)</li> </ul>

### **DURATION OF PRECAUTIONS**

Consult IPAC prior to stopping precautions

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
2 days to 2 weeks	1 week to several weeks

# COMMENTS

- All cases of congenital HSV are <u>REPORTABLE DISEASE</u>. Provider to report to Medical Health Officer if neonate (< 42 days old) is affected.
- Extensive or disseminated disease includes 2 or more different mucocutaneous sites, or multiple organs involved, or generalized rash.
- Patient with herpetic lesions should not be roomed with patients with extensive dermatitis, burn patients or immunocompromised patients.
- Individuals with active herpetic lesions should wear a medical mask while caring for infants <6 weeks old, until all lesions are dried & crusted.

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# Histoplasmosis (Histoplasma capsulatum)

### **CLINICAL PRESENTATION**

Can be asymptomatic or disseminated. Fever, malaise, pneumonia, lymphadenopathy, pericarditis and rheumatologic syndromes.

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Acquired from spores in soil; associated with bat guano and bird droppings	Transmission occurs by inhalation of spore laden soil. Human-to-human transmission does not occur except via transplantation of infected organs.

PRECAUTIONS NEEDED	
ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Routine Practices

DURATION OF PRECAUTIONS		
Not applicable		
INCUBATION PERIOD	PERIOD OF COMMUNICABILITY	
1 - 3 weeks	Not applicable	
COMMENTS		

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# Human Immunodeficiency Virus (HIV) & Acquired **Immunodeficiency Syndrome (AIDS)**

### **CLINICAL PRESENTATION**

Asymptomatic; multiple clinical presentations

# Blood and body fluids including: CSF, breastmilk, semen, vaginal, synovial, pleural, peritoneal, pericardial, and amniotic fluids

**INFECTIOUS SUBSTANCES** 

# Mucosal or percutaneous exposure to infective body fluids, sexual transmission,

pregnant individual to fetus in utero, newborn at birth, or infant during breastfeeding

**HOW IT IS TRANSMITTED** 

#### PRECAUTIONS NEEDED

ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Routine Practices

### **DURATION OF PRECAUTIONS**

#### Not applicable

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Weeks to years	From onset of infection until death. Patients with undetectable viral loads are not capable of transmitting HIV

#### COMMENTS

- REPORTABLE DISEASE
- AIDS is late-stage HIV
- For healthcare worker related blood and bodily fluid exposure Contact Provincial Workplace Health Call Center and Peoplesafety@vch.ca

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### **Human Metapneumovirus**

CLINICAL PRESENTATION		
Acute respiratory tract infection, bronchiolitis, pneumonia, asthma exacerbations, and croup		
INFECTIOUS SUBSTANCES		HOW IT IS TRANSMITTED
Respiratory secretions		Direct contact, indirect contact, droplet
PRECAUTIONS NEEDED		
ACUTE CARE	Routine Practices	<ul> <li>Droplet &amp; Contact Precautions</li> <li>Adults in high risk units* only</li> </ul>
LONG-TERM CARE	Routine Practices	
COMMUNITY	Routine Practices	
PEDIATRICS		Droplet & Contact Precautions

### **DURATION OF PRECAUTIONS**

- For adults, until symptoms resolve.
- For pediatrics, at least 11 days post symptom onset AND 24 hours after symptoms resolve.
- For immunocompromised hosts, isolation precautions need to be maintained for a longer duration due to prolonged viral shedding Contact IPAC for discontinuation of precautions.

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
3 - 5 days	1 - 2 weeks

### COMMENTS

- Minimize exposure to high-risk patients. Refer to <u>Definition of Moderately to Severely Immunocompromised Patients</u>.
- Individuals on Droplet & Contact Precautions may need additional Airborne Precautions if Aerosol Generating Medical Procedures (AGMPs) are used.
- \*High-risk units Solid Organ Transplant (SOT), Bone Marrow Transplant (BMT), Intensive Care Unit (ICU), Neonatal ICU (NICU), Cardiac Surgery ICU (CSICU), Cardiac Care Unit (CCU), Thoracic, Burns Trauma High Acuity (BTHA).

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### **Human Papillomaviruses (HPV)**

### **CLINICAL PRESENTATION**

Most cases are asymptomatic. Skin warts, anogenital warts (condylomata acuminata). Cervical, penile, and anal cancer are uncommon outcomes that requires decades of persistent infection.

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Close contact with infected skin or mucous membranes	Sexually transmitted. Close skin-to-skin contact. Vertical transmission during vaginal delivery.

PRECAUTIONS NEEDED		
ACUTE CARE	Routine Practices	
LONG-TERM CARE	Routine Practices	
COMMUNITY	Routine Practices	
PEDIATRICS	Routine Practices	

### **DURATION OF PRECAUTIONS**

### Not applicable

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Months to years	Unknown

### COMMENTS

- Most HPV infections are subclinical and resolve spontaneously within 2 years.
- There are more than 200 types of human papillomaviruses.

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# Human T-cell Leukemia Virus (HTLV-I) & Human T-Lymphotrophic Virus (HTLV-II)

### **CLINICAL PRESENTATION**

Usually asymptomatic. Can develop adult T-cell leukaemia/lymphoma, myelopathy, or spastic paraparesis

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Blood, breastmilk, semen	Direct contact, vertical (pregnant individual to fetus in utero, newborn at birth or infant during breastfeeding), mucosal or percutaneous exposure to infective body fluids

### **PRECAUTIONS NEEDED**

ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Routine Practices

# **DURATION OF PRECAUTIONS**

Not applicable

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Weeks to years	Indefinite

### **COMMENTS**

• Pregnant individuals with HTLV-I or HTLV-II should be advised of the risk of transmission to their baby and advised not to breastfeed or donate to human milk banks.

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### **Impetigo**

(Commonly caused by Staphylococcus aureus, Group A Streptococcus and many other bacteria)			
CLINICAL PRESENTATION			
Cluster of raise	d skin lesions that can blist	er and form	n a honey or gray colored crust
INFECTIOUS	SSUBSTANCES	H	HOW IT IS TRANSMITTED
Drainage from lesions		Direct contact, indirect contact	
	PRECAUTIO	NS NEEDE	D
ACUTE CARE	<ul> <li>Routine Practices</li> <li>Minor drainage contained and covered by dressing</li> </ul>		<ul> <li>Contact Precautions</li> <li>Major drainage not contained and covered by dressing</li> </ul>
LONG-TERM CARE	<ul><li>Routine Practices</li><li>Minor drainage contained and covered by dressing</li></ul>		<ul> <li>Contact Precautions</li> <li>Major drainage not contained and covered by dressing</li> </ul>
COMMUNITY	<ul><li>Routine Practices</li><li>Minor drainage contained and covered by dressing</li></ul>		<ul> <li>Contact Precautions</li> <li>Major drainage not contained and covered by dressing</li> </ul>
PEDIATRICS	C		Contact Precautions
DURATION OF PRECAUTIONS			
Until 24 hours of effective antimicrobial therapy completed & drainage can be covered/contained			
INCUBATION PERIOD		PEF	RIOD OF COMMUNICABILITY

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Variable	Variable
COMMENTS	

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### Influenza - New Pandemic Strain

### **CLINICAL PRESENTATION**

Respiratory tract infection, pneumonia, cough, fever myalgia, arthralgia, extreme weakness/fatigue, nasal discharge, sore throat, headache

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Respiratory secretions	Direct contact, indirect contact, droplet

PRECAUTIONS NEEDED		
ACUTE CARE	Droplet & Contact Precautions	
LONG-TERM CARE	Droplet & Contact Precautions	
COMMUNITY	Droplet & Contact Precautions	
PEDIATRICS	Droplet & Contact Precautions	

### **DURATION OF PRECAUTIONS**

Duration of precautions will be determined on a case-by-case basis and in conjunction with IPAC and the Medical Health Officer.

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Unknown (possibly 1 to 7 days)	Unknown (possibly up to 7 days)

### COMMENTS

- REPORTABLE DISEASE
- Individuals on Droplet & Contact Precautions may need additional Airborne Precautions if <u>Aerosol Generating Medical Procedures (AGMPs)</u> are used.
- Acute Care: If a patient in a multibed room tests positive, move to a private room if possible and place roommates on Droplet & Contact Precautions for 3 days.
- **Long-Term Care:** Place close contacts (tablemates & roommates) on Droplet & Contact Precautions for 3 days.
- Minimize exposure of immunocompromised patients, children with chronic cardiac or lung disease, nephritic syndrome, and neonates.
- Consult IPAC for patient cohorting, see <a href="VCH Bed Placement VRI Algorithm">VCH Bed Placement VRI Algorithm</a>
- Refer to <u>Viral Respiratory Illness Outbreak</u> resources

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### Influenza - Seasonal

### **CLINICAL PRESENTATION**

Respiratory tract infection, pneumonia. Cough and fever (or temperature that is above the baseline), myalgia, arthralgia, extreme weakness/fatigue, nasal discharge, sore throat, headache.

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED	
Respiratory secretions	Direct contact, indirect contact, droplets	

PRECAUTIONS NEEDED		
ACUTE CARE	Droplet & Contact Precautions	
LONG-TERM CARE	Droplet & Contact Precautions	
COMMUNITY	Droplet & Contact Precautions	
PEDIATRICS	Droplet & Contact Precautions	

### **DURATION OF PRECAUTIONS**

**Acute Care:** At least 7 days post symptom onset AND 24 hours after symptoms resolve. For immunocompromised patients, isolation precautions need to be maintained for a longer duration. Contact IPAC for discontinuation of precautions.

**Long-Term Care, Home & Community, Mental Health:** At least 5 days post symptom onset. Precautions remain in place until improvement of symptoms AND resolution of fever for 24 hours without the use of fever-reducing medication.

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
1 - 3 days	Generally 3 - 7 days post clinical onset

#### COMMENTS

- REPORTABLE DISEASE
- If Aerosol Generating Medical Procedure (AGMP) is indicated, refer to <u>IPAC AGMP Best Practice Guideline</u>.
- Acute Care: If a patient in a multibed room tests positive, move to a private room if possible and place roommates on Droplet & Contact Precautions for 3 days.
- Long-Term Care: Place close contacts (tablemates & roommates) on Droplet & Contact Precautions for 3 days.
- Minimize exposure of immunocompromised patients: children with chronic cardiac or lung disease, nephritic syndrome, neonates. These patients should not be cohorted.
- Consult IPAC for patient cohorting, see <a href="VCH Bed Placement VRI Algorithm">VCH Bed Placement VRI Algorithm</a>
- Refer to Viral Respiratory Illness Outbreak resources

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### Kawasaki Disease

### **CLINICAL PRESENTATION**

Fever self-limited systemic vasculitis of early childhood, acute fever, mucocutaneous lymph

redness/swelling of hands and feet.			
INFECTIOUS SUBSTANCES		HOW IT IS TRANSMITTED	
Not applicable		No human-to-human transmission	
	PRECAUTIO	NS NEEDED	
ACUTE CARE	CUTE CARE Routine Practices		
LONG-TERM CARE	Routine Practices		
COMMUNITY	Routine Practices		
PEDIATRICS	Routine Practices		
DURATION OF PRECAUTIONS			
Not applicable			
INCUBATION PERIOD		PERIOD OF COMMUNICABILITY	
Unknown		Not applicable	
COMMENTS			

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### Lassa Fever (Lassa Virus) - Viral Hemorrhagic Fever (VHF)

(Mammarenavirus)

### **CLINICAL PRESENTATION**

Gradual onset of fever, malaise, weakness, headache, pharyngitis, cough, nausea and vomitina

Disease may progress to hemorrhaging (in gums, eyes, or nose), respiratory distress, repeated vomiting, facial swelling, pain in the chest, back, and abdomen, shock and deafness.

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Blood and body fluids, respiratory secretions, possibly urine and stool	Direct contact, indirect contact, droplet

,		
PRECAUTIONS NEEDED		
ACUTE CARE	Airborne & Contact + Dr	roplet Precautions
LONG-TERM CARE	Airborne & Contact + Dr	roplet Precautions
COMMUNITY	Airborne & Contact + Dr	roplet Precautions
PEDIATRICS	Airborne & Contact + Dr	roplet Precautions

#### **DURATION OF PRECAUTIONS**

Until symptoms resolved, two negative PCR tests at least 24 hours apart and as directed by IPAC.

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
6 - 21 days	Until 3-9 weeks after onset

#### COMMENTS

- REPORTABLE DISEASE
- Acute care provider to call or page the Medical Microbiologist On-Call at presumed
- History of travel and/or contact with persons and non-human primates from endemic countries must be considered at triage.
- **Call or page IPAC immediately** if Viral Hemorrhagic Fever is presumed.
- Maintain a log of all people entering the patient's room.
- High threat pathogens require special PPE considerations, see <a href="VCH Response Procedures">VCH Response Procedures</a> for Viral Hemorrhagic Fever and Other Unusual Communicable Diseases for more information.
- For general information visit the <u>BC MOH Ebola webpage</u>.

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### Legionellosis (Legionella spp.)

Includes Legionnaires Disease, Pontiac Fever, & Extrapulmonary Legionellosis

#### **CLINICAL PRESENTATION**

Legionnaires' Disease: Pneumonia, fever, dry cough, dyspnea, chest pain, headache,

tiredness, muscle aches

Pontiac Fever: Self-limiting fever, fatigue, muscle ache, headache and malaise with or without

Extrapulmonary legionellosis: Endocarditis, wound infection, joint infection, graft infection,

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Contaminated water, ice, or soil	Inhalation of aerosolized contaminated water. Contact with contaminated soil. No human-to-human transmission

PRECAUTIONS NEEDED		
ACUTE CARE	Routine Practices	
LONG-TERM CARE	Routine Practices	
COMMUNITY	Routine Practices	
PEDIATRICS	Routine Practices	

### **DURATION OF PRECAUTIONS**

### Not applicable

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
<b>Legionnaires' Disease:</b> Generally 5-6 days, up to 1 - 19 days <b>Pontiac Fever:</b> 5 - 72 hours.	Not applicable

### COMMENTS

- REPORTABLE DISEASE
- Notify IPAC of all cases of legionellosis.
- Transmission in healthcare facilities has been linked to building design, maintenance, renovation, or construction projects that disrupt soil or water systems.
- Refer to **BCCDC** Legionella Guidelines

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### **Leprosy (Hansen's Disease)**

Mycobacterium leprae, Mycobacterium lepromatosis

### **CLINICAL PRESENTATION**

Chronic disease of skin, nerves, joints, and nasopharyngeal mucosa; loss of sensation on affected areas of skin

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Nasal secretions, skin lesions	Direct contact Human to human only with very prolonged extensive personal contact

PRECAUTIONS NEEDED		
ACUTE CARE	Routine Practices	
LONG-TERM CARE	Routine Practices	
COMMUNITY	Routine Practices	
PEDIATRICS	Routine Practices	

DURATION OF PRECAUTIONS		
Not applicable		
INCUBATION PERIOD	PERIOD OF COMMUNICABILITY	
Usually 3-5 years (range 1-20 years)  Until effective antimicrobial treatment initiated		
COMMENTS		

• REPORTABLE DISEASE

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### Leptospirosis (Leptospira sp.)

### **CLINICAL PRESENTATION**

Fever, jaundice, aseptic meningitis, headache, chills, muscle pain

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Infected wild or domesticated animals (rodents, dogs, livestock, horses) and their tissue, urine or bodily fluids. Contaminated environmental source such as soil & water	Animal-to-human direct contact Human-to-human transmission is rare

PRECAUTIONS NEEDED		
ACUTE CARE	Routine Practices	
LONG-TERM CARE	Routine Practices	
COMMUNITY	Routine Practices	
PEDIATRICS	Routine Practices	

### **DURATION OF PRECAUTIONS**

#### Not applicable

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
2 - 30 days	Not applicable

### COMMENTS

- REPORTABLE DISEASE
- Human infection is acquired via direct contact of mucosa (eyes) or via skin abrasion with infected animal urine, other bodily fluids or soil/water contaminated with infected animal's urine or bodily fluids, especially after hurricanes, flooding or heavy rainfall.

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### Lice

Head lice & pubic lice/crab lice

#### **CLINICAL PRESENTATION**

Head lice: Itchiness, skin irritation to scalp, excoriation and crusting caused by secondary bacterial infection, presence of lice &/or nits

Pubic/crab lice: Itching, skin irritation and inflammation to pubic and perianal hair, can occur in other areas with coarse hair (e.g., chest, armpit, evelashes or facial hair), mild fever and/ or malaise with extensive infestation, presence of lice, co-infection with a sexually transmitted infection is common.

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Infested hair, clothing, bedding	Direct head-to-head contact with infested hair Human-to-human contact, usually spread by sexual contact

PRECAUTIONS NEEDED	
ACUTE CARE	Contact Precautions
LONG-TERM CARE	Contact Precautions
COMMUNITY	Contact Precautions
PEDIATRICS	Contact Precautions

### **DURATION OF PRECAUTIONS**

Until effective treatment results in no live lice or nits seen

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
6 - 10 days	Until effective treatment results in no live lice or nits seen

### COMMENTS

- · Apply treatment (pediculicide) as directed, individuals may choose to trim/shave hair to aid in immediate elimination of infestation in addition to treatment. Use fine-toothed comb to manually remove nits and remaining lice. As nits can remain in hair after treatment and no pediculicide is 100% ovicidal – check for and remove any remaining lice and nits daily after treatment. If live lice or nits found after therapy, repeat treatment.
- Live lice and eggs are killed by exposure to temperatures of >54° Celsius for 5 minutes. Clothing and items that are not washable can be either dry cleaned or sealed in a plastic bag and stored for 2 weeks.

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### **Listeriosis (Listeria monocytogenes)**

### **CLINICAL PRESENTATION**

Fever, muscle aches, meningitis, diarrhea/gastrointestinal symptoms, congenital or neonatal infection

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Contaminated food	Foodborne: Acquired from ingestion of contaminated food Vertical: Pregnant individual to fetus in utero or newborn at birth Rare human-to-human transmission

#### **PRECAUTIONS NEEDED**

ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Routine Practices

### **DURATION OF PRECAUTIONS**

### Not applicable

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Average 21 days, 30 – 70 days	Not applicable

### **COMMENTS**

- REPORTABLE DISEASE
- Rare nosocomial outbreaks reported in newborn nurseries attributed to contaminated equipment.
- Listeria grows well at low temperatures and is able to multiply in refrigerated foods that are contaminated.
- Although relatively rare, human listeriosis is often severe and mortality rates can approach 50%.
- PHAC Pathogen Safety Data Sheet

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### Lyme Disease (Borrelia burgdorferi)

CLINICAL PRESENTATION		
Fever, arthritis, menii	ngitis, headache, fatigue, c	haracteristic skin rash called erythema migrans
INFECTIOUS	SUBSTANCES	HOW IT IS TRANSMITTED
Bite from infected tick		Tick borne (blacklegged or deer ticks) No human-to-human transmission
	PRECAUTIO	NS NEEDED
ACUTE CARE	Routine Practices	
LONG-TERM CARE	Routine Practices	
COMMUNITY	Routine Practices	
PEDIATRICS	Routine Practices	

### **DURATION OF PRECAUTIONS**

### Not applicable

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Rash occurs in 3-32 days after exposure, average 11 days	Not applicable

### COMMENTS

- REPORTABLE DISEASE
- 3 stages of disease: early localized, early disseminated, and late manifestations.
- In most cases, the tick must be attached for > 36 hours before the Lyme disease bacterium can be transmitted. Infected people are often unaware that they have been bitten.

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### Lymphocytic Choriomeningitis (LCM) Virus

### **CLINICAL PRESENTATION**

Asymptomatic, fever, cough, malaise, myalgia, headache, photophobia, nausea, vomiting, adenopathy, and sore throat. Second phase of illness can progress to neurological symptoms of meningitis, encephalitis, meningoencephalitis

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Food contaminated by rodents Contaminated bodily fluids of rodents (feces, urine)	Zoonotic: direct contact with or inhalation of infectious rodent body fluids (urine, secretions).  Can occur anytime throughout pregnancy

# PRECAUTIONS NEEDED **Routine Practices ACUTE CARE LONG-TERM CARE Routine Practices COMMUNITY Routine Practices PEDIATRICS Routine Practices**

DURATION OF PRECAUTIONS		
Not applicable		
INCUBATION PERIOD	PERIOD OF COMMUNICABILITY	
Up to 3 weeks	Not applicable	
COMMENTS		

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## Lymphogranuloma Venereum

Chlamydia trachomatis serovars L1-3

CLINICAL PRESENTATION			
Fever, fati	gue, genital ulcers, proctitis	s, inguinal/femoral lymphadenopathy	
INFECTIOUS	INFECTIOUS SUBSTANCES HOW IT IS TRANSMITTED		
Bodily fluids (vaginal, anal, oral), contaminated surfaces		Human-to-human, direct sexual contact	
	PRECAUTIO	NS NEEDED	
ACUTE CARE Routine Practices			
LONG-TERM CARE Routine Practices			
COMMUNITY Routine Practices			
PEDIATRICS Routine Practices			
DURATION OF PRECAUTIONS			
Not applicable			
INCUBATION PERIOD PERIOD OF COMMUNICABILITY		PERIOD OF COMMUNICABILITY	
3 - 30 days for primary lesion		While viable organism present in secretions	
COMMENTS			
COMMENTS			

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### Malaria (*Plasmodium* spp.)

CLINICAL PRESENTATION			
High fev	ver, chills, rigor, sweats, h	eadache. Paroxysmal symptoms.	
INFECTIOUS SUBSTANCES		HOW IT IS TRANSMITTED	
Blood		Mosquito-borne. No human-to-human transmission, except in rare circumstances vertical (pregnant individual to fetus in utero or newborn at birth)	
PRECAUTIONS NEEDED			
ACUTE CARE	Routine Practices		
LONG-TERM CARE	Routine Practices		
COMMUNITY	Routine Practices		

### **DURATION OF PRECAUTIONS**

Not applicable

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
7 - 30 days	Not applicable

### COMMENTS

**PEDIATRICS** 

- REPORTABLE DISEASE
- · Recent travel history must be considered at triage.

**Routine Practices** 

· Malaria in pregnancy carries significant morbidity and mortality risks for both mom and fetus.

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### Marburg Virus - Viral Hemorrhagic Fever (VHF)

### **CLINICAL PRESENTATION**

Fever, myalgias, pharyngitis, nausea, vomiting and diarrhea. Maculopapular rash after day 5 of onset of symptoms.

Hemorrhagic fever in late clinical presentation.

INFECTIOUS SUBSTANCES		HOW IT IS TRANSMITTED
Blood, body fluids, a	nd respiratory secretions	Direct contact, indirect contact, droplet
PRECAUTIONS NEEDED		
ACUTE CARE	Airborne & Contact + Droplet Precautions	
LONG-TERM CARE	Airborne & Contact + Droplet Precautions	
COMMUNITY	Airborne & Contact + D	roplet Precautions
PEDIATRICS	Airborne & Contact + D	roplet Precautions

### **DURATION OF PRECAUTIONS**

Until symptoms resolved and as directed by IPAC

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Typically 8-10 days, can range from 2-21 days	Until all symptoms resolve

#### COMMENTS

- REPORTABLE DISEASE
- Acute care provider to call or page the Medical Microbiologist On-Call at presumed stage.
- History of travel and/or contact with persons and non-human primates from endemic countries must be considered at triage
- Call or page IPAC immediately if Viral Hemorrhagic Fever (VHF) is presumed
- Maintain a log of all people entering the patient's room
- High threat pathogens require special PPE considerations, see <u>VCH Response Procedures</u> for Viral Hemorrhagic Fever and Other Unusual Communicable Diseases for more information
- For general information visit the <u>BC MOH Ebola webpage</u>.

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### Measles (Rubeola)

### **CLINICAL PRESENTATION**

Fever, cough, coryza, conjunctivitis (3Cs), maculopapular skin rash, Koplik spots inside mouth, especially the cheeks

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Respiratory secretions	Airborne

PRECAUTIONS NEEDED		
ACUTE CARE	Airborne Precautions	
LONG-TERM CARE	Airborne Precautions	
COMMUNITY	Airborne Precautions	
PEDIATRICS	Airborne Precautions	

#### **DURATION OF PRECAUTIONS**

4 days after start of rash in immunocompetent individuals or until all symptoms are gone in <a href="immunocompromised">immunocompromised</a> individuals — **Contact IPAC** for discontinuation of precautions.

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
7 - 18 days to onset of fever, rarely as long as 21 days	5 days before onset of rash (1-2 days before symptom onset) until 4 days after onset of rash

#### **COMMENTS**

- <u>REPORTABLE DISEASE</u>. Provider to call or page Medical Health Officer and Medical Microbiologist on-call at presumed stage.
- All staff, regardless of measles immunity status, should wear a fit-tested and seal-checked N95 respirator when caring for a confirmed measles case.
- It is recommended that only those staff who are known to meet measles <u>immunity criteria</u> care for confirmed measles cases. However, staff who do not meet measles immunity criteria do not need to be restricted from entering the room, so long as they are wearing appropriate PPE (N95 respirator).
- Family/visitors should not enter the room except in urgent or compassionate circumstances.
   If they must enter the room, they should wear N95 respirator (no fit-test needed, but staff to assist with proper seal check).
- Precautions should be taken with neonates born to pregnant individual with measles infection at delivery.
- If other patients exposed, notify IPAC and refer to <u>Measles (Rubeola) Exposed</u> <u>Susceptible Contact</u>

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### Measles (Rubeola) Exposed Susceptible Contact

CLINICAL PRESENTATION			
May be asymptomatic			
INFECTIOUS SUBSTANCES HOW IT IS TRANSMITTED			
Respirato	ory secretions	Airborne	
	PRECAUTIO	NS NEEDED	
ACUTE CARE	Airborne Precautions		
LONG-TERM CARE	Airborne Precautions		
COMMUNITY	Airborne Precautions		
PEDIATRICS Airborne Precautions			
DURATION OF PRECAUTIONS			

5 days after first exposure until 21 days after last exposure

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
7 - 18 days	Potentially communicable during last 2 days of incubation period

### COMMENTS

- Notify IPAC if measles exposure occurred in a healthcare setting.
- All staff, regardless of measles immunity status, should wear a fit-tested and seal checked N95 respirator when caring for a presumed measles case.
- It is recommended that only those staff who are known to meet measles immunity criteria care for presumed measles cases. However, staff who do not meet measles immunity criteria do not need to be restricted from entering the room, so long as they are wearing appropriate PPE (N95 respirator).
- Family/visitors should not enter the room except in urgent or compassionate circumstances. If they must enter the room, they should wear N95 respirator (no fit-test needed, but staff to assist with proper seal check).
- Place newborns of pregnant individual with measles on precautions at delivery.
- If immunoglobulin indicated, administer within 6 days.

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### Melioidosis (Burkholderia pseudomallei)

Commonly known as "Whitmore Disease"

Commonly known as whitmore Disease			
CLINICAL PRESENTATION			
	Pneumonia, fever, papules with umbilicated centres		
INFECTIOUS	SUBSTANCES	HOW IT IS TRANSMITTED	
Contaminated soil or water		Ingestion, aspiration, inhalation or direct contact with contaminated soil or wate No human-to-human transmission	
	PRECAUTIO	NS NEEDED	
ACUTE CARE Routine Practices			
LONG-TERM CARE	Routine Practices		
COMMUNITY	Routine Practices		
PEDIATRICS	RICS Routine Practices		
DURATION OF PRECAUTIONS			
Not applicable			
INCUBATION PERIOD PERIOD OF COMMUNICABILITY			
Variable Not applicable			
COMMENTS			



### Meningitis, not yet diagnosed (NYD)

(Bacterial, Viral, Fungal)

CLINICAL PRESENTATION					
Acute onset	Acute onset of headache, photophobia, stiff neck, vomiting, fever, and/or rash				
INFECTIOUS	SUBSTANCE	S	HOW IT	IS TRANSMIT	TED
Respiratory secretions and feces		ces	Bacterial: Direct contact, Droplet Viral: Direct and Indirect contact (including fecal/oral)		
	PI	RECAUTIO	NS NEEDED		
ACUTE CARE	Practices • Viral* • Bacterial* • Fungal		Droplet Precautions • Meningitis NYD* • Neisseria meningitidis • Mumps	Droplet & Contact Precautions • Group A Strep	Airborne Precautions • Mycobacterium tuberculosis** • Varicella zoster • Measles
LONG-TERM CARE	Same as Acute Care				
COMMUNITY	Same as Acute Care				
PEDIATRICS	Routine Practices • Fungal • Bacterial* • Herpes simplex***	Contact Precaution Viral*	Droplet Precautions  • Haemophilus influenzae  • Neisseria meningitidis • Mumps	Droplet & Contact Precautions • Meningitis NYD* • Group A Strep • NICU settings, viral*	Airborne Precautions • Mycobacterium tuberculosis** • Varicella zoster • Measles

### **DURATION OF PRECAUTIONS**

Variable. See specific organism. Consult IPAC prior to discontinuing precautions.

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Variable	Variable

#### COMMENTS

- REPORTABLE DISEASE Providers to report all cases of meningitis to Medical Health Officer.
- Notify IPAC of all cases of meningitis
- \* Use these precautions if organism is not otherwise specified
- \*\* Maintain airborne precautions until respiratory TB disease is ruled out
- \*\*\*Use routine practice if herpes simplex is limited to central nervous system only, no other lesions or rash

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### Meningococcal Disease (Neisseria meningitidis)

### **CLINICAL PRESENTATION**

Invasive: Meningococcemia, meningitis, pneumonia, rash (petechial/purpuric) with fever

Non-invasive: Conjunctivitis or urethritis

INFECTIOUS SUBSTANCES HOW IT IS TRANSMITTED

Respiratory secretions Direct contact, droplet

### **PRECAUTIONS NEEDED**

ACUTE CARE Droplet Precautions

LONG-TERM CARE Droplet Precautions

COMMUNITY Droplet Precautions

PEDIATRICS Droplet Precautions

### **DURATION OF PRECAUTIONS**

Until 24 hours of effective antimicrobial therapy completed

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
1 – 10 days	Until 24 hours of effective antimicrobial therapy completed

### COMMENTS

- <u>REPORTABLE DISEASE</u>. Provider to report invasive meningococcal disease to Medical Health Officer at presumed stage
- To determine if a case is invasive, see <u>BCCDC Case Definition for Meningococcal Disease</u>
- Close contacts may require chemoprophylaxis as directed by the Medical Health Officer or <u>Provincial Workplace Health Call Centre</u>

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### Methicillin Resistant Staphylococcus aureus (MRSA)

### **CLINICAL PRESENTATION**

Asymptomatic or various infections of skin, soft tissue, pneumonia, bacteremia, urinary tract, etc.

INFECTIOUS SUBSTANCES		HOW IT IS TRANSMITTED	
Surface skin, infected or colonized secretions, excretions		Direct contact, indirect contact	
	PRECAUTIO	NS NEEDE	D
ACUTE CARE	Contact Precautions  • MRSA colonization and infection		<ul><li>Droplet &amp; Contact Precautions</li><li>If MRSA found in sputum or tracheostomy and have a productive cough or ventilated</li></ul>
LONG-TERM CARE & MENTAL HEALTH	Routine Practices  • MRSA colonization  • Urine infection		<ul> <li>Contact Precautions</li> <li>MRSA infection</li> <li>Use Droplet &amp; Contact Precautions if MRSA found in sputum or tracheostomy and have a productive cough or ventilated</li> </ul>
COMMUNITY	Routine Practices • Lower risk of transmission*		<ul> <li>Contact Precautions</li> <li>Higher risk of transmission*</li> <li>Use Droplet &amp; Contact Precautions if MRSA found in sputum or tracheostomy and have a productive cough or ventilated</li> </ul>
PEDIATRICS	<ul><li>Contact Precautions</li><li>Colonization and infection</li></ul>		<ul><li>Droplet &amp; Contact Precautions</li><li>If MRSA found in sputum or tracheostomy and have a productive cough or ventilated</li></ul>

### **DURATION OF PRECAUTIONS**

**Acute Care:** For the duration of admission or visit. Contact IPAC prior to stopping droplet precautions for respiratory infection.

**Long-Term Care:** Maintain additional precautions until infection is resolved, and then return to Routine Practices. Urine infection can be managed by Routine Practices.

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY	
Variable	Variable	

### **COMMENTS**

- \*Refer to <u>Additional Precautions in Community Healthcare Settings</u> for definition of lower risk and higher risk transmission
- Contact screening as directed by IPAC. Refer to ARO Acute Patient Placement Algorithm.

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### **Molluscum Contagiosum**

Molluscum contagiosum virus

### **CLINICAL PRESENTATION**

Small flesh-coloured raised papules with pearly appearance and central depression. Papules typically present on the lower abdomen, pubic area, inner thighs, buttock, genitals, can also be widespread all over body and itchy

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Drainage from papules	Direct contact including sexual contact, or fomites. Vertical transmission (pregnant individual to fetus in utero or newborn at birth)

PRECAUTIONS NEEDED		
ACUTE CARE	Routine Practices	
LONG-TERM CARE	Routine Practices	
COMMUNITY	Routine Practices	
PEDIATRICS	Routine Practices	

### **DURATION OF PRECAUTIONS**

### Not applicable

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
2 weeks to 6 months	Unknown

### COMMENTS

Minimize exposure to high-risk patients. Refer to <u>Definition of Moderately to Severely Immunocompromised Patients</u>

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### Mpox

### **CLINICAL PRESENTATION**

Prodromal phase (lasts 1-5 days): Flu-like symptoms like fever, chills, headache, muscle ache, and fatigue. Less common symptoms include sore throat, cough, nausea, vomiting, or diarrhea Smallpox-like rash (1-3 days after prodrome): Evolving rash from macules (flat lesions) to papules (raised lesions), vesicles, then pustules. Swollen lymph nodes, fever, chills, muscle ache, proctitis, tonsillitis

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Infected blood and body fluids, pox secretions	<ul> <li>Human to human transmission:</li> <li>Direct contact with cutaneous or mucosal lesions</li> <li>Indirect contact with fomites (i.e. linens or clothing)</li> <li>Respiratory droplets from prolonged face-to-face contact</li> <li>Animal contact:</li> <li>Bite or direct contact with an infected animal's blood, body fluid or rash</li> </ul>

#### PRECAUTIONS NEEDED

ACUTE CARE	Airborne & Contact + Droplet Precautions
LONG-TERM CARE	Airborne & Contact + Droplet Precautions
COMMUNITY	Airborne & Contact + Droplet Precautions
PEDIATRICS	Airborne & Contact + Droplet Precautions

### **DURATION OF PRECAUTIONS**

#### As directed by IPAC.

Until all lesions have crusted, those crusts have separated, and a fresh layer of healthy skin has formed underneath.

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
7 - 14 days, but can range from 5 - 21 days	2 - 4 weeks

### COMMENTS

- REPORTABLE DISEASE
- Acute care provider to call or page the Medical Microbiologist On-Call at presumed stage
- Call or page IPAC immediately if Mpox is presumed
- See IPAC AGMP Best Practice Guideline
- See VCH information on Mpox
- See <u>BCCDC</u> information on Mpox

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## **Mucormycosis (Zygomycosis, Phycomycosis)**

Includes: Apophysomyces spp., Cunninghamella spp., Lichtheimia spp., Mucor spp., Rhizomucor spp.

CLINICAL PRESENTATION		
Skin, wound, rhinocerebral infection, pulmonary, gastrointestinal, disseminated infection		
INFECTIOUS SUBSTANCES HOW IT IS TRANSMITTED		
Fungal spores in dust and soil		Inhalation or ingestion of fungal spores No human-to-human transmission
PRECAUTIONS NEEDED		
ACUTE CARE Routine Practices		
LONG-TERM CARE	E Routine Practices	
COMMUNITY	Routine Practices	
PEDIATRICS	Routine Practices	
	DURATION OF	PRECAUTIONS
Not applicable		
INCUBATION PERIOD		PERIOD OF COMMUNICABILITY
Unknown		Not applicable
COMMENTS		
Immunocompromised patients are at risk of infection		

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### Mumps, Known Case

### **CLINICAL PRESENTATION**

Generally mild self-limiting symptoms.

Swelling of salivary glands, parotitis. Myalgia, anorexia, malaise, headache, fever, respiratory symptoms.

Complications include orchitis, oophoritis, meningitis.

INFECTIOUS SUBSTANCES		HOW IT IS TRANSMITTED
Saliva, respiratory secretions		Direct contact, large droplets
PRECAUTIONS NEEDED		
ACUTE CARE	Droplet Precautions	
LONG-TERM CARE	Droplet Precautions	
COMMUNITY	Droplet Precautions	
PEDIATRICS	Droplet Precautions	

### **DURATION OF PRECAUTIONS**

#### Consult IPAC prior to discontinuation of precautions.

Maintain isolation until 9 days after the onset of parotid swelling.

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Usually 16 - 18 days, range 12 - 25 days	7 days before symptom onset to 9 days after onset (most infectious 2 days before to 5 days after onset of parotid swelling)

### **COMMENTS**

- REPORTABLE DISEASE
- NOTIFY IPAC if mumps exposure is presumed. Refer to "Mumps Exposed Susceptible" Contact" page.
- To determine if a person is immune or susceptible to mumps, see <a href="PHAC Mumps">PHAC Mumps</a> Susceptibility and Immunity
- For more information, see <u>BCCDC Mumps Information for Health Professionals</u>

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### **Mumps, Exposed Susceptible Contact**

### **CLINICAL PRESENTATION**

May be asymptomatic.

Prodrome may include myalgia, anorexia, malaise, headache, low-grade fever, or non-specific respiratory symptoms.

respiratory symptoms.		
INFECTIOUS SUBSTANCES		HOW IT IS TRANSMITTED
Saliva, respiratory secretions		Direct contact, large droplets
PRECAUTIONS NEEDED		
ACUTE CARE	Droplet Precautions	
LONG-TERM CARE	Droplet Precautions	
COMMUNITY	Droplet Precautions	
PEDIATRICS	Droplet Precautions	

### **DURATION OF PRECAUTIONS**

As directed by IPAC. Consult IPAC prior to discontinuation of precautions.

Begin isolation 10 days after first exposure and continue until 26 days after last exposure.

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Usually 16 – 18 days, range 12- 25 days	7 days before symptom onset to 9 days after onset (most infectious 2 days before to 5 days after onset of parotid swelling)

### **COMMENTS**

- NOTIFY IPAC if mumps exposure occurred in a healthcare setting.
- To determine if a person is immune or susceptible to mumps, see <u>PHAC Mumps</u> <u>Susceptibility and Immunity</u>
- For more information, see <u>BCCDC Mumps Information for Health Professionals</u>

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### Mycoplasma pneumoniae

CLINICAL PRESENTATION		
Cough (can persist for 3 weeks), fever, malaise, headache		
INFECTIOUS SUBSTANCES		HOW IT IS TRANSMITTED
Respiratory secretions		Direct Contact and large droplets
PRECAUTIONS NEEDED		
ACUTE CARE	Droplet Precautions	
LONG-TERM CARE	Droplet Precautions	
COMMUNITY	Droplet Precautions	
PEDIATRICS	Droplet Precautions	
DURATION OF PRECAUTIONS		

Until symptoms have stopped

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
1 - 4 weeks	Unknown

### COMMENTS

• M. Pneumoniae is not a reportable disease. Notify Medical Health Officer if observing unusual clusters, particularly if no clinical improvement seen with current treatment recommendations

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### **Necrotizing Enterocolitis (NEC)**

### **CLINICAL PRESENTATION**

Abdominal distention, bloody stool, diarrhea, feeding intolerance, lethargy, temperature instability, vomiting

INFECTIOUS SUBSTANCES **HOW IT IS TRANSMITTED** Unknown Unknown

#### PRECAUTIONS NEEDED

If a pathogen is identified, follow organism specific instructions in this manual.

ACUTE CARE	Contact Plus Precautions
LONG-TERM CARE	Contact Plus Precautions
COMMUNITY	Contact Precautions
PEDIATRICS	Contact Plus Precautions

### **DURATION OF PRECAUTIONS**

Contact IPAC prior to discontinuing precautions

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Not applicable	Unknown

#### COMMENTS

- Notify Medical Microbiologist & IPAC of all presumed cases
- NEC is commonly seen in premature babies within the first 2 weeks of birth up to 3 months of age and in babies born < 32 gestation. Rarely seen in adults.
- Etiology for NEC is multifactorial. No single pathogen has emerged as a definitive cause for **NEC**

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### Neisseria gonorrhoeae (Gonorrhea)

### **CLINICAL PRESENTATION**

Ophthalmia, neonatorum, urogenital/rectal/pharyngeal gonorrhea, arthritis, pelvic inflammatory disease

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Infected mucous membranes, urogenital discharge	Vertical (pregnant individual to newborn at birth), sexual contact, and rarely direct or indirect contact

	PRECAUTIONS NEEDED
ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Routine Practices

### **DURATION OF PRECAUTIONS**

### Not applicable

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
2 - 7 days	May extend for months in untreated individuals

### COMMENTS

REPORTABLE DISEASE

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### Nocardiosis (Nocardia spp.)

### **CLINICAL PRESENTATION**

Fever, cutaneous/lymphocutaneous disease or deep tissue infection secondary to soil contamination of a skin injury/open wound, pulmonary or central nervous system infection

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Contaminated soil and dust	No human-to-human transmission. Transmission occurs by inhalation of the microorganism in dust

### **PRECAUTIONS NEEDED**

ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Routine Practices

### **DURATION OF PRECAUTIONS**

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Unknown	Not applicable

### COMMENTS

· Infections in immunocompromised hosts may be associated with exposure to dust generated by construction, renovation and maintenance activities.

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### Nontuberculous mycobacterium (NTM)

Mycobacterium avium complex (M. avium, M. intracellulare, M. chimaera), M. abscessus complex, M. kansasii

### **CLINICAL PRESENTATION**

Vague, non-specific. Shortness of breath, cough, sputum production, fatigue, malaise, weight loss.

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Water, soil, dust	Human-to-human transmission rare

#### PRECAUTIONS NEEDED

I RESTITIONS NEEDED		
ACUTE CARE	Routine Practices	
LONG-TERM CARE	Routine Practices	
COMMUNITY	Routine Practices	
PEDIATRICS	Routine Practices	

### **DURATION OF PRECAUTIONS**

#### Not applicable

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Variable	Not applicable

### **COMMENTS**

- Pulmonary infections are more common and primarily community acquired
- For *M. abscessus*: implement **Contact Precautions** for Cystic Fibrosis patients during their healthcare encounter

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### Norovirus (Norwalk), Sapovirus

Caliciviridae

Calicivilluae	Caliciviridae		
CLINICAL PRESENTATION			
Acute onset nausea, vomiting, diarrhea			
INFECTIOUS SUBSTANCES		HOW IT IS TRANSMITTED	
Feces, emesis, vomit		Direct contact and indirect contact (fecal- oral), large droplets if vomiting (vomitus-oral)	
PRECAUTIONS NEEDED			
ACUTE CARE	Contact Plus Precautions  • Add Droplet if vomiting		
LONG-TERM CARE	Contact Plus Precautions  • Add Droplet if vomiting		
COMMUNITY	<ul> <li>Contact Precautions</li> <li>Add Droplet if vomiting</li> </ul>		
PEDIATRICS	<ul><li>Contact Plus Precaution</li><li>Add Droplet if vomiting</li></ul>	าร	

### **DURATION OF PRECAUTIONS**

Until symptoms have stopped for 48 hours AND return to baseline bowel movements Patients who are immunocompromised may require a longer isolation period - **Consult IPAC** prior to discontinuation of additional precautions

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
12 - 48 hours	Mostly during acute stage and usually 48 hours after symptom resolution

#### COMMENTS

- REPORTABLE DISEASE
- · Soap and water is the preferred method of hand hygiene
- Common causes of outbreaks. Refer to <a href="VCH Outbreak Resources">VCH Outbreak Resources</a>
- If a patient in an acute care multi-bed room tests positive, move to a private room if possible and place asymptomatic, exposed (> 4 hours in the same room as index case) roommates on **Contact Plus Precautions** for 48 hours.

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## Orf - Parapoxvirus

CLINICAL PRESENTATION		
Skin lesions		
INFECTIOUS SUBSTANCES HOW IT IS TRANSMITTED		HOW IT IS TRANSMITTED
Infected saliva of animals and fomites		No human-to-human transmission Contact with infected animals (usually sheep and goats)
PRECAUTIONS NEEDED		
ACUTE CARE	Routine Practices	
LONG-TERM CARE	Routine Practices	
COMMUNITY	Routine Practices	
PEDIATRICS	Routine Practices	
DURATION OF PRECAUTIONS		
Not applicable		
INCUBATION PERIOD		PERIOD OF COMMUNICABILITY
3 - 6 days		Not applicable
COMMENTS		

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### Parainfluenza virus

CLINICAL PRESENTATION			
Respiratory tract infection, croup, bronchiolitis, and pneumonia			
INFECTIOUS SUBSTANCES		H	HOW IT IS TRANSMITTED
Respiratory secretions		Direct	contact, indirect contact, droplet
PRECAUTIONS NEEDED			
ACUTE CARE	Routine Practices		<ul><li>Droplet &amp; Contact Precautions</li><li>Adults in high risk units* only</li></ul>
LONG-TERM CARE	Routine Practices		
COMMUNITY	Routine Practices		
PEDIATRICS			Droplet & Contact Precautions

### **DURATION OF PRECAUTIONS**

For adults - until symptoms resolve.

For pediatrics - at least 11 days post symptom onset AND 24 hours after symptoms resolve. For immunocompromised hosts, isolation precautions need to be maintained for a longer duration due to prolonged viral shedding - Contact IPAC for discontinuation of precautions.

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
2 - 6 days	1 - 3 weeks

#### COMMENTS

- Minimize exposure to high-risk patients. Refer to <u>Definition of Moderately to Severely</u> <u>Immunocompromised Patients</u>.
- · Individuals on Droplet & Contact Precautions may need additional Airborne Precautions if Aerosol Generating Medical Procedures (AGMPs) are used.
- \*High-risk units Solid Organ Transplant (SOT), Bone Marrow Transplant (BMT), Intensive Care Unit (ICU), Neonatal ICU (NICU), Cardiac Surgery ICU (CSICU), Cardiac Care Unit (CCU), Thoracic, Burns Trauma High Acuity (BTHA).

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### Parvovirus B19

(Fifth Disease, Erythema Infectiosum, Aplastic crisis)

#### **CLINICAL PRESENTATION**

Facial red "slapped cheek" rash. Macular or lace-like rash on trunk, arms, or thighs. Prodrome of fever, malaise, myalgia, and headache. Arthralgia or arthritis. Aplastic or erythrocytic crisis.

Papular-purpuric gloves-and-socks syndrome (PPGSS): Painful and itchy papules, petechiae or purpural rash of hands and feet, often with fever

INFECTIOUS SUBSTANCES		HOW IT IS TRANSMITTED
Respiratory secretions, blood		Droplet, direct contact, percutaneous exposure to blood products, vertical (pregnant individual to fetus in utero)
PRECAUTIONS NEEDED		
ACUTE CARE	Routine Practices	<ul> <li>Droplet Precautions</li> <li>Aplastic crisis</li> <li>Immunocompromised patients</li> <li>Papular purpuric gloves-socks syndrome (PPGSS)</li> </ul>
LONG-TERM CARE	Routine Practices	<ul><li>Droplet Precautions</li><li>Aplastic crisis</li><li>Immunocompromised patients</li><li>PPGSS</li></ul>
COMMUNITY	Routine Practices	<ul><li>Droplet Precautions</li><li>Aplastic crisis</li><li>Immunocompromised patients</li><li>PPGSS</li></ul>
PEDIATRICS	Routine Practices	<ul><li>Droplet Precautions</li><li>Aplastic crisis</li><li>Immunocompromised patients</li><li>PPGSS</li></ul>

### **DURATION OF PRECAUTIONS**

Consult IPAC prior to discontinuation of precautions.

Transient Aplastic crisis: Maintain precautions for 7 days after onset of crisis.

Immunocompromised or PPGSS: For acute care, maintain precautions for duration of hospitalization. For community or LTC, until all acute symptoms resolve

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
4 - 21 days	Fifths disease: No longer infectious after rash appears Aplastic crisis: Up to 1 week after onset of crisis Chronic infection in immunocompromised: Months to years

### COMMENTS

- Refer to VCH Definition of Moderately to Severely Immunocompromised Patients..
- In pregnant women with presumed or confirmed intrauterine parvovirus B19 infection, amniotic fluid and fetal tissues should be considered infectious. Use **Contact Precautions**.

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### Pertussis - Whooping Cough (Bordetella pertussis)

### **CLINICAL PRESENTATION**

**Catarrhal stage:** begins with common cold-like symptoms, mild cough that becomes gradually worse

Paroxysmal stage: paroxysms of numerous, rapid coughs characterized by inspiratory whoop

(gasping), cyanosis, fatigue, vomiting, can last 2-8 weeks

Convalescent stage: symptoms wane over weeks to months

INFECTIOUS	SUBSTANCES	HOW IT IS TRANSMITTED
Respiratory secretions		Droplet
PRECAUTIONS NEEDED		
ACUTE CARE	Droplet Precautions	
LONG-TERM CARE	Droplet Precautions	
COMMUNITY	Droplet Precautions	
PEDIATRICS	Droplet Precautions	

### **DURATION OF PRECAUTIONS**

**Untreated:** up to 21 days from onset of paroxysmal cough **Treated:** after 5 days of effective antimicrobial treatment

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Average 9-10 days; range of 6-20 days	Untreated: from beginning of infection up to 3 weeks after onset of coughing Treated: after 5 days of effective antimicrobial treatment

### COMMENTS

- REPORTABLE DISEASE
- Susceptible contacts may need to be assessed for post-exposure prophylaxis

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## Pharyngitis, not yet diagnosed (NYD)

Most commonly caused by viruses

#### **CLINICAL PRESENTATION**

Sore throat, fever, pain with swallowing, anterior cervical lymphadenopathy, pharyngeal and tonsillar erythema, tonsillar hypertrophy with or without exudate, commonly associated with Scarlet Fever

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Respiratory secretions	Direct and indirect contact, large droplets

#### **PRECAUTIONS NEEDED**

If a pathogen is identified, follow organism specific instructions in this manual

ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Droplet & Contact Precautions

#### **DURATION OF PRECAUTIONS**

Variable – see specific organism

For viral infections – until symptoms resolve or return to baseline

For Group A Streptococcus – until 24 hours of effective antimicrobial therapy completed

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Variable	Until symptoms resolve For Group A Streptococcus – until at least 24 hours of effective antimicrobial treatment

#### **COMMENTS**

 If Group A strep is presumed, see <u>Group A Streptococcus (GAS) – Scarlet Fever,</u> <u>Pharyngitis</u>

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## Plague - Bubonic (Yersinia pestis)

### **CLINICAL PRESENTATION**

Lymphadenitis, fever, chills, headache, extreme fatigue and one or more swollen, tender and painful lymph nodes (called buboes)

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Bite of an infected flea	Fleaborne Contact with contaminated fluid or tissue e.g., touching or skinning infected animals No human-to-human transmission

PRECAUTIONS NEEDED		
ACUTE CARE	Routine Practices	
LONG-TERM CARE	Routine Practices	
COMMUNITY	Routine Practices	
PEDIATRICS	Routine Practices	

## **DURATION OF PRECAUTIONS**

#### Not applicable

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
2 - 8 days	Not applicable

#### COMMENTS

- REPORTABLE DISEASE
- If left untreated, can progress to sepsis, renal failure, acute respiratory distress, and death

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## Plague - Pneumonic (Yersinia pestis)

CLINICAL PRESENTATION		
Pneumonia, dyspnea, cough, fever, hemoptysis		
INFECTIOUS SUBSTANCES HOW IT IS TRANSMITTED		
Respiratory secretions		Droplet
PRECAUTIONS NEEDED		
ACUTE CARE	Droplet Precautions	
LONG-TERM CARE	Droplet Precautions	
COMMUNITY	Droplet Precautions	
PEDIATRICS	Droplet Precautions	
DURATION OF PRECAUTIONS		

Until 48 hours of effective antibiotic treatment

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
1 - 6 days	Until 48 hours of effective antibiotic treatment

## COMMENTS

- REPORTABLE DISEASE
- If left untreated, can progress to sepsis, renal failure, acute respiratory distress, and death
- Close contacts may require prophylaxis

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## Pleurodynia (Group B Coxsackieviruses)

Also known as "Bornholm's Disease"

CLINICAL PRESENTATION		
Fever, se	vere chest and abdominal/	lower back pain, headache, malaise
INFECTIOUS SUBSTANCES HOW IT IS TRANSMITTED		
Feces and respiratory secretions		Direct contact, indirect contact, droplets
	PRECAUTIO	NS NEEDED
ACUTE CARE	Routine Practices	
LONG-TERM CARE	Routine Practices	
COMMUNITY	Routine Practices	
PEDIATRICS		<ul> <li>Contact Precautions</li> <li>Add Droplet for NICU settings</li> </ul>
DUDATION OF BREGALITIONS		

#### **DURATION OF PRECAUTIONS**

Until symptoms are resolved. Consult IPAC prior to stopping precautions in NICU.

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
3 - 6 days	Until symptoms are resolved

### COMMENTS

 Individuals on Droplet & Contact Precautions may need additional Airborne Precautions if Aerosol Generating Medical Procedures (AGMPs) are used.

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## Pneumocystis jirovecii pneumonia (PJP)

Originally known as *Pnemocystic carinii* pneumonia (PCP)

CLINICAL PRESENTATION		
	Fever, cough, dyspnea,	chills, fatigue, tachypnea
INFECTIOUS SUBSTANCES HOW IT IS TRANSMITTED		
Respiratory secretions		Unknown
PRECAUTIONS NEEDED		
ACUTE CARE	Routine Practices	
LONG-TERM CARE	Routine Practices	
COMMUNITY	Routine Practices	
PEDIATRICS	Routine Practices	
DURATION OF PRECAUTIONS		

#### Not applicable

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Unknown	Unknown

### COMMENTS

- Ensure roommate is not immunocompromised, see <u>Definitions for severely or moderately immunocompromised patients</u>.
- · Most common opportunistic infection is found among people living with HIV.

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## Pneumonia, not yet diagnosed (NYD)

(Bacterial, viral, fungal)

CLINICAL PRESENTATION		
Fever, cough, chest pain, shortness of breath		
INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED	
Respiratory secretions	Direct contact, indirect contact, droplet	
PRECAUTIONS NEEDED		

If a pathogen is identified, follow organism specific instructions in this manual.

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ACUTE CARE	Routine Practices     Adult bacterial *if not otherwise specified     Adult viral *if influenza, RSV, COVID-19 ruled out	<ul><li>Droplet Precautions</li><li>Meningococcus</li><li>Mycloplasma</li><li>Yersinia pestis</li></ul>	<ul> <li>Droplet &amp; Contact</li> <li>Precautions</li> <li>Pneumonia NYD</li> <li>Influenza, RSV, COVID-19</li> <li>Group A Strep (GAS)</li> </ul>
LONG-TERM CARE	Routine Practices  • Adult bacterial *if not otherwise specified  • Adult viral *if influenza, RSV, COVID-19 ruled out	<ul><li>Droplet Precautions</li><li>Meningococcus</li></ul>	Droplet & Contact Precautions • Pneumonia NYD • Influenza, RSV, COVID-19 • Group A Strep (GAS)
COMMUNITY	Routine Practices     Adult bacterial *if not otherwise specified     Adult viral *if influenza, RSV, COVID-19 ruled out	Droplet Precautions     Meningococcus     Mycloplasma     Yersinia pestis	Droplet & Contact Precautions • Pneumonia NYD • Influenza, RSV, COVID-19 • Group A Strep (GAS)
PEDIATRICS		Droplet Precautions • Haemophilius influenzae	Droplet & Contact Precautions • Pediatric all causes

#### **DURATION OF PRECAUTIONS**

Until etiology is established or >24 hrs clinical improvement\* on empiric therapy. Refer to specific organism if pathogen is identified. For Group A Strep: 24 hours after appropriate antimicrobial therapy

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Variable	Variable

#### COMMENTS

- Use appropriate precautions if causative organism is an antibiotic-resistant organism (ARO)
- Airborne Precautions may be indicated if varicella (VZV) or Tuberculosis pneumonia is presumed.
- Minimize exposure of immunocompromised patients, patients with chronic cardiac or lung disease.
- \*Clinical improvement is defined as patient is afebrile >24 hours, symptoms have improved, and decreasing oxygen requirements.

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## Poliomyelitis (Poliovirus)

#### **CLINICAL PRESENTATION**

Fever, tiredness, headache, nausea, vomiting, severe muscle pain and spasms, stiff neck, muscle weakness, paralysis

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Feces, respiratory secretions	Direct Contact (fecal-oral), indirect contact

PRECAUTIONS NEEDED		
ACUTE CARE	Contact Precautions	
LONG-TERM CARE	Contact Precautions	
COMMUNITY	Contact Precautions	
PEDIATRICS	Contact Precautions	

#### **DURATION OF PRECAUTIONS**

- As directed by IPAC.
- Until 3 consecutive stool and/or throat swab samples test negative. Samples must be collected > 24 hours apart.
- · Health management and stool testing will be determined on a case-by-case basis for immunocompromised hosts.

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
3 - 35 days	Throat - 1 week Stool - 3 6 weeks

#### COMMENTS

- REPORTABLE DISEASE
- · Only health care workers who are vaccinated against polio and not immunocompromised should provide care for a poliovirus patient.
- · All stool sample testing for poliovirus must be conducted by the National Microbiology Laboratory.
- Immunocompromised hosts may have prolonged viral shedding.
- **PHAC Poliovirus Guidelines**

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### Powassan Virus (Orthoflavivirus)

#### **CLINICAL PRESENTATION**

Most cases are subclinical. Fever, sore throat, drowsiness, headache, muscle weakness, nausea, disorientation.

Rare cases of neuroinvasive disease, encephalitis, meningitis.

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Bite from infected tick	Tick borne (vector) Rare transmission can occur through blood transfusion and organ transplantation

## PRECAUTIONS NEEDED **Routine Practices LONG-TERM CARE** Routine Practices

**Routine Practices COMMUNITY** 

**Routine Practices PEDIATRICS** 

#### **DURATION OF PRECAUTIONS**

#### Not applicable

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
1 - 5 weeks	Not applicable

#### COMMENTS

**ACUTE CARE** 

- All cases of encephalitis are <u>REPORTABLE DISEASE</u>.
- Provider to report to Medical Health Officer if encephalitis is presumed.

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#### Pseudomembranous colitis

(common complication of Clostridioides difficile infection)

CLINICAL PRESENTATION		
Diarrhea, abdominal cramps, pain, fever, toxic megacolon, systemic toxicity		
INFECTIOUS SUBSTANCES HOW IT IS TRANSMITTED		HOW IT IS TRANSMITTED
Feces		Direct contact, indirect contact
PRECAUTIONS NEEDED		
ACUTE CARE	TE CARE Contact Plus Precautions	
LONG-TERM CARE	Contact Plus Precautions	
COMMUNITY	Contact Precautions	
PEDIATRICS Contact Plus Precautions		

#### **DURATION OF PRECAUTIONS**

Until symptoms have stopped for 48 hours AND return to baseline bowel movements A negative or repeat C. difficile test is not recommended as a test of cure. Shedding of C. difficile in stool can persist for several months after infection has resolved and may result in positive test results

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Variable	Until symptoms resolve

#### COMMENTS

- · Soap and water is the preferred method of hand hygiene.
- Environmental cleaning: Use a product that is effective against C. difficile as spores are known to be durable and resistant to routine disinfectant processes.
- Only send specimens on **symptomatic individuals**, do not test children < 12 months.

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## Pseudomonas aeruginosa

CLINICAL PRESENTATION		
Asymptomatic or various infections of skin, soft tissue, pneumonia, bacteremia, urinary tract		
INFECTIOUS	SUBSTANCES	HOW IT IS TRANSMITTED
Colonized or in	nfected secretions	Direct contact, indirect contact
PRECAUTIONS NEEDED		
ACUTE CARE	Routine Practices	
LONG-TERM CARE	Routine Practices	
COMMUNITY	Routine Practices	
PEDIATRICS	Routine Practices	
DURATION OF PRECAUTIONS		

#### **DURATION OF PRECAUTIONS**

Additional Precautions may be used at the discretion of IPAC

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Not applicable	Variable

### COMMENTS

- If reported as Carbapenemase Producing Organism, see CPO.
- Can cause severe infections in patients with <a href="Cystic Fibrosis">Cystic Fibrosis</a>.
- Refer to ARO Acute Patient Placement Algorithm.
- See VCH CPO resources on the IPAC website.

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## **Psittacosis (Ornithosis)**

Chlamydia psittaci

Also known as "parrot disease"

#### **CLINICAL PRESENTATION**

Atypical pneumonia (abrupt fever onset, headache, dry cough), pharyngitis, diarrhea, constipation, nausea, vomiting, joint pain, chills, malaise, abdominal pain, rash

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Excrement or respiratory secretions of infected birds	Direct contact. Inhalation of excrement or respiratory secretions of infected birds. Human-to-human transmission is rare.

PRECAUTIONS NEEDED		
ACUTE CARE	Routine Practices	
LONG-TERM CARE	Routine Practices	
COMMUNITY	Routine Practices	
PEDIATRICS	Routine Practices	

\ <del>-</del>		
DURATION OF PRECAUTIONS		
Not applicable		
INCUBATION PERIOD	PERIOD OF COMMUNICABILITY	
5 - 14 days	Not applicable	
COMMENTS		
• DEDODTADI E DISEASE		

REPORTABLE DISEASE

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## Q Fever (Coxiella burnetii)

• REPORTABLE DISEASE

CLINICAL PRESENTATION		
	CLINICAL PR	ESENTATION
Usually	self-limiting. Rapid onset for	ever, chills, weakness, pneumonia.
INFECTIOUS	INFECTIOUS SUBSTANCES HOW IT IS TRANSMITTED	
Infected animals, raw milk		Inhalation of dust or soil from farms. Direct contact with infected animals or drinking infected raw milk. No human-to-human transmission
	PRECAUTIO	NS NEEDED
ACUTE CARE	Routine Practices	
LONG-TERM CARE	Routine Practices	
COMMUNITY	Routine Practices	
PEDIATRICS Routine Practices		
DURATION OF PRECAUTIONS		
Not applicable		
INCUBATION PERIOD PERIOD OF COMMUNICABILITY		
14 - 39 days Not applicable		
COMMENTS		

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#### **Rabies**

#### **CLINICAL PRESENTATION**

Prodromal symptoms (low grade fever, myalgia) that can rapidly progress to acute encephalitis (headache, fever, hydrophobia, delirium, convulsions, paralysis) further progressing to coma, death

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Saliva, cerebrospinal fluid or central nervous system tissue of infected mammal (wild/farm animals, domestic pets)	Direct contact - highest risk is a bite from an infected animal.  Transmission is rare via scratches from a rabid animal, exposure to mucus membranes, airborne or transplantation of organs from a donor who had undiagnosed rabies infection. Human-to-human transmission generally does not occur.

#### PRECAUTIONS NEEDED

ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Routine Practices

#### **DURATION OF PRECAUTIONS**

#### Not applicable

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
3 - 8 weeks, range is days - years	Not applicable

#### COMMENTS

- REPORTABLE DISEASE
- Human rabies is very rare in Canada; however, once symptoms develop it is almost always
- Treatment & management, see <u>BCCDC Management of Specific Diseases Rabies</u> or <u>Public</u> Health Agency of Canada (PHAC) Rabies: For healthcare professionals

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## Rash, not yet diagnosed (NYD)

## **CLINICAL PRESENTATION**

Variable. Refer to: VCH Rash Assessment Algorithm

**INFECTIOUS SUBSTANCES** 

**HOW IT IS TRANSMITTED** 

See specific organism for details

Variable

#### PRECAUTIONS NEEDED

See specific organism for precautions indicated

#### Rash: Erythematous sandpaper-like rash

• See Group A Streptococcus (GAS) - Scarlet Fever, Pharyngitis

#### Rash: Maculopapular with coryza or fever

- See Measles (Rubeola)
- See Rubella Acquired
- See Rubella Congenital
- See Toxic Shock Syndrome invasive Group A Strep

#### Rash: Maculopapular or vesicular rash of the hands and feet

- See <u>Hand</u>, <u>Foot and Mouth Disease</u>
- See Syphilis (Treponema pallidum) Congenital

#### Rash: Petechial or ecchymotic with fever

- See Meningococcal Disease (Neisseria meningitidis)
- See Viral Hemorrhagic Fever (VHF), not yet diagnosed (NYD)

#### Rash: Petechial, papular-purpuric

• See Parvovirus B19 (Fifth Disease)

Rash: Pruritic scabies-like burrows (papules, nodules, vesicles or bullae), or widespread, crusted, and hyperkeratotic lesions (Norwegian scabies)

See Scabies (Sarcoptes scabiei)

#### Rash: Vesicular

- See <u>Herpes Simplex Virus</u>: <u>Disseminated or extensive lesions</u>
- See <u>Herpes Simplex Virus</u>: <u>Localized lesions</u>
- See Mpox
- See Varicella Zoster Virus: Chickenpox Known Case
- See Varicella Zoster Virus: Herpes Zoster (Shingles) Disseminated
- See Varicella Zoster Virus: Herpes Zoster (Shingles) Localized Rash

#### **DURATION OF PRECAUTIONS**

Variable

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Variable	Variable

#### COMMENTS

Refer to <u>VCH Rash Assessment Algorithm</u>

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## Rat-bite fever (Streptobacillus moniliformis, Spirillum minus)

#### **CLINICAL PRESENTATION**

**S. moniliformis** (also known as Haverhill fever): Relapsing/abrupt fever, rash, migratory polyarthritis, chills, muscle pain, vomiting, sore throat and headache

**S.** *minus*: Fever, ulceration/discolouration/swelling and pain at the site of the bite, lymphadenopathy, and rash.

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Saliva, bites, scratches, and urine of infected rodents, contaminated items (e.g., rat bedding, cages, etc.) contaminated food or drinks, unpasteurized milk of infected animals	No human-to-human transmission Bite or scratches from infected rodents, ingestion of contaminated food or drinks

#### PRECAUTIONS NEEDED

ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Routine Practices

#### **DURATION OF PRECAUTIONS**

#### Not applicable

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
S. moniliformis: Usually less than 7 days (range 3 days to 3 weeks) S minus: 7 - 21 days	Not applicable

#### COMMENTS

- **S. moniliformis**: Acquired from rats or other animals, and contaminated food or drinks.
- S minus: Acquired from rat or mice bites only.

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## Relapsing fever (Borrelia spp.)

## **CLINICAL PRESENTATION**

Sudden onset of high fever, chills, sweats, headache, muscle and joint pain, nausea. Transitory macular or petechial rashes

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Bite of louse or tick	Insect-borne: Acquired by bite of lice or ticks No human-to-human transmission

PRECAUTIONS NEEDED		
ACUTE CARE	Routine Practices	
LONG-TERM CARE	Routine Practices	
COMMUNITY	Routine Practices	
PEDIATRICS	Routine Practices	

DURATION OF PRECAUTIONS		
Not applicable		
INCUBATION PERIOD	PERIOD OF COMMUNICABILITY	
2 - 18 days	Not applicable	
COMMENTS		

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## Respiratory Tract Infection, not yet diagnosed (NYD)

CLINICAL PRESENTATION		
Fever, cough, runny nose, sneezing		
INFECTIOUS SUBSTANCES HOW IT IS TRANSMITTED		
Respiratory secretions Direct contact, indirect contact, droplet		Direct contact, indirect contact, droplet
PRECAUTIONS NEEDED		
If a pathogen is identified, follow organism specific instructions in this manual.		
ACUTE CARE	Droplet & Contact Precautions	
LONG-TERM CARE	Droplet & Contact Precautions	
COMMUNITY	Droplet & Contact Precautions	
PEDIATRICS	Droplet & Contact Precautions	
DURATION OF PRECAUTIONS		
Variable, refer to specific organism once identified		
INCUBATION PERIOD PERIOD OF COMMUNICABILITY		PERIOD OF COMMUNICABILITY
Variable		Variable

#### COMMENTS

- Individuals on Droplet & Contact Precautions may need additional Airborne Precautions if Aerosol Generating Medical Procedures (AGMPs) are used.
- Use point of care risk assessment to determine if additional personal protective equipment is necessary.

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#### Rhinovirus

#### **CLINICAL PRESENTATION**

Respiratory tract infection, common cold, rhinosinusitis, nasal congestion, malaise, headache, myalgia, fever, cough, and sneezing.

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Respiratory secretions	Direct contact, indirect contact, droplet

#### PRECAUTIONS NEEDED

ACUTE CARE	Routine Practices	<ul><li>Droplet &amp; Contact Precautions</li><li>Adults in high risk units* only</li></ul>
LONG-TERM CARE	Routine Practices	
COMMUNITY	Routine Practices	
PEDIATRICS		Droplet & Contact Precautions

#### **DURATION OF PRECAUTIONS**

For adults, until symptoms resolve.

For pediatrics, at least 11 days post symptom onset AND 24 hours after symptoms resolve. For immunocompromised hosts, isolation precautions need to be maintained for a longer duration due to prolonged viral shedding – Contact IPAC for discontinuation of precautions.

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
2 - 3 days	Until acute symptoms resolve (1-2 weeks)

#### COMMENTS

- Minimize exposure to high-risk patients. Refer to <u>Definition of Moderately to Severely</u> Immunocompromised Patients.
- · Individuals on Droplet & Contact Precautions may need additional Airborne Precautions if Aerosol Generating Medical Procedures (AGMPs) are used.
- \*High-risk units Solid Organ Transplant (SOT), Bone Marrow Transplant (BMT), Intensive Care Unit (ICU), Neonatal ICU (NICU), Cardiac Surgery ICU (CSICU), Cardiac Care Unit (CCU), Thoracic, Burns Trauma High Acuity (BTHA).

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#### **Rickettsial Diseases**

Anaplasmosis (Anaplasma phagocytophilum) & Ehrlichiosis (Ehrlichia spp.). Rickettsialpox (Rickettsia akari). Rocky Mountain Spotted Fever (Rickettsia rickettsii). Typhus fevers: scrub typhus (Orientia tsutsugamushi), epidemic typhus (Rickettsia prowazekii), murine typhus (Rickettsia typhi)

#### CLINICAL PRESENTATION

Fever, rash, malaise, myalgia, headache, encephalitis, thrombocytopenia. Less common: respiratory failure, disseminated intravascular coagulation, organ failure, death

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Acquired from bite by infected vector (ticks, mites, fleas, body lice)	<ul> <li>Vector-borne</li> <li>Anaplasmosis: possible transmission also includes via solid organ transplantation, blood transfusion and pregnant individual to fetus in utero</li> <li>Rocky Mountain Spotted Fever: rarely via blood transfusion</li> </ul>

#### PRECAUTIONS NEEDED

ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Routine Practices

#### **DURATION OF PRECAUTIONS**

#### Not applicable

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Variable. Range is 3 - 21 days (depends on the organism)	No human-to-human transmission Note: Rickettsia prowazekii can be infectious via close direct contact with a person who has body lice

#### COMMENTS

- REPORTABLE DISEASE. All Rickettsial diseases listed above are reportable
- **BCCDC Case Definition for Rickettsial Diseases**

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## Rift Valley Fever (Phlebovirus)

#### **CLINICAL PRESENTATION**

Most cases are subclinical. Fever, weakness, back pain, and dizziness. Disease may progress to encephalitis, unexplained bleeding, jaundice, hemorrhagic fever.

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Bite from an infected mosquito	Mosquito borne (vector) Contact with blood, body fluids, or tissue of infected animals No human-to-human transmission

PRECAUTIONS NEEDED		
ACUTE CARE	Routine Practices	
LONG-TERM CARE	Routine Practices	
COMMUNITY	Routine Practices	
PEDIATRICS	Routine Practices	

## **DURATION OF PRECAUTIONS**

#### Not applicable

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
2 - 6 days	Not applicable

#### **COMMENTS**

- REPORTABLE DISEASE
- Transmission is limited to geographical areas where the virus is circulating (sub-Saharan Africa).
- Potentially hazardous to laboratory staff. Notify laboratory prior to sending specimen.

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## Roseola Infantum - Human Herpes Virus 6 and 7 (HHV6 and HHV7)

(Exanthema subitum, Sixth disease, Baby measles)

CLINICAL PRESENTATION			
Fever, nonpruritic maculopapular rash			
INFECTIOUS	SUBSTANCES	HOW IT IS TRANSMITTED	
Saliva		Direct contact, close personal contact	
PRECAUTIONS NEEDED			
ACUTE CARE	ACUTE CARE Routine Practices		
LONG TERM OARE			
LONG-TERM CARE	Routine Practices		
COMMUNITY	Routine Practices		
PEDIATRICS	EDIATRICS Routine Practices		
	DURATION OF	PRECAUTIONS	
Not applicable			
INCUBATION PERIOD PERIOD OF COMMUNICABILITY			
9 - 10 days Not applicable		Not applicable	
COMMENTS			

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#### **Rotavirus**

CLINICAL PRESENTATION		
Severe watery diarrhea, vomiting, abdominal pain, dehydration, loss of appetite		
INFECTIOUS SUBSTANCES		HOW IT IS TRANSMITTED
Feces, contam	inated items (toys)	Direct contact (fecal-oral), indirect contact
PRECAUTIONS NEEDED		
ACUTE CARE	Contact Plus Precautions  • Add Droplet if vomiting	
LONG-TERM CARE	<ul><li>Contact Plus Precaution</li><li>Add Droplet if vomiting</li></ul>	าร
COMMUNITY	<ul> <li>Contact Precautions</li> <li>Add Droplet if vomiting</li> </ul>	
PEDIATRICS	<ul> <li>Contact Plus Precaution</li> <li>Add Droplet if vomiting</li> </ul>	าร

#### **DURATION OF PRECAUTIONS**

Until symptoms have stopped for 48 hours AND return to baseline bowel movements For immunocompromised hosts, isolation precautions may need to be maintained for a longer duration due to prolonged viral shedding. **Contact IPAC** for discontinuation of precautions.

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
2 days	3 - 21 days

#### COMMENTS

- REPORTABLE DISEASE
- · Soap and water is the preferred method for hand hygiene
- For acute inpatient settings: Contact Plus Precautions should be maintained until lab results are negative AND for 10 days post immunization for infants who receive Rotavirus vaccine

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## **RSV - Respiratory Syncytial Virus**

CLINICAL PRESENTATION		
Upper respiratory tract infection, bronchiolitis and pneumonia		
INFECTIOUS SUBSTANCES		HOW IT IS TRANSMITTED
Respiratory secretions		Direct contact, indirect contact, droplet
	PRECAUTIO	NS NEEDED
ACUTE CARE	Droplet & Contact Precautions	
LONG-TERM CARE	Droplet & Contact Precautions	
COMMUNITY	Droplet & Contact Precautions	
PEDIATRICS	Droplet & Contact Precautions	

#### **DURATION OF PRECAUTIONS**

**For adults:** at least 7 days post symptom onset AND 24 hours after symptoms resolve. **For pediatrics:** at least 11 days post symptom onset AND 24 hours after symptoms resolve. For immunocompromised individuals, isolation precautions need to be maintained for a longer duration – Contact IPAC for discontinuation of precautions.

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
2 - 8 days	Until acute symptoms resolve (typically 1 - 2 weeks)

#### COMMENTS

- Individuals on Droplet & Contact Precautions may need additional Airborne Precautions if Aerosol Generating Medical Procedures (AGMPs) are used.
- Minimize exposure of high-risk patients. Refer to <u>Definition of Moderately to Severely Immunocompromised Patients</u>.

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## Rubella (German Measles) - Acquired

CLINICAL PRESENTATION		
Fever and maculopapular rash		
INFECTIOUS SUBSTANCES HOW IT IS TRANSMITTED		
Respirato	ory secretions	Direct contact, droplet
	PRECAUTIO	NS NEEDED
ACUTE CARE	Droplet Precautions	
LONG-TERM CARE	Droplet Precautions	
COMMUNITY	Droplet Precautions	
PEDIATRICS	DIATRICS Droplet Precautions	
DURATION OF PRECAUTIONS		
Until 7 days after onset of rash		
INCUBATION PERIOD		PERIOD OF COMMUNICABILITY

#### **COMMENTS**

REPORTABLE DISEASE

14 - 21 days

- Only those individuals who are known to meet immunity criteria should enter the room. If immunity is unknown, assume person is non-immune. Non-immune individuals should not enter except in urgent or compassionate circumstances. Pregnant HCWs should not enter the room regardless of their immune status.
- If other patients exposed, notify IPAC and refer to Rubella (German measles) Exposed Susceptible Contact.

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One week before to 7 days after onset of rash



## Rubella - Congenital

#### **CLINICAL PRESENTATION**

Congenital rubella syndrome (severe birth defects). Most common manifestations: Ophthalmologic (cataracts, pigmentary retinopathy, microphthalmos, glaucoma), cardiac (patent ductus arteriosus, peripheral pulmonary artery stenosis), auditory (hearing impairment), or neurologic (behavioral disorders, meningoencephalitis, microcephaly).

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Respiratory secretions, urine	Direct contact, indirect contact, droplet

respiratory secretions, unite		Direct contact, indirect contact, droplet
PRECAUTIONS NEEDED		
ACUTE CARE	Not applicable	
LONG-TERM CARE	Not applicable	
COMMUNITY	Not applicable	
PEDIATRICS	Droplet & Contact Preca	utions

#### **DURATION OF PRECAUTIONS**

Until 1 year of age, unless two cultures of nasopharyngeal and urine are obtained one month apart after 3 months of age are negative

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
4 - 21 days	Prolonged shedding in respiratory tract and urine can be up to one year

#### COMMENTS

- REPORTABLE DISEASE
- Only those individuals who are known to meet immunity criteria should enter the room. If immunity is unknown, assume person is non-immune. Non-immune individuals should not enter except in urgent or compassionate circumstances. Pregnant HCWs should not enter the room regardless of their immune status.
- If other patients exposed, notify IPAC and refer to Rubella (German measles) Exposed Susceptible Contact.

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## Rubella (German measles) - Exposed Susceptible Contact

CLINICAL PRESENTATION			
Asymptomatic			
INFECTIOUS SUBSTANCES		HOW IT IS TRANSMITTED	
Respiratory secretions		Direct contact, droplet	
	PRECAUTIONS NEEDED		
ACUTE CARE	Droplet Precautions		
LONG-TERM CARE	Droplet Precautions		
COMMUNITY	Droplet Precautions		
PEDIATRICS	Droplet Precautions		

#### **DURATION OF PRECAUTIONS**

Droplet Precautions should be maintained for exposed susceptible individuals for 7 days after first contact up to 21 days after last contact.

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
14 - 21 days	One week before to 7 days after onset of rash

#### **COMMENTS**

- Only those individuals who are known to meet <u>immunity criteria</u> should enter the room. If immunity is unknown, assume person is non-immune. Non-immune individuals should not enter except in urgent or compassionate circumstances. Pregnant HCWs should not enter the room regardless of their immune status.
- Notify IPAC if measles exposure occurred in a healthcare setting.

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## Saint Louis Encephalitis (Orthoflavivirus)

### **CLINICAL PRESENTATION**

Most cases are subclinical. Clinical cases include encephalitis, high fever, altered consciousness, neurologic dysfunction, meningitis, stiff neck, headache, myalgia, tremors, nausea, vomiting and urinary tract infection

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Bite from an infected mosquito	Mosquito borne (vector) No human-to-human transmission

#### PRECAUTIONS NEEDED

ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Routine Practices

#### **DURATION OF PRECAUTIONS**

#### Not applicable

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
4 - 21 days	Not applicable

### **COMMENTS**

- All cases of encephalitis are <u>REPORTABLE DISEASE</u>. Provider to report to Medical Health Officer if encephalitis is presumed.
- See <u>Arbovirus</u> page in this manual for a list of related arthropod-borne viruses.

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## Salmonellosis (Salmonella spp.) - Non-typhoidal Salmonella

### **CLINICAL PRESENTATION**

Diarrhea, fever, abdominal cramps, bacteremia, mucus in stools, and food poisoning

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Feces, contaminated food (e.g., meat, poultry, dairy, eggs, produced, processed foods), unpasteurized milk and other raw dairy products, and contaminated water	Fecal-oral, direct contact, indirect contact, foodborne

#### PRECAUTIONS NEEDED

ACUTE CARE	Routine Practices	Contact Precautions For Adults if: Incontinent Stool not contained Poor hygiene
LONG-TERM CARE	Routine Practices	Contaminating their environment  Contact Precautions
LONG-TERM CARE	Noutine Flactices	For Adults if: Incontinent Stool not contained Poor hygiene Contaminating their environment
COMMUNITY	Routine Practices	Contact Precautions For Adults if: Incontinent Stool not contained Poor hygiene Contaminating their environment
PEDIATRICS		Contact Precautions

#### **DURATION OF PRECAUTIONS**

Until symptoms have stopped for 48 hours AND return to baseline bowel movements, OR (for adults) until they are continent and have good hygiene.

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
6 - 48 hours	Variable
COMMENTS	

REPORTABLE DISEASE



## Scabies (Sarcoptes scabiei)

#### **CLINICAL PRESENTATION**

Limited or typical: Papular rash, intense itching

Crusted (Norwegian) or atypical: Severe & highly infectious due to large number of mites

present under the skin. Widespread, crusted, and hyperkeratotic lesions

INFECTIOUS SUBSTANCES		HOW IT IS TRANSMITTED
Mites		Direct contact, indirect contact
PRECAUTIONS NEEDED		
ACUTE CARE	Contact Precautions	
LONG-TERM CARE	Contact Precautions	
COMMUNITY	Contact Precautions	
PEDIATRICS	Contact Precautions	

#### **DURATION OF PRECAUTIONS**

Maintain Contact Precautions until 24 hours of effective treatment

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Initial infestation: 4 - 6 weeks  Re-infection: 1 - 4 days after repeated exposure	Until mites and eggs are destroyed by treatment (usually 2 courses one week apart)

### COMMENTS

- Close contacts must be examined and given prophylaxis treatment.
- Scabies is a reportable occupational disease. Staff to report a workplace exposure to WorkSafe BC.
- See Quick Reference for Management of Lice, Scabies, and Bed Bugs
- See Best Practice Guidelines for Scabies in Long-Term Care and Assited Living Homes.

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## Schistosomiasis (Schistosoma spp.)

### **CLINICAL PRESENTATION**

Diarrhea, fever, itchy rash, hepatosplenomegaly, hematuria, malaise, cough, lymphadenopathy, eosinophilia

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Larvae in contaminated water	No human-to-human transmission Waterborne – acquired by contact with larvae in contaminated water

#### **PRECAUTIONS NEEDED**

ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Routine Practices

## **DURATION OF PRECAUTIONS**

#### Not applicable

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Variable (approximately 4 - 6 weeks for <i>S. japonicum</i> , 6 - 8 weeks for <i>S. mansoni</i> , and 10 - 12 weeks for <i>S. haematobium</i> )	Not applicable

### COMMENTS

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## Shigella (Shigella spp.), Enteroinvasive E. coli (EIEC)

CLINICAL PRESENTATION		
Diarrhea, high fe	ver, abdominal cramps, ter	nesmus, mucoid stools with or without blood
INFECTIOUS	SUBSTANCES	HOW IT IS TRANSMITTED
Feces, contaminated food or water		Fecal-oral, direct contact, indirect contact, ingestion of contaminated food or water, sexual contact (oral-anal)
	PRECAUTIO	NS NEEDED
ACUTE CARE	Routine Practices	Contact Precautions For Adults if: Incontinent Stool not contained Poor hygiene Contaminating their environment
LONG-TERM CARE	Routine Practices	Contact Precautions For Adults if: Incontinent Stool not contained Poor hygiene Contaminating their environment
COMMUNITY	Routine Practices	Contact Precautions For Adults if: Incontinent Stool not contained Poor hygiene Contaminating their environment
PEDIATRICS		Contact Precautions

## **DURATION OF PRECAUTIONS**

Until symptoms have stopped for 48 hours AND return to baseline bowel movements, OR (for adults) until they are continent and have good hygiene

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Varies from 1 to 7 days (typically 1 to 3 days)	For the duration of illness but could last up to 4 weeks after illness unless treated.  Treatment with effective antibiotic shortens period of infectivity.
COMMENTS	

## • REPORTABLE DISEASE

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## **Smallpox (Variola Virus)**

#### **CLINICAL PRESENTATION**

Fever, vesicular/pustular lesions. Prodrome includes high fever, malaise, headache

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Skin lesion exudate, large respiratory droplets	Direct contact, indirect contact, droplet and airborne

PRECAUTIONS NEEDED		
ACUTE CARE	Airborne & Cotact + Droplet Precautions	
LONG-TERM CARE	Airborne & Cotact + Droplet Precautions	
COMMUNITY	Airborne & Cotact + Droplet Precautions	
PEDIATRICS	Airborne & Cotact + Droplet Precautions	

#### **DURATION OF PRECAUTIONS**

#### As directed by IPAC

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
7 - 19 days (average 10 - 12 days)	3 - 4 weeks after onset of rash, until all skin lesions have crusted and separated

#### COMMENTS

- REPORTABLE DISEASE
- Acute care provider to call or page the Medical Microbiologist On-Call at presumed stage.
- May be bioterrorism related. Smallpox was declared eradicated worldwide in 1979
- Call or page IPAC immediately if smallpox is presumed
- Immunization of health care workers (HCW) stopped in 1977. Care preferably should be provided by immune HCWs; nonvaccinated HCWs should not provide care if immune HCWs are available.
- All HCW should wear n95 respirators, regardless of vaccination status.

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## Sporotrichosis (Sporothrix schenckii)

## **CLINICAL PRESENTATION**

#### Three cutaneous patterns:

- 1. Classic lymphocutaneous process with multiple nodules,
- 2. Localized cutaneous presents as a solitary crusted papule or papuloulcerative or nodular lesion,
- 3. Disseminated cutaneous form with multiple lesions.

Pulmonary infection or disseminated disease.

Pulmonary infection or disseminated disease.			
INFECTIOUS SUBSTANCES		HOW IT IS TRANSMITTED	
Contaminated soil or vegetation. Ubiquitous in the environment, commonly found in soil and plants		Rare human-to-human transmission. Acquired from spores in soil or vegetation. Zoonotic spread from infected cats or scratches from digging animals, such as armadillos.	
	PRECAUTIO	NS NEEDED	
ACUTE CARE Routine Practices			
LONG-TERM CARE	Routine Practices		
COMMUNITY	Routine Practices		
PEDIATRICS	Routine Practices		
DURATION OF PRECAUTIONS			
Not applicable			
INCUBATION PERIOD		PERIOD OF COMMUNICABILITY	
7 - 30 days after cutaneous inoculation but can be as long as 6 months		Not applicable	
COMMENTS			

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## Staphylococcal Scalded Skin Syndrome (SSSS)

Also known as "Ritter's Disease"

**ACUTE CARE** 

LONG-TERM CARE

#### **CLINICAL PRESENTATION**

Tender scarlatiniform eruption and localized bullous impetigo, or a combination of these with painful skin rash with thick white/brown flakes

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Skin exudates or drainage	Direct contact, indirect contact

PRECAUTIONS NEEDED

Routine Practices  • Minor drainage contained by dressing	Contact Precautions	
Routine Practices  • Minor drainage contained by dressing	Contact Precautions	

COMMUNITY	<b>Routine Practices</b>	<b>Contact Precautions</b>
	<ul> <li>Minor drainage contained by dressing</li> </ul>	

**PEDIATRICS Contact Precautions** 

### **DURATION OF PRECAUTIONS**

Maintain precautions until drainage is resolved (for pediatrics) or contained by dressing (for adults).

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Variable  Toxin-mediated SSSS: 1 - 10 days  Post-operative SSSS: up to 12 hours	While organism is present in drainage
COMMENTS	

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## Staphylococcus aureus - Food poisoning (Toxin Mediated)

CLINICAL PRESENTATION

CLINICAL PRESENTATION			
Nausea, vomiting, diarrhea, abdominal cramps/pain			
INFECTIOUS	INFECTIOUS SUBSTANCES HOW IT IS TRANSMITTED		HOW IT IS TRANSMITTED
Feces, contaminated food		Fecal-oral, foodborne, direct contact, indirect contact	
	PRECAUTIO	NS NEEDE	ED .
ACUTE CARE  LONG-TERM CARE	Routine Practices  Routine Practices		Contact Precautions For Adults if: Incontinent Stool not contained Poor hygiene Contaminating their environment  Contact Precautions
			For Adults if: Incontinent Stool not contained Poor hygiene Contaminating their environment
COMMUNITY	Routine Practices		, and the second
PEDIATRICS			Contact Precautions
DURATION OF PRECAUTIONS			
Until automatama have atomated for 40 having AND vature to handling haved may amonts. OD (for			

Until symptoms have stopped for 48 hours AND return to baseline bowel movements, OR (for adults) until they are continent and have good hygiene.

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY	
Not applicable	Not applicable	
COMMENTS		
• REPORTARI E DISEASE		

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# Staphylococcus aureus, Methicillin-sensitive - Pneumonia (MSSA)

(IVISSA)		
CLINICAL PRESENTATION		
	Pneumonia (cough, fever,	chills, shortness of breath)
INFECTIOUS	INFECTIOUS SUBSTANCES HOW IT IS TRANSMITTED	
Respirato	ry secretions	Droplet
	PRECAUTIO	NS NEEDED
ACUTE CARE	Routine Practices	
LONG-TERM CARE	Routine Practices	
COMMUNITY	Routine Practices	
PEDIATRICS		Droplet Precautions
DURATION OF PRECAUTIONS		
Pediatrics: Maintain precautions until 24 hours of effective antimicrobial therapy		
INCUBATION PERIOD PERIOD OF COMMUNICABILIT		PERIOD OF COMMUNICABILITY
Variable Variable		Variable
COMMENTS		

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# Staphylococcus aureus, Methicillin-sensitive - Skin infection (MSSA)

(MSSA)			
CLINICAL PRESENTATION			
Wound or burn infections, skin infection, furuncles, impetigo, scalded skin syndrome			
INFECTIOUS	SUBSTANCES	ı	HOW IT IS TRANSMITTED
Skin exudate	es and drainage	D	irect contact, indirect contact
	PRECAUTIO	NS NEEDE	:D
ACUTE CARE	Routine Practices  • Minor drainage contained by	y dressing	<ul> <li>Contact Precautions</li> <li>Major drainage not contained by dressing</li> </ul>
LONG-TERM CARE	Routine Practices  • Minor drainage contained by	y dressing	<ul> <li>Contact Precautions</li> <li>Major drainage not contained by dressing</li> </ul>
COMMUNITY	Routine Practices  • Minor drainage contained by dressing		<ul> <li>Contact Precautions</li> <li>Major drainage not contained by dressing</li> </ul>
PEDIATRICS	Routine Practices  • Minor drainage contained by dressing		<ul> <li>Contact Precautions</li> <li>Major drainage not contained by dressing</li> </ul>
DURATION OF PRECAUTIONS			
Maintain precautions until drainage has stopped or is able to be contained by dressings			
INCUBATION PERIOD		PEI	RIOD OF COMMUNICABILITY
Variable		While	e organism is present in drainage
COMMENTS			

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# Stenotrophomonas maltophilia

CLINICAL PRESENTATION		
Asymptomatic or various infections of skin, soft tissue, pneumonia, bacteremia, urinary tract		
INFECTIOUS SUBSTANCES		HOW IT IS TRANSMITTED
Colonized or infected secretions, biofilms		Direct contact, indirect contact
	PRECAUTIO	NS NEEDED
ACUTE CARE	Routine Practices	
LONG-TERM CARE	Routine Practices	
COMMUNITY	Routine Practices	
PEDIATRICS	Routine Practices	

## **DURATION OF PRECAUTIONS**

Additional Precautions may be used at the discretion of IPAC

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Not applicable	Variable

### COMMENTS

- If reported as Carbapenemase Producing Organism, see <u>CPO</u>.
- Refer to ARO Acute Patient Placement Algorithm.
- See <u>VCH CPO resources on the IPAC website</u>.
- Minimize exposure to immunocompromised patients or patients with chronic lung infections.
- Refer to <u>Definition of Moderately to Severely Immunocompromised Patients</u>.
- Can cause severe infections in patients with <a href="Cystic Fibrosis">Cystic Fibrosis</a>
- IPAC may implement Contact Precautions if an outbreak occurs.

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# Streptococcus agalactiae (Group B Streptoccoccus)

## **CLINICAL PRESENTATION**

Newborn infections, including bacteremia, pneumonia, meningitis. Chorioamnionitis, endometritis in pregnant & postpartum women.

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Normal human flora (gut & genitourinary)	Direct contact Vertical from pregnant individual to newborn at birth

PRECAUTIONS NEEDED		
ACUTE CARE	Routine Practices	
LONG-TERM CARE	Routine Practices	
COMMUNITY	Routine Practices	
PEDIATRICS	Routine Practices	

## **DURATION OF PRECAUTIONS**

#### Not applicable

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY	
Early onset: < 7 days Late onset: Unknown	Variable	

### **COMMENTS**

- Invasive neonatal Group B Streptococcus is a <u>REPORTABLE DISEASE</u>. Neonates are infants up to and including 31 days of age.
- To determine if case is invasive, see <u>BCCDC Case Definition for Neonatal Group B Streptococcal Infection.</u>
- · Notify IPAC if pregnant individual has invasive disease and is hospitalized.
- Group B Strep is part of normal human flora. Colonization without active infection is common.

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# Streptococcus pneumoniae (Pneumococcus)

Pneumococcal Disease

CLINICAL PRESENTATION		
Meningitis, bacteremia, pneumonia, epiglottitis, otitis media, conjunctivitis, soft tissue infection		
INFECTIOUS SUBSTANCES		HOW IT IS TRANSMITTED
Normal human flora (respiratory tract), respiratory secretions		Direct contact with respiratory secretions, droplet
	PRECAUTIO	NS NEEDED
ACUTE CARE	JTE CARE Routine Practices	
LONG-TERM CARE	Routine Practices	
COMMUNITY	Routine Practices	
DEDIATRICO	Douting Durations	
PEDIATRICS	Routine Practices	
DURATION OF PRECAUTIONS		
Not applicable		
INCUBATION PERIOD		PERIOD OF COMMUNICABILITY
Variable		Not applicable
COMMENTS		
<ul> <li>Invasive Streptococcus pneumoniae is a <u>REPORTABLE DISEASE</u></li> <li>To determine if a case is invasive, see <u>BCCDC Case Definition for Pneumococcal Disease</u></li> </ul>		

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# Strongyloidiasis (Strongyloides stercoralis)

# **CLINICAL PRESENTATION**

Usually asymptomatic. Localized pruritic, erythematous rash at the site of skin penetration, transient pneumonitis, diarrhea, abdominal pain, vomiting.

**Hyperinfected syndrome and disseminated strongyloidiasis**: Fever, abdominal pain, diffuse pulmonary infiltrates, and septicemia or meningitis

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Larvae in feces, contaminated soil	Penetration of skin by larvae from contact with contaminated soil. Rare human-to-human transmission.

PRECAUTIONS NEEDED		
ACUTE CARE	Routine Practices	<ul> <li>Contact Precautions</li> <li>Hyperinfected syndrome and disseminated strongyloidiasis</li> </ul>
LONG-TERM CARE	Routine Practices	
COMMUNITY	Routine Practices	
PEDIATRICS	Routine Practices	

## **DURATION OF PRECAUTIONS**

Contact Precautions for 48 hours after therapy initiated for hyperinfected syndrome and disseminated strongyloidasis.

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Unknown	Not applicable

### COMMENTS

· May cause disseminated disease in immunocompromised individuals.

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# Syphilis (Treponema pallidum)

# **CLINICAL PRESENTATION**

Painless genital, skin or mucosal ulcers, condylomata lata, rash, disseminated disease, neurological or cardiac disease, latent infection

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Genital secretions, lesion exudates, mucous membranes of infected individuals	Vertical (pregnant individual to fetus in utero or newborn at birth), sexual contact, direct contact with infectious exudates or lesions

# PRECAUTIONS NEEDED

ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Contact Practices Infants with congenital syphilis

# **DURATION OF PRECAUTIONS**

**Infants with congenital syphilis**: Maintain Contact Precautions until 24 hours of effective antimicrobial therapy.

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
10 - 90 days, usually 3 weeks	Communicability exists when moist mucocutaneous lesions of primary and secondary syphilis are present (generally after one year of infection)

## COMMENTS

- REPORTABLE DISEASE
- Use <u>Point-of-Care-Risk-Assessment</u> to determine if PPE is required when providing care. Use gloves for direct contact with skin lesions.

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# **Tapeworm Diseases**

Taeniasis (Taenia saginata), Cysticercosis (Taenia solium), Diphyllobothrium Infection (Diphyllobothrium latum), Hymenolepiasis (Hymenolepsis nana)

# **CLINICAL PRESENTATION**

Taeniasis, Diphyllobothrium Infection, Hymenolepiasis: asymptomatic (most common), nausea, vomiting, diarrhea, weight loss, perianal itchiness, difficulty sleeping, irritability Cysticercosis: central nervous system involvement most commonly epileptic seizures, eye pain, lumps underneath skin, eye inflammation, diplopia, proptosis, hydrocephalus

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Ingestion of undercooked beef or pork, raw fish that has not been adequately pre-frozen Ingestion of contaminated food or water	Fecal-oral, foodborne, human-to-human

PRECAUTIONS NEEDED		
ACUTE CARE	Routine Practices	
LONG-TERM CARE	Routine Practices	
COMMUNITY	Routine Practices	
PEDIATRICS	Routine Practices	

# **DURATION OF PRECAUTIONS**

### Not applicable

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
<ul> <li>2 - 3 months</li> <li>Variable, may be several years</li> <li>3 - 6 weeks</li> </ul>	Taenia Solium: human-to-human, eggs shed from human hosts can survive days to months  Hymenolepis nana: Human-to-human, eggs passed in feces are immediately infectious and can survive up to 2 weeks  Taenia Saginata, Diphyllobothrium latus: Not human-to-human

### **COMMENTS**

• Cysticercosis & Hymenolepiasis: autoinfection is possible and can persist for years. Diagnosis is made via visible inspection of tapeworm segments passed in feces

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# Tetanus (Clostridium tetani)

Also known as "Lockjaw"

## **CLINICAL PRESENTATION**

Headache, jaw cramping, sudden involuntary muscle tightening, painful muscle stiffness all over body, trouble swallowing, seizures, fever, sweating, high blood pressure and fast heart rate; systemic effects are caused by toxins produced by bacteria

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Soil or fomites contaminated with animal and human feces	No human-to-human transmission. Tetanus spores are usually introduced through a puncture wound contaminated with soil or feces and germinate in wounds, devitalized tissue.

### PRECAUTIONS NEEDED

ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Routine Practices

## **DURATION OF PRECAUTIONS**

### Not applicable

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
<ul><li>3 - 21 days, with most cases occurring within</li><li>8 days.</li><li>In neonatal, symptoms usually appear from 4</li><li>- 14 days after birth, averaging 7 days</li></ul>	Not applicable

## COMMENTS

REPORTABLE DISEASE

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# Tinea (Trichophyton sp., Microsporum sp., Epidermophyton sp.)

Commonly known as "Ringworm" or "Athlete's foot"

### **CLINICAL PRESENTATION**

Rash made of circular patches with raised, red edges, center of patch is often unaffected. Erythema, scaling,

lesions (skin, beard, scalp, groin, perineal area), black dot pattern, alopecia

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Skin, hair, contaminated items such as combs, hairbrushes, furniture, fabric, bathroom surfaces and infected animals	Close human-to-human, animal-to-human, direct contact

### **PRECAUTIONS NEEDED**

ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Routine Practices

# **DURATION OF PRECAUTIONS**

#### Not applicable

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
4 - 14 days	Until treatment has been initiated

### COMMENTS

- Fungi can survive for several months on people, animals, environment.
- Patients should avoid sharing personal items such as combs, towels, hats, sports gear and should avoid swimming pools until treated.
- If multiple cases develop, use Contact Precautions and notify IPAC.

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# **Toxic Shock Syndrome (TSS)**

Group A Streptococcus – Streptococcus pyogenes (GAS), Staphylococcus aureus, \*Clostridium sordellii

### **CLINICAL PRESENTATION**

High fever, chills, myalgia, nausea/vomiting, diffuse macular rash, desquamation, hypotension, multi-organ failure

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Skin exudates & drainage due to secondary wound/lesion infection	Direct contact, indirect contact

### PRECAUTIONS NEEDED

If pathogen is identified, follow organism specific instructions in this manual.

ACUTE CARE	<ul><li>Routine Practices</li><li>For drainage that can be covered/ contained</li></ul>	<ul> <li>Contact Precautions</li> <li>For drainage that cannot be covered/ contained</li> </ul>
LONG-TERM CARE	<ul><li>Routine Practices</li><li>For drainage that can be covered/ contained</li></ul>	<ul> <li>Contact Precautions</li> <li>For drainage that cannot be covered/ contained</li> </ul>
COMMUNITY	<ul><li>Routine Practices</li><li>For drainage that can be covered/ contained</li></ul>	<ul> <li>Contact Precautions</li> <li>For drainage that cannot be covered/ contained</li> </ul>
PEDIATRICS	Routine Practices	Contact Precautions

# **DURATION OF PRECAUTIONS**

Until drainage can be contained/covered

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Variable	Variable

## COMMENTS

- If patient is presumed with invasive GAS add Droplet & Contact Precautions and see Group A Streptococcus (Streptococcus pyogenes) - Invasive (iGAS).
- Implement Contact Plus Precautions if organisms is Clostridium sordellii.

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COMMENTS



# Toxocariasis (Toxocara canis, Toxocara cati)

# CLINICAL PRESENTATION

**Visceral toxocariasis:** Fever, cough, wheezing, abdominal pain, malaise, and eosinophilia. **Ocular Toxocariasis**: Uveitis, endophthalmitis, retinal granulomas, unilateral vision loss. **Atypical manifestations:** myocarditis, seizures, encephalitis, and hemorrhagic rash.

	•	-
INFECTIOUS SUBSTANCES		HOW IT IS TRANSMITTED
Contaminated feces of dogs and cats. Soil with infective eggs of the parasite.		No human-to-human transmission. Ingestion of contaminated soil. May be acquired from contact with dogs and cats.
	PRECAUTIO	NS NEEDED
ACUTE CARE	Routine Practices	
LONG-TERM CARE	Routine Practices	
COMMUNITY	Routine Practices	
PEDIATRICS	Routine Practices	
DURATION OF PRECAUTIONS		
Not applicable		
INCUBAT	TION PERIOD	PERIOD OF COMMUNICABILITY
Unknown		Not applicable

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# Toxoplasmosis (Toxoplasma gondii)

# **CLINICAL PRESENTATION**

Asymptomatic, congenital infection, or for immunocompromised individuals: fever, lymphadenopathy, retinitis, encephalitis, pneumonitis, myositis, myelitis, myocarditis, hepatic dysfunction

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Cat feces, contaminated soil, food, and water	Acquired by contact with infected cat feces or soil contaminated by cats, consumption of raw meat, contaminated raw vegetables or contaminated water. Transplantation of stem cells or organs.  Vertical (pregnant individual to fetus in utero). No human-to-human transmission except pregnant individual to fetus.

### PRECAUTIONS NEEDED

ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Routine Practices

# **DURATION OF PRECAUTIONS**

### Not applicable

	ERIOD OF COMMUNICABILITY
·	s shed by cats become infective 1-5 er and can remain viable in the soil ar.

### COMMENTS

Congenital Toxoplasmosis is a <u>REPORTABLE DISEASE</u>

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# Trachoma (Chlamydia trachomatis)

Serovars A, B, C

CLINICAL PRESENTATION		
Keratoconjunctivitis with pannus formation		
INFECTIOUS SUBSTANCES HOW IT IS TRANSMITTED		
Ocular secretions		Direct contact, indirect contact
	PRECAUTIO	NS NEEDED
ACUTE CARE	Routine Practices	
LONG-TERM CARE	Routine Practices	
COMMUNITY	Routine Practices	
PEDIATRICS	Routine Practices	
DURATION OF PRECAUTIONS		
Not applicable		
INCUBATION PERIOD		PERIOD OF COMMUNICABILITY
5 - 12 days		While viable organisms present in secretions
COMMENTS		
REPORTABLE DISEASE		

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# Trichinosis (Roundworm - Trichinella spp.)

# **CLINICAL PRESENTATION**

Asymptomatic, diarrhea, nausea, vomiting, periorbital edema, facial edema, conjunctivitis, fever, myalgias, rashes

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Acquired from consumption of infected meat	Foodborne No human-to-human transmission

### PRECAUTIONS NEEDED

ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Routine Practices

# **DURATION OF PRECAUTIONS**

### Not applicable

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
5 - 45 days	Not applicable

## COMMENTS

• REPORTABLE DISEASE

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# Trichomoniasis (Trichomonas vaginalis)

# **CLINICAL PRESENTATION**

Mostly asymptomatic.

Female: Diffuse vaginal discharge, malodour, vulvovaginal pruritus and irritation, dysuria,

erymathous and edematous vaginal mucosa, and "strawberry cervix".

Male: Urethritis. Rarely – epididymitis or prostatitis.		
INFECTIOUS SUBSTANCES		HOW IT IS TRANSMITTED
Vaginal secretions and urethral discharges of infected people		Sexual Contact
	PRECAUTIO	NS NEEDED
ACUTE CARE	Routine Practices	
LONG-TERM CARE	Routine Practices	
COMMUNITY	Routine Practices	
PEDIATRICS	Routine Practices	
DURATION OF PRECAUTIONS		
Not applicable		
INCUBATION PERIOD		PERIOD OF COMMUNICABILITY
Average 1 week (range from 5 - 28 days)		Duration of infection
COMMENTS		

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# Trichuriasis - Whipworm (Trichuris trichiura)

CLINICAL PRESENTATION			
A	Asymptomatic, abdominal pain, diarrhea, rectal prolapse		
INFECTIOUS	S SUBSTANCES	HOW IT IS TRANSMITTED	
Contaminated soil, water, food or other surfaces		Ingestion of contaminated soil, water, food or other fomites (fecal-oral)  No human-to-human transmission	
	PRECAUTIO	NS NEEDED	
ACUTE CARE	Routine Practices		
LONG-TERM CARE Routine Practices			
COMMUNITY	Routine Practices		
PEDIATRICS	Routine Practices		
DURATION OF PRECAUTIONS			
Not applicable			
INCUBATION PERIOD PERIOD OF COMMUNICABILITY		PERIOD OF COMMUNICABILITY	
12 weeks		Not applicable	
COMMENTS			

- Eggs must incubate in certain soil conditions for several weeks before becoming infectious.
- · Adult egg laying female worms can live in a host for years and produce thousands of eggs per day in the large intestines which are shed through stool.

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# Tuberculosis - Extrapulmonary Disease (EPTB)

Mycobacterium tuberculosis complex including species: M. tuberculosis, M. africanum, \*M. bovis BCG, M. canettii, M. caprae, M. microti, M. orygis, M. pinnipedii

#### **CLINICAL PRESENTATION**

Cervical lymphadenitis, pericarditis, meningitis, pleural effusion, infections of the skin, joint or bones, draining lesions. May affect any system outside the lungs

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Drainage	Airborne (oral cavity, larynx), aerosolized drainage

#### **PRECAUTIONS NEEDED**

ACUTE CARE	Routine Practices  If no draining lesions	**Airborne Precautions
LONG-TERM CARE	Routine Practices  If no draining lesions	**Airborne Precautions
COMMUNITY	Routine Practices  If no draining lesions	**Airborne Precautions
PEDIATRICS	Routine Practices  If no draining lesions	**Airborne Precautions

### **DURATION OF PRECAUTIONS**

**Acute Care & LTC:** Consult IPAC prior to discontinuing precautions **Community:** Consult Public Health/TB Consultant prior to discontinuing precautions

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Weeks to years	During procedures that may aerosolize infected drainage. Until pulmonary TB is ruled out.

### **COMMENTS**

- REPORTABLE DISEASE
- \*M. Bovis BCG is not part of the Mycobacterium tuberculosis complex but is treated likeTB

#### \*\*Implement Airborne Precautions:

- » During procedures that may generate aerosols from the affected site, see <u>IPAC AGMP Best</u> Practice Guideline
- » Until pulmonary TB ruled out
- » For patients with EPTB in the oral cavity or larynx
- » Patients presumed with miliary TB with pulmonary involvement
- » When performing wound care to the affected site
- · Consult IPAC if drain is present

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# Tuberculosis (TB) - Pulmonary Disease

Mycobacterium tuberculosis complex including species: M. tuberculosis, M. africanum, \*M. bovis BCG, M. canettii, M. caprae, M. microti, M. orygis, M. pinnipedii

#### **CLINICAL PRESENTATION**

New or worsening cough (lasting >3 weeks), fever, night sweats, weight loss. Laryngeal disease

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED	
Respiratory secretions	Airborne	

PRECAUTIONS NEEDED		
ACUTE CARE	Airborne Precautions	
LONG-TERM CARE	Airborne Precautions	
COMMUNITY	Airborne Precautions	
PEDIATRICS	**Airborne Precautions	

### **DURATION OF PRECAUTIONS**

**Acute Care & LTC:** Consult IPAC prior to discontinuing precautions for presumed cases **Community:** Consult Public Health/TB Consultant

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY	
Weeks to years	Varies; while viable organisms are in sputum	

### **COMMENTS**

- REPORTABLE DISEASE
- · Refer to TB Checklist.
- \*M. Bovis BCG is not part of the Mycobacterium tuberculosis complex but is treated like TB
- \*\*Young children with TB disease are usually not infectious. Airborne Precautions should
  be implemented until patient has been assessed as non-infectious. Visiting household adult
  contacts may be the source of infection and should be advised to: restrict movement outside
  of patient's room and wear a mask when leaving the room until active disease is ruled out in
  the visiting contact
- Although protection of the infant from exposure/infection is priority, maternal/infant contact should be provided when possible. Birthing parent presumed with or confirmed TB disease to be kept separated from infant till TB is ruled out. Expressed breastmilk can be fed to infant. Infant should be assessed for congenital TB
- Canadian TB Standards

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# Tularemia (Francisella tularensis)

# **CLINICAL PRESENTATION**

Fever, chills, ulcers on the skin or mouth, lymphadenopathy, muscle aches, joint pain, progressive weakness, sore throat, dry cough, pneumonia

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Infected animals (such as rodents and rabbits), through the bite of ticks and sometimes deer flies, contaminated water or undercooked food, dust from contaminated soil or plants.	No human-to-human transmission. Acquired from contact with infected animals. Tick-borne. Can also be acquired following ingestion of contaminated water or inadequately cooked meat, inhalation of contaminated aerosols generated during lawn mowing or certain farming activities (e.g., baling contaminated hay).

PRECAUTIONS NEEDED

# **Routine Practices ACUTE CARE LONG-TERM CARE Routine Practices Routine Practices** COMMUNITY **Routine Practices PEDIATRICS**

### **DURATION OF PRECAUTIONS**

### Not applicable

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Usually is 3 - 5 days, with a range of 1 - 21 days	Not applicable

## COMMENTS

- REPORTABLE DISEASE
- Hazardous to laboratory workers. Notify Microbiology Laboratory prior to sending specimen.
- · May be Bioterrorism related.

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# Typhoid or Paratyphoid Fever (Salmonella Typhi, Salmonella Paratyphi)

## **CLINICAL PRESENTATION**

Diarrhea, abdominal pain, sustained/enteric fever, headache, malaise, anorexia, lethargy, hepatomegaly, splenomegaly, dactylitis, and rose spots.

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Feces, contaminated food and water	Fecal-oral, direct contact, indirect contact, foodborne

PRECAUTIONS NEEDED		
ACUTE CARE	Routine Practices	Contact Precautions For Adults if: Incontinent Stool not contained Poor hygiene Contaminating their environment
LONG-TERM CARE	Routine Practices	Contact Precautions For Adults if: Incontinent Stool not contained Poor hygiene Contaminating their environment
COMMUNITY	Routine Practices	Contact Precautions For Adults if: Incontinent Stool not contained Poor hygiene Contaminating their environment
PEDIATRICS		Contact Precautions

### **DURATION OF PRECAUTIONS**

For adults: until they are continent and have good hygiene.

**For pediatrics:** until culture results are negative for 3 consecutive stool specimens obtained at least 48 hours after discontinuing antimicrobial therapy.

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY	
7 - 14 days (range 3 - 60 days)	Variable	
COMMENTS		

• REPORTABLE DISEASE

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# Vancomycin-Resistant Enterococcus (VRE)

CLINICAL PRESENTATION				
Infection or	Infection or colonization of any body site (urinary tract, bloodstream, wound)			
INFECTIOUS SUBSTANCES		HOW IT IS TRANSMITTED		
Infected or colonized secretions and excretions		Direct contact, indirect contact		
	PRECAUTIO	NS NEEDED		
ACUTE CARE	ACUTE CARE Routine Practices			
LONG-TERM CARE	Routine Practices			
COMMUNITY	Routine Practices			
PEDIATRICS	Routine Practices			
DURATION OF PRECAUTIONS				
Not applicable				
INCUBATION PERIOD		PERIOD OF COMMUNICABILITY		
Variable		Duration of colonization		
COMMENTS				
Enterococci persist in the environment – ensure thorough cleaning.				

Enterococci persist in the environment – ensure thorough cleaning.

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# Vancomycin-Resistant Staphylococcus aureus (VRSA) & Vancomycin-Intermediate Staphylococcus aureus (VISA)

CLINICAL PRESENTATION			
Infection or colonization of any body site			
INFECTIOUS	SUBSTANCES	H	HOW IT IS TRANSMITTED
Infected or colonized secretions and excretions		Direct contact, indirect contact, droplet	
	PRECAUTIO	NS NEEDE	D
ACUTE CARE	VRSA/VISA colonization and infection		Droplet & Contact Precautions  If VRSA/VISA found in sputum or tracheostomy and have a productive cough or ventilated
LONG-TERM CARE	Routine Practices  • VRSA/VISA colonization		<ul> <li>Contact Precautions</li> <li>VRSA/VISA infection</li> <li>Use Droplet &amp; Contact Precautions if VRSA/VISA found in sputum or tracheostomy and have a productive cough or ventilated.</li> </ul>
COMMUNITY	Routine Practices • Lower risk of transmission*		<ul> <li>Contact Precautions</li> <li>Higher risk of transmission*</li> <li>Use Droplet &amp; Contact Precautions if VRSA/VISA found in sputum or tracheostomy and have a productive cough or ventilated.</li> </ul>
PEDIATRICS	Contact Precautions  Colonization and infection		Droplet & Contact Precautions  • if VRSA/VISA found in sputum or tracheostomy and have a productive cough or ventilated.

### **DURATION OF PRECAUTIONS**

Acute Care: For the duration of admission or visit. Contact IPAC prior to stopping droplet precautions for respiratory infection.

Long-Term Care: Maintain additional precautions until infection is resolved, and then return to Routine Practices.

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Variable	Variable

#### COMMENTS

• \*Refer to Additional Precautions in Community Healthcare Settings for definition of lower risk and higher risk transmission.

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# Varicella Zoster Virus: Chickenpox - Known Case

### **CLINICAL PRESENTATION**

Generalized, itchy, vesicular rash with lesions in varying stages of weeping and crusting; mild fever. Rash often appears first on the head, chest and back before spreading all over the body. Vesicular lesions are usually concentrated on the chest and back. Complications include pneumonia, central nervous system involvement, and bacterial superimposed infected lesions

INFECTIOUS SUBSTANCES		HOW IT IS TRANSMITTED	
Vesicular fluid, respiratory secretions		Airborne, direct contact, indirect contact	
	PRECAUTIO	NS NEEDED	
ACUTE CARE	Airborne & Contact Precautions		
LONG-TERM CARE	Airborne & Contact Precautions		
COMMUNITY	Airborne & Contact Precautions		
PEDIATRICS	Airborne & Contact Pre	cautions	

### **DURATION OF PRECAUTIONS**

#### Notify IPAC prior to discontinuing precautions

Pediatric: Minimum 5 days after onset of rash AND until all lesions have dried and crusted. Adult: Until all lesions have dried and crusted.

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
10 - 21 days	2 days before rash starts and until all skin lesions have dried and crusted

### COMMENTS

- NOTIFY IPAC if chickenpox exposure occurred in a healthcare setting.
- To determine if an exposure is significant, see PHAC Significant Exposures to VZV.
- To determine if a person is immune or susceptible to VZV, see PHAC VZV Susceptibility and <u>Immunity.</u>
- Susceptible health care workers should not enter the room if immune staff are available.
- Non-immune persons should not enter the room except in urgent or compassionate circumstances.
- Immunocompromised patients may have prolonged viral shedding. Consult with IPAC prior to discontinuing precautions.

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# Varicella Zoster Virus: Chickenpox or Herpes Zoster (Shingles) - Exposed Susceptible Contact

### **CLINICAL PRESENTATION**

Prodrome may include myalgia, nausea, decreased appetite and headache. If infected, a rash and fever may develop

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
If lesions develop: vesicular fluid and exhaled airborne particles	Airborne, direct contact, indirect contact

PRECAUTIONS NEEDED		
ACUTE CARE	Airborne Precautions     If lesions develop, see Chickenpox known case	
LONG-TERM CARE	Airborne Precautions     If lesions develop, see Chickenpox known case	
COMMUNITY	Airborne Precautions     If lesions develop, see Chickenpox known case	
PEDIATRICS	<ul> <li>Airborne Precautions</li> <li>Neonates: If pregnant individual develops chicken pox &lt;5 days before birth until 48 hrs after delivery, place newborn on airborne and assess for VZIG**</li> </ul>	

#### **DURATION OF PRECAUTIONS**

#### As directed by IPAC.

From 8 days after first contact until 21 days after last contact with rash (or 28 days if given VZIG immune globulin)

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
10 - 21 days	2 days before rash starts and until all skin lesions have dried and crusted

### COMMENTS

- NOTIFY IPAC if chickenpox exposure occurred in a healthcare setting
- To determine if an exposure is significant, see PHAC Significant Exposures to VZV
- To determine if a person is immune or susceptible to VZV, see PHAC VZV Susceptibility and **Immunity**
- If <u>VZIG</u> is indicated, follow <u>NACI Recommendations for the Use of VZIG/VarIg for the Prevention of</u> Varicella
- Exposure to chickenpox results in chickenpox infection. Exposure to shingles (herpes zoster) causes chickenpox (varicella) in susceptible contacts, not shingles.
- Susceptible contact refers to exposed person who has no evidence of VZV immunity.
- \* If lesions develop, use Airborne & Contact Precautions, see Varicella Zoster Virus: Chickenpox, known case
- \*\* Varicella Zoster immunoglobulin (VZIG)

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# Varicella Zoster Virus: Herpes Zoster (Shingles) -Disseminated

### **CLINICAL PRESENTATION**

Vesicular lesions that involve > 3 adjacent dermatomes or cross the midline and has multiple, widespread lesions outside the localized dermatomal area - refer to <u>Dermatome Map</u>.

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Vesicular fluid, respiratory secretions	Vesicular fluid, respiratory secretions

PRECAUTIONS NEEDED		
ACUTE CARE	Airborne & Contact Precautions	
LONG-TERM CARE	Airborne & Contact Precautions	
COMMUNITY	Airborne & Contact Precautions	
PEDIATRICS	Airborne & Contact Precautions	

### **DURATION OF PRECAUTIONS**

Until all lesions have crusted and dried. Notify IPAC prior to discontinuing precautions.

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Reactivation of latent infection	Until all lesions have crusted and dried

### COMMENTS

- NOTIFY IPAC if other patients are exposed in a healthcare setting. Refer to the Varicella Zoster Virus: Exposed Susceptible Contact page in this manual.
- To determine if an exposure is significant, see PHAC Significant Exposures to VZV
- To determine if a person is immune or susceptible to VZV, see PHAC VZV Susceptibility and <u>Immunity</u>.
- Susceptible health care workers should not enter the room if immune staff are available.
- Non-immune persons should not enter the room except in urgent or compassionate circumstances.
- Exposure to shingles (herpes zoster) causes chickenpox (varicella) in susceptible contacts, not shingles.
- Immunocompromised patients may have prolonged viral shedding. Consult with IPAC prior to discontinuing precautions.

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# Varicella Zoster Virus: Herpes Zoster (Shingles) Localized Rash

### **CLINICAL PRESENTATION**

Vesicular lesions in a dermatomal distribution, refer to <u>Dermatome Chart</u>. Localized refers to 1 - 3 dermatomes not crossing the midline. <u>VCH Rash Assessment Algorithm</u>.

INFECTIOUS SUBSTANCES		HOW IT IS TRANSMITTED	
Vesicular fluid, possibly respiratory secretions		Direct contact, indirect contact, airborne	
PRECAUTIONS NEEDED			D
ACUTE CARE	<ul> <li>Contact Precautions</li> <li>Localized rash that can be covered and contained by a dressing</li> <li>Host is not severely immunocompromised</li> </ul>		Airborne & Contact Precautions     Localized rash that cannot be covered or contained by a dressing (eg, on face, in mouth)     Localized rash in a severely immunocompromised host
LONG-TERM CARE	Same as Acute Care		
COMMUNITY	Same as Acute Care		
PEDIATRICS	Same as Acute Care		

#### **DURATION OF PRECAUTIONS**

#### Consult IPAC prior to discontinuing precautions.

- · Until all lesions are dried and crusted
- In severely immunocompromised host: Until 24 hours of effective antiviral therapy completed AND no new lesions, then drop down to Contact Precautions until lesions dried and crusted. If untreated, maintain Airborne & Contact Precautions until all lesions are dried and crusted

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Reactivation of latent infection.	Until all lesions have dried and crusted

### COMMENTS

- NOTIFY IPAC if other patients are exposed in a healthcare setting. Refer to the <u>Varicella Zoster Virus: Herpes zoster (Shingles) Exposed Susceptible Contact</u> page in this manual
- To determine if an exposure is significant, see PHAC Significant Exposures to VZV
- To determine if a person is immune or susceptible to VZV, see <u>PHAC VZV Susceptibility and Immunity</u>
- Susceptible health care workers should not enter the room if immune staff are available.
- Non-immune persons should not enter the room except in urgent or compassionate circumstances.
- Exposure to shingles (herpes zoster) causes chickenpox (varicella) in susceptible contacts, not shingles.
- Immunocompromised patients may have prolonged viral shedding.

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# Varicella Zoster Virus: no visible lesions

Includes: Encephalitis, meningitis, pneumonia, Ramsay-Hunt syndrome, Herpes zoster oticus, visceral zoster, Zoster sine herpete

### **CLINICAL PRESENTATION**

Encephalitis (Fever, seizures, headache, photophobia, neck stiffness, lethargy, mental confusion, nausea & vomiting), meningitis, pneumonia, Ramsay-Hunt Syndrome (facial palsy, hearing loss, ear pain)

INFECTIOUS SUBSTANCES		HOW IT IS TRANSMITTED
Vesicular fluid, respiratory secretions		Direct contact, indirect contact, airborne
PRECAUTIONS NEEDED		
ACUTE CARE	Airborne Precautions	
LONG-TERM CARE	Airborne Precautions	
COMMUNITY	Airborne Precautions	
PEDIATRICS	Airborne Precautions	

### **DURATION OF PRECAUTIONS**

As directed by IPAC on a case-by-case basis. In absence of rash or visible vesicular lesions, advise IPAC of patient immune status, immunosuppressive treatment, antiviral treatment, clinical status.

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Variable	Unknown

### COMMENTS

- Vesicular lesions can often develop in following days. If rash (vesicles) is found, use Airborne & Contact Precautions and refer to relevant chicken pox or shingles section of this manual
- Ramsay Hunt Syndrome often develops rash inside the ear or mouth. Carefully inspect the auditory canal and inner cheek and tongue for vesicles. If found refer to Varicella Zoster Virus: Herpes Zoster (Shingles) Localized Rash, cannot be covered (Airborne & Contact **Precautions**)

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# Vibrio cholerae

Commonly known as "Cholera"

CLINICAL PRESENTATION		
Volumir	nous watery diarrhea, rice-	-water diarrhea, acute dehydration
INFECTIOUS	SUBSTANCES	HOW IT IS TRANSMITTED
Contaminated food or water, feces		Direct contact, indirect contact Ingestion of contaminated food or water
	PRECAUTIO	ONS NEEDED
ACUTE CARE  LONG-TERM CARE	Routine Practices  Routine Practices	Contact Precautions For Adults if: Incontinent Stool not contained Poor hygiene Contaminating their environment  Contact Precautions
		For Adults if: Incontinent Stool not contained Poor hygiene Contaminating their environment
COMMUNITY	Routine Practices	Contact Precautions For Adults if: Incontinent Stool not contained Poor hygiene Contaminating their environment
PEDIATRICS		Contact Precautions

# **DURATION OF PRECAUTIONS**

Until symptoms have stopped for 48 hours AND return to baseline bowel movements, OR (for adults) until they are continent and have good hygiene.

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
1 - 5 days	Until symptoms resolve
COMMENTS	
REPORTABLE DISEASE	

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# Vibrio paraheaemolyticus Enteritis

CLINICAL PRESENTATION		
Diarrhea, vomiting, food poisoning		
INFECTIOUS SUBSTANCES HOW IT IS TRANSMITTED		
Contaminated food	l (particularly seafood)	Foodborne
	PRECAUTIO	NS NEEDED
ACUTE CARE  LONG-TERM CARE	Routine Practices  Routine Practices	Contact Precautions For Adults if: Incontinent Stool not contained Poor hygiene Contact Precautions For Adults if: Incontinent Stool not contained Poor hygiene Contact Precautions For Adults if: Incontinent Contact Precautions For Adults if: Incontinent Contact Precautions For Adults if: Incontinent Contaminating their environment
COMMUNITY	Routine Practices	Contact Precautions For Adults if: Incontinent Stool not contained Poor hygiene Contaminating their environment
PEDIATRICS		Contact Precautions

# **DURATION OF PRECAUTIONS**

Until symptoms have stopped for 48 hours AND return to baseline bowel movements, OR (for adults) until they are continent and have good hygiene.

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
5 - 92 hours	Duration of illness

### COMMENTS

- REPORTABLE DISEASE
- V. parahaemolyticus, V. alginolyticus, and V. vulnificus are the most common organisms causing non-cholera Vibrio infections.

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# Vincents Angina (Acute Necrotizing Ulcerative Gingivitis)

Also known as "Trench Mouth", or "Vincent's Stomatitis"

## **CLINICAL PRESENTATION**

Progressive painful infection with ulceration, swelling and sloughing off dead tissue from the mouth and throat due to the spread of infection from the gum

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Overgrowth of normal oral flora	No human-to-human transmission

### PRECAUTIONS NEEDED

ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Routine Practices

# **DURATION OF PRECAUTIONS**

### Not applicable

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Variable	Not applicable
COMMENTS	



# Viral Hemorrhagic Fever (VHF), not yet diagnosed (NYD)

(Crimean-Congo virus, Ebola, Lassa, Marburg)

### **CLINICAL PRESENTATION**

Fever, myalgias, pharyngitis, nausea, vomiting and diarrhea.

Hemorrhagic fever in late clinical presentation.

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED

Blood, body fluids and respiratory secretions

Direct contact, indirect contact, droplet

### PRECAUTIONS NEEDED

If a pathogen is identified, follow organism specific instructions in this manual.

ACUTE CARE	Airborne & Contact + Droplet Precautions
LONG-TERM CARE	Airborne & Contact + Droplet Precautions
COMMUNITY	Airborne & Contact + Droplet Precautions
PEDIATRICS	Airborne & Contact + Droplet Precautions

### **DURATION OF PRECAUTIONS**

Until symptoms resolved AND as directed by IPAC

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Variable	Variable

### COMMENTS

- REPORTABLE DISEASE
- Acute care provider to call or page the Medical Microbiologist On-Call at presumed stage.
- History of travel and/or contact with persons and non-human primates from endemic countries must be considered at triage
- Call or page IPAC immediately if Viral Hemorrhagic Fever is presumed
- Maintain a log of all people entering the patient's room
- High threat pathogens require special PPE considerations, see VCH Response Procedures for Viral Hemorrhagic Fever and Other Unusual Communicable Diseases for more information
- For general information visit the BC MOH Ebola webpage
- Dengue, Yellow Fever, & Rift Valley Fever can progress to viral hemorrhagic fever but are not high threat pathogens (no human-to-human transmission). Follow organism specific instructions in this manual if these diseases are presumed.

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# Vomiting, not yet diagnosed (NYD)

Various organisms

CLINICAL PRESENTATION			
	Nausea,	vomiting	
INFECTIOUS	INFECTIOUS SUBSTANCES HOW IT IS TRANSMITTED		
Eme	sis/vomit	Direct and indirect contact	
PRECAUTIONS NEEDED			
If a pathogen is identified, follow organism specific instructions in this manual.			
ACUTE CARE	Contact Plus Precautions + Droplet Precautions		
LONG-TERM CARE	Contact Plus Precautions + Droplet Precautions		
COMMUNITY	Contact Precautions + Droplet Precautions		
PEDIATRICS	Contact Plus Precaution	ns + Droplet Precautions	

## **DURATION OF PRECAUTIONS**

Refer to specific organism if identified. If organism is unknown, until vomiting has resolved for 48 hours or until infectious cause is ruled out

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Not applicable	Not applicable

# COMMENTS

- · Soap and water is the preferred method for hand hygiene
- Gl Adult Patient Placement Algorithm
- GI Outbreak Resources

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# West Nile Virus (Orthoflavivirus)

# **CLINICAL PRESENTATION**

Sudden onset fever, headache, muscle pain and weakness, abdominal pain, nausea, vomiting and diarrhea, may have rash

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Bite from an infected mosquito	Mosquito borne (vector) Rare human-to-human transmission can occur through blood transfusion, organ transplant, by breastmilk or transplacental

### **PRECAUTIONS NEEDED**

ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Routine Practices

## **DURATION OF PRECAUTIONS**

### Not applicable

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Variable, usually 3 - 21 days	Not applicable

## COMMENTS

- REPORTABLE DISEASE
- Transmission is limited to geographical areas where the virus is circulating.
- For more information, please see <u>BCCDC West Nile Virus (WNV) Information for Health</u> Professionals.

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# Yaws (Treponema pallidum subspecies pertenue)

CLINICAL PRESENTATION			
Cutaneous lesions, late-stage destructive lesions of skin and bone			
INFECTIOUS SUBSTANCES HOW IT IS TRANSMITTED			
Exudates from skin lesions Direct contact with the skin lesions		Direct contact with the skin lesions	
	PRECAUTIO	NS NEEDED	
ACUTE CARE	Routine Practices		
LONG-TERM CARE	Routine Practices		
COMMUNITY	Routine Practices		
PEDIATRICS	Routine Practices		
	DURATION OF PRECAUTIONS		
Not applicable			
INCUBATION PERIOD PERIOD OF COMMUNICABILITY		PERIOD OF COMMUNICABILITY	
9 - 90 days Variable		Variable	
COMMENTS			

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# Yellow Fever (Orthoflavivirus)

# **CLINICAL PRESENTATION**

Sudden fever, chills, headache, back and muscle aches, nausea, vomiting, prostration, jaundice

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Bite from an infected mosquito	Mosquito borne (vector) No human-to-human transmission

## **PRECAUTIONS NEEDED**

ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Routine Practices

# **DURATION OF PRECAUTIONS**

### Not applicable

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
3 - 6 days	Not applicable

# **COMMENTS**

- REPORTABLE DISEASE
- Transmission is limited to geographical areas where the virus is circulating (ie, South America and Africa).
- For more information, please see <u>BCCDC Yellow Fever Information for Health Professionals</u>

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# Yersiniosis (Yersinia spp.)

Includes: Y. enterocolitica, Y. pseudotuberculosis, Y. kristensenii, etc.

CLINICAL PRESENTATION			
Diarrhea			
INFECTIOUS	SUBSTANCES	F	HOW IT IS TRANSMITTED
		Fecal-oral foodborne	, direct contact, indirect contact,
	PRECAUTIO	NS NEEDE	D
ACUTE CARE	Routine Practices		Contact Precautions For Adults if: Incontinent Stool not contained Poor hygiene Contaminating their environment
LONG-TERM CARE	Routine Practices		Contact Precautions For Adults if: Incontinent Stool not contained Poor hygiene Contaminating their environment
COMMUNITY	Routine Practices		Contact Precautions For Adults if: Incontinent Stool not contained Poor hygiene Contaminating their environment
PEDIATRICS			Contact Precautions

## **DURATION OF PRECAUTIONS**

Until symptoms have stopped for 48 hours AND return to baseline bowel movements, OR (for adults) until they are continent and have good hygiene.

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
1 - 14 days	Duration of diarrhea
COMMENTS	
• DEDODTABLE DISEASE	

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# Zika Virus (Orthoflavivirus)

## **CLINICAL PRESENTATION**

Fever, skin rashes, conjunctivitis, muscle and joint pain, malaise, and headache. Congenital microcephaly and neurologic sequelae.

INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Blood, body fluids	Mosquito borne (vector) Pregnant individual to fetus in utero Possibly sexually transmitted

### PRECAUTIONS NEEDED

ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Routine Practices

# **DURATION OF PRECAUTIONS**

### Not applicable

INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
3 - 12 days	Unknown

## COMMENTS

- REPORTABLE DISEASE
- Zika virus has been detected in breastmilk, but the benefits of breastfeeding for the infant and mother outweigh any potential risk transmission through breastmilk.

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